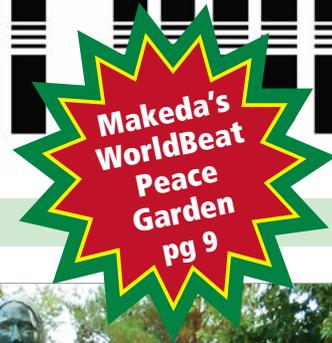




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# INDIAN VOICES



OUR 29<sup>TH</sup> YEAR

MULTI-CULTURAL NEWS GLOBAL NETWORK

SEPTEMBER 2015

## A New Queen is Crowned

Honoring our youth

by Angela Wyatt

On August 22, 2015, Viejas Annual Traditional Gathering and Peon Tournament was held. This event is held at the Viejas Indian Reservation in San Diego. Amongst the festivities of the day a respected young lady was crowned Miss Kumeyaay Nation.

Autumn Brown will represent the youth of the Kumeyaay tribe. This is an honorable position that was earned. On August 17th a panel of former queens and elders held interviews at the Viejas Tribal Hall to see which young lady would best qualify as a representative. This is not your typical beauty pageant where you think of girls parading in swimsuits. As Miss Kumeyaay Nation you

are representing your people, customs, traditions and setting an example for the future generations. I had the pleasure of sitting down with Miss Brown to get to know more about her and what it means to her to carry such an important title.

Miss Autumn Brown is a San Diego Native. She was raised on the Viejas Indian Reservation, one of the 18 bands of the Kumeyaay sovereign nation. She is one of four children, two older brothers who are attending college and one younger brother who is attending high school. Her parents brought her up in the traditional culture. She has been singing the traditional bird songs since she was very small. Autumn enrolled in additional specialized courses taught by Kumeyaay instructors. From their guidance, she learned how to create the traditional clay pottery, weave baskets made of juncus, shape and produce several useful tools and sew traditional ribbon dresses.

Autumn emphasized that the Kumeyaay are not the stereotype that people think of Native Americans to be.



Autumn explained that a lot of people have the wrong impression of them. "They don't see us going the extra mile." Autumn expressed that the Kumeyaay are strong people, good leaders, culturally oriented and have been here for

thousands of years. "We are not people of the past; we have always been here and always will be here." "It is important we keep our language alive. It was almost

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## Sailing Proa of the Chamorro People

by E.I. Robbins

The sailing proa of the Chamorro people of the Marianas Islands participated in the San Diego Festival of Sail over the Labor Day weekend. Long a dream of a group of Chamorro people who live in San Diego, Mario Borja and his team built a 47-foot long single outrigger sailboat known as a Sakman and named it Che'lu. This type of vessel that once sailed the Pacific Ocean from island to island was last seen by an English commander who had detailed blueprints drawn up in 1742, and then burned the boat. The Spanish who colonized the Mariana Islands for 300 years managed to ruin the lives of Pacific Island people, much like Cabrillo did to the Kumeyaay and other people of southern California. The island people were no longer allowed to sail because they might use these canoes to escape.

In 2010, the group of Chamorro people finally began to build their reconstruction using the drawings. The mathematics involved in scaling the

Che'lu up from the engineering blueprints was detailed by the participating math teacher, who then proceeded to write a S.T.E.M. curriculum for teachers and students to understand the math needed to keep a boat in balance and seaworthy. The development of special tooling, hard work, and experimentation led to the successful building of the canoe.

The now seaworthy outrigger canoe

was invited to participate in the San Diego Festival of Sail whose main objective was to show off the newly recreated San Salvador, Cabrillo's ship. The Chamorro people accepted the invitation, but first asked for a blessing from the Kumeyaay people, whose water and land was now the home of their canoe.

Che'lu can be seen for the next month attached to one of the piers next to the Maritime Museum. Come visit! And perhaps you may have the opportunity to sail on her.



The photograph shows the raising of the mast (E.I. Robbins, photographer).

## Young Men Reflect on Their First Summer Music Festival

*NativeLikeWater.org Goes Nor Cal; Reggae on the River & Nahko Bear*

by Tuff Turner, Senior Intern at NativeLikeWater.org, member of the Rincon Band of Luiseno Indians. Edits and contributions by Marc Chavez, InterTribalYouth.org Director

Reggae is a music filled with vibes that truly embody the feeling of love and serenity in one's self. Indian Voices linked up with Native Like Water, SNAG Magazine, and On Native Ground Media to cover the festival Reggae on the River held annually in Humboldt, California. In particular we were there to visit with one of Native America's most important emerging pop-folk stars, Nahko Bear from Nahko and Medicine for the people.

Personally, it produced an inspiration that will further ones musical and personal limits. It brought home some new feelings and left a desire to broaden ones artistic peace of mind.

The Reggae on the River 4-Day Festival musical artists in the line-up all shared the same vibe and included reggae legends like The Congos, The Marleys, and Albarosie with international artists from all over the world. I believe that they share most of the same vibes. Whether it is the native Hawaiians, artists from Jamaica and Africa, or guests from South America and my hometown San Diego, they feel similar vibes for each other and their backgrounds.

The stand out headliner was Nahko

Bear and Medicine for the people. Nahko and his band is blowing up and selling out venues and festivals nation-wide right now. Their following is roots, mostly underground, and is led by an Apache-African-Filipino musical freedom fighter, Nahko Bear.

Nahko is ultra-effective in the current music scene. Nahko may be very well the most popular young Native American musical act out front right now. What would be called the new hipster/hippie/hip-hop movement is all ears and swaying. It may be hard to even see hip-hop connected to "hippie" or folk, however these days, its all going down and Nahko is rocking all for one.

But what one feels more than anything is Nahko's heart. The more one listens, the



more we know it is our story. Our story is of overcoming, flowing, and recovering. Its not even physical, its spiritual and healing of the heart.

In a personal interview from Nahko Bear and Medicine for the People, Nahko shared his true feelings that were very intimate and direct from the heart. Nahko is a much different person then what one sees on stage. Nahko comments that "when I am on stage, I am ultra focused on the music and the experience. I have a great time. But, when I am off stage, life is

to joke, laugh, and goof off". When I go on stage, its serious.

"I have been playing music since I was 6 years old. The music I am playing for Reggae on the River, I have been doing for the last 3 years" Says Nahko. At the rate he is building the "Medicine Tribe (which he calls his fans)", his prolific words of love, struggle and forgiveness is being cheered on by all ethnic back grounds, including conscious Indigenous People. Nahko's power to sell out venues proves a point.

"My music focus is on story ... the unfolding of you becoming." "There is not just one message at all. They are very large concepts spread across the music we create".

Nahko continues, "We advocate kindness. The root of all our problems is an issue of being nice to each other. When you are rooted in kindness, you can become compassionate, and how you can become graceful with your compassion. You can then treat people in a better way." Self-hatred and intertribal, inter-family feuding is indeed our biggest enemy. Nahko believes in a new tribe, the "Medicine Tribe"

"Who controls the water in your area? ...there is so much history in each town". As a mentor for organizations like EarthGuardians, Nahko believes in the youth he is leading. A youth himself, in his 20s, Nahko is serious about helping his people and advocating for our mother and urging all to join him. Nahko performs for benefits across the nation against fracking, the XXL Pipeline, and joins folks

SEE Music Festival, page 15

## Queen is Crowned

Continued from page 1

lost as the elders that spoke it, passed away." Fortunately with the collaboration of the elders a dictionary was written and the language class was developed. Autumn speaks a dialect of the Kumeyaay language as well. The Chairman of Viejas, Robert Welch Jr. congratulated her and offered his support. His Native pride was evident. Autumn recently graduated from high school and will be attending Cal State San Marcos this fall.



**PUBLISHED BY BLACKROSE COMMUNICATIONS**  
Member, American Indian Chamber of Commerce

Email: rdavis4973@aol.com  
Website: www.indianvoices.net  
Editorial Board: Rose Davis

<b>Editor:</b>	Rose Davis	<b>Writer:</b>	Jaclyn Bissonette
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<b>Writer:</b>	Scott Andrews		

Endeavor Media Group  
André Haynes  
Lakeside Business Suites  
2620 Regatta Dr., Ste. 102  
Las Vegas, NV 89128  
(702) 902-2844 • Fax: (702) 902-2845  
andre@EMGnv.com  
www.EMGnv.com

111 South 35th St.  
San Diego, CA 92113  
(619) 234-4753  
(619) 534-2435 (cell)  
Fax: (619) 512-4534

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**IT IS TIME TO BREAK THE CYCLE!**

## Tribal Psychiatrist Says That Serra Canonization Will Deepen Native Californians' 'Soul Wound'

by Mark R. Day

When Dr. Donna Schindler was a senior at the University of Texas, School of Medicine in 1979, she did an externship at the Laguna Pueblo near Albuquerque, New Mexico. That's

where she said she fell in love with working with Native people. After doing her psychiatry residency in the Bay Area and then working for ten years, she traveled to New Zealand where she joined a Maori mental health team.

In 1997 she moved to Arizona and worked as a psychiatrist on the Navajo Nation. In 2000, she relocated to Auburn, Ca. She has worked with a Native American clinic for the last 14 years and has done telepsychiatry for the Navajo Nation since 2011. She said that until the last ten to fifteen years, many native peoples were not aware of historical trauma and how to deal with it. And currently almost no one in the wider community is familiar with the term.

The concept of historic trauma was initially developed in the 1980s by First Nations and Aboriginal peoples in Canada to explain the seeming unending cycle of trauma and despair in their communities. Essentially, the devastating trauma of genocide, loss of culture, and forcible removal from family and communities are all unresolved and become a sort of psychological baggage continuously being acted out and recreated in contemporary indigenous.

Mark Day, a former Franciscan friar, reached her by phone recently at her home in Auburn. He asked her about her work with historical trauma and how it relates to the current polemic about the canonization of Fray Junipero Serra.

**Day:** Lately you have joined other activists in opposing the canonization of Fray Junipero Serra. How does this relate to your work as a psychiatrist?

**Schindler:** Historical trauma is an enormous problem within California tribes, and in other tribes in the United States and in indigenous populations around the world that have been colonized. In my work I try to help people understand how the traumas of the past still affect them, causing present day problems. After getting to the root of

the problem, we begin the healing process. This involves looking at the history of your tribe and sharing stories of the past and also stories of what is happening today.

**Day:** Can you give me some examples of your work with historical trauma?

**Schindler:** Last year I dealt with the case of Jamie, a Navajo teenager who was a senior at Monument Valley High School in Arizona. Jamie was brutally murdered by a man for whose family she had babysat. Meanwhile, in an adjoining community of Chinle, five teen girls and five other young adults under the age of 30 committed

suicide in the last two years. After Jamie's death, her mother Lisa and I began talking and we decided to begin "The Sacred Dream Project," dedicated to heal the soul wound and bring the community back to harmony. The Navajo word hozhonahaslii encompasses our vision and it means "everything will return to harmony." It was heartening to see that healing was happening at the first meeting of the Sacred Dream Project. **Day:** Can you elaborate on the effects of historical trauma?

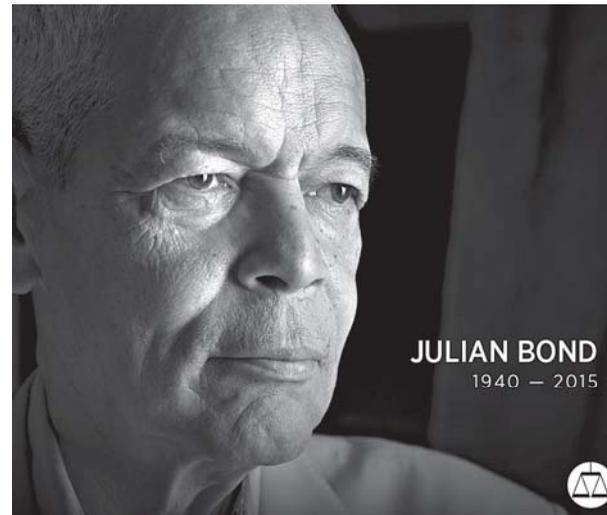
**Schindler:** Among Native Americans there are epidemic rates of suicide, domestic violence, substance abuse, depression and illnesses such as diabetes, which are the results of historical trauma. The community I know best on the Navajo Nation, experienced six homicides this year. Many of the homicides are related to use of alcohol and drugs, which are often a form of self-medication. Domestic violence can be seen as lateral oppression, which means that when a population has been oppressed, oftentimes they end up treating others in the same way. That's why it's so devastating that Pope Francis is pushing the Serra canonization.

For the most part, California Indians have never healed from the treatment their ancestors endured in the missions, and making Serra a saint is going to make it even harder for healing to occur. That is because in order for healing to occur, the truth must be told. If Serra is a saint, the truth about what really



Dr. Donna Schindler

## Remembering Julian Bond

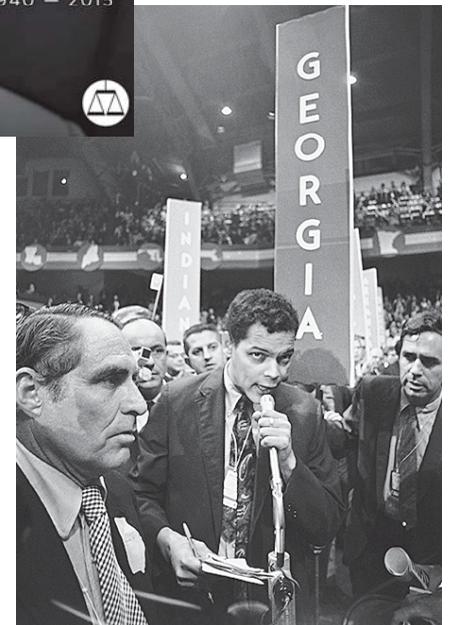


JULIAN BOND  
1940 - 2015



"I had the opportunity to meet Dr. Julian Bond in 2010 at the NAACP Image Awards in Los Angeles where I had the opportunity of a lifetime to serve as a panelist at a NAACP Workshop. Dr. Bond was a guest in the audience, what struck with me was at the cocktail event hours later he shrewdly walked over to me and he called me by name. I was blown away that he remembered my name from the workshop. He offered his thoughts and gave me a few nuggets on how to balance work, life, family based on our discussion from the workshop. Listening to him speak, his voice had a beautiful tone, smooth, authoritative with a soft musical sound. I continue to utilize the nuggets he shared with me in my life today. Truly an icon he will be missed."

— Jo Cato's



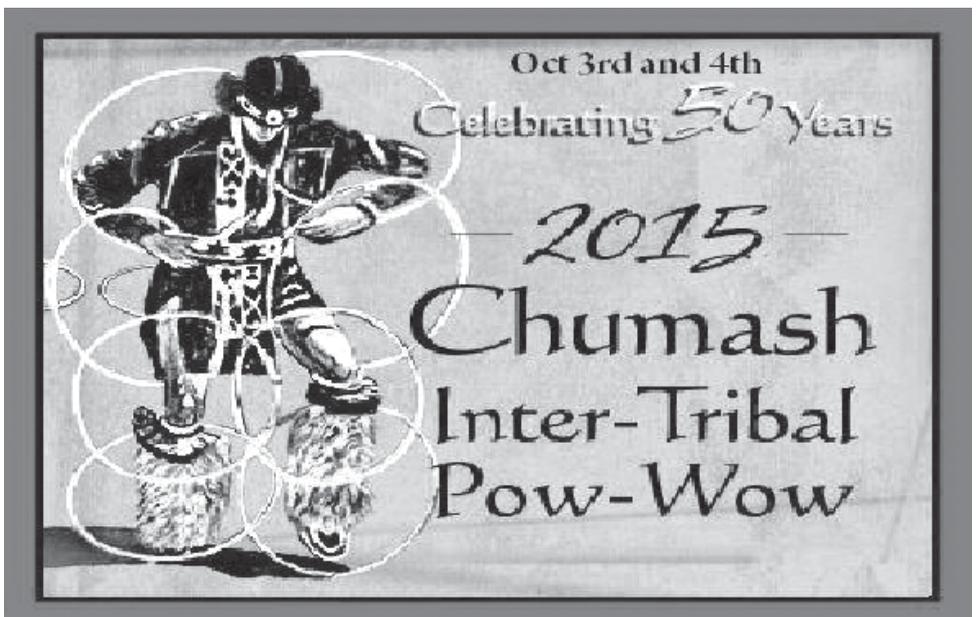
## Congress of American Indian Organization Honors Julian Bond

A recent meeting of CAIO coincided with the passing of our friend and associate civil rights leader Julian Bond. President Shirley Murphy took time to recall memories of organizational meetings during the time of the Students Non-Violent Coordinating Committee. She pointed out how important his leadership was during a sensitive time in the history of civil rights struggle in this country.

In the background of the photo of Julian Bond at the 1968 Democratic

National Convention casting the vote as an insurgent Georgia delegation, is Rose Davis who assisted with the organizing, while dodging tear gas on the Chicago streets outside. Julian Bond always has and will continue to be an inspiration for this media project.

It is so appropriate as *Indian Voices* returns to Las Vegas that a contemporary photo of Julian Bond is shown with Jo Cato, Las Vegas community member and activist.



# Antonia Villaraigosa at The 2015 National Clean Energy Summit

by Hektor D. Esparza

The eighth annual National Clean Energy Summit was held in Las Vegas, Nevada on August 24, 2015. Its keynote speaker was President Barack Obama. Other clean energy advocates and leaders present included Diarmuid O'Connell, Vice President, Business Development at Tesla Motors, former Colorado Governor Bill Ritter and Nevada Senator Harry Reid. Former Los Angeles Mayor Antonio Villaraigosa attended the summit and granted Indian Voices an impromptu interview regarding his views on energy policy as it impacts native populations, lower income people and people of color.



Antonia Villaraigosa

daylong summit about ideas, innovations, challenges and threats on the horizon for clean energy. Yet it was less than an hour into the first forum at the event that United States Secretary of Energy, Dr. Ernest Moniz brought up the relevance of native populations in the US and their role in both environmental stewardship and the future of clean energy. During an onstage

interview conducted by climate and energy policy wonk John Podesta, Dr. Moniz stated, "We need to include tribal leaders in developing infrastructure for a warmer future." Dr. Moniz stressed the value of distributive generation, which is the production of energy at the site of consumption. He also spoke of increased security against cyber-attacks and the urgency of including mitigation and resiliency in the development of energy policy against natural disaster and terrorist threats.

It is believed by many that Antonio Villaraigosa intends to run for Governor of California in 2018. His views on energy policy and particularly what he

thinks of hydraulic fracturing or "fracking" and other energy related issues which affect native populations are likely to have no small influence on how voters make their choice.

As Villaraigosa explains, "We know lower income people and people of color are disproportionately victims of dirty air, of greenhouse gasses and other contaminants." He cited as an example the many known cases where Indian Nations have had gross violations of their land rights, stating that "compensation needs to be made" for those violations and that in the future, land rights need to be more carefully protected.

On the positive side and in concert with Energy Secretary Moniz' notion that the US needs, "Buy-in from tribal leaders," the former mayor sees potential for native leaders and their constituents to

benefit from improved energy policy and the need for new infrastructure.

As Villaraigosa says, "I think there are opportunities for renewable energy on reservations and on Indian lands, that working with the private sector you could have a win-win in terms of economic development and developing new sectors for the economy where Indian tribes and Nations can participate. There is actually much where Indian tribes can benefit from participation in combating climate change, and developing renewable energies and the jobs which come with this."

And on fracking specifically he offers, "With respect to fracking we need to be sure that we are using the best science. We need to make sure we are protecting the water and the people that live close to the places where fracking is happening."



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Black Path Commentary: Critical Analysis on Culture, Community, &amp; Struggle

## The Nguzo Saba, Cultural Grounding and Community Psychology: Critical Values for Healing in a Context of Liberation:



by Min. Tukufu Kalonji

Obesity, and obesity related diseases are killing Afro Americans; men in particular at high rates of disparity across the country. An injustice occurring that

fuels this health malady is the proliferation of salty, fatty, sugary processed foods into society particularly in low income communities of color. An activist oriented community psychology is vital in the seeking of justice and creating a healthy environment for us to live, work, worship, and play.

### Role of Community Psychology in a Cultural Context

Community psychology involves a participatory action of a people in a given social setting focusing on various systems and seeks to create positive and productive change stressing the collective strength of a particular group. In other words developing a sense of community empowerment. Thus, the need for community empowerment exist as the community members in question will need organization, education, mobilization; and confronting the injustices by the ruling race and class; and hence, transforming the power relationship between the industries and the masses of community members. Finally, that community empowerment comes from our becoming culturally grounded in order to combat the cultural psychosis which disables us from living in such a way as to promote healthy mind, body and spirit. Additionally, community psychology is vital for the Black community getting the education, organization, and developing its resources for getting healthy through the practice of proper nutrition, efficient exercise, proper rest, detoxification, and serious stress management.

At the core of such an endeavor is the

necessity of cultural grounding. Cultural grounding then is the study, memorization, and internalization of culturally specific views, values, and its subsequent demonstration in our collective thought and activities. And this writer suggests a time tested Black value system with a proven track record of positive and productive results from its adherents. That value system being the Nguzo Saba the 7 Principles of Kwanzaa and Black Community Development; developed by Dr. Maulana Karenga.

September 2105 marks the 50th anniversary of the Nguzo Saba as it was September 7th 1965 when Dr. Maulana Karenga and the Organization Us first introduced to the world the Nguzo Saba. Furthermore, the Nguzo Saba as a value base provides for our being accountable and committed which are important in this struggle not merely as principles, but rather a lived practice which provides for a substantive process of thought and actions on part of all persons engaged in seeking justice and the facilitating of healthy living amongst the members of the Black community.

All community psychologists and other service providers working with us have to be embracing of the Nguzo Saba and be accountable for his/her actions as much as the community members being that in our role as community psychologist, we are both resource providers and collaborators with and to our service population. Therefore, with a real time and space demonstration of commitment and responsibility as community psychologist; we contribute to building strong relationships that seek to protect and promote human life and development and subsequently liberation.

A mentor of mine, ancestor Rev. Eugene Williams once said that "no one is coming to save us but us" us meaning

SEE **Critical Values for Healing**, page 7

## If You Build It They Will Come



by Dr. Willie Blair

When you look at this month's title of my feature column - "If you Build It - They Will Come" your mind might immediately conjure

up images of a nostalgic visit to a Mid-western cornfield and the almost "Father to Son" friendship that was forged between two fictional characters played by the very popular actor - Kevin Costner and the "still-living Mega-icon actor, James Earl Jones!" The gist of this 1989 American fantasy drama film directed by Phil Alden Robinson - was to build a baseball diamond in the middle of a cornfield - complete with the historically scarred apparition (s) of 1919 Chicago White scandal leader "Shoeless Joe Jackson" (played by Ray Liotta ) and his ban of equally tainted associates!

Which begs the question "Is there a link between the superbly acted and directed Field of Dreams mega-hit and the 2015 37th Annual Statewide BAPAC Hall of Fame Convention to be held in San Diego, California October 16-18 at the Four Points Sheraton Hotel on Aero Drive? To see if there indeed is a comparison between the quite fictional movie "Field of Dreams" and the Non-fiction (very real) upcoming BAPAC Statewide Convention - we revisit a quote often used by the late U.S. Senator Robert F. Kennedy who when paraphrasing the great poet George Bernard Shaw said "You see things as they are, and say why? - I dream of things that never were, and say why not? Is this why Senator Kennedy before he passed in the summer of 1968 is reported to have said "within the next 40 years years or soon after " A Black Man will be elected President of the United States ( 2008- Barack Obama elected President of the United States)!" In the Field of Dreams Movie, the character of actor Kevin Costner just didn't see a cornfield in a little non-descript town. No, he saw the potential

magic of realizing all of his boyhood whims, aspirations, and triumphs by risking his very livelihood for himself and his family to not just dreaming of a baseball diamond in a cornfield. No! But to build it! And if you build it - says the octogenarian character of James Earl Jones - "They Will Come!"

Therefore, at the upcoming BAPAC Convention you may see a sizable group of young ladies attending the October 17th Youth Summit and say "now how many of those girls do you think are going to end up in the sex-trficking trade? But I ask the question - how many of those young ladies will go on become a career Naval Officer and perhaps someday take the place of Admiral Michelle J. Howard, a Black woman who currently serves as the Vice Chief of Naval Operations in the Barack Obama Administration! Or, you might see one of those girls and say "I see that one girl over there getting pregnant at age 15 years old I bet! But I see her saying in 5 years "I have been eating, sleeping, and living the game of tennis for the majority of my young life so Ms. Williams ( oh, the younger one called Serena ) enjoy your reign as the Queen of Tennis ( and literally the best athlete ) in the world.... because some day it is my absolute aim to wear your crown! Or you might see that tall, young smiling Black man and say " in two or three years, I see him locked behind prison bars! But I see that same young Black man conducting a training class of inner city youth at a guest summer program at Qualcomm Industries showing the kids how to decipher millions of bits of micro-communications data locked in a component the size of a grain of rice!

Yes, these are just "a few" of the very bright spots that you will both see and experience at the upcoming 37th Annual Statewide BAPAC Hall of Fame Convention! The only question left to answer is, that when the 2015 BAPAC Convention comes to a conclusion on October 18th, then like the epic movie "Field of Dreams" will it be a production worthy of a "Best Picture Nomination!"



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## An Indigenous People's History of the United States

by William Loren Katz

AUTHOR: ROXANNE DUNBAR-ORTIZ  
PUBLISHER: BEACON PRESS, 2014

It is not easy to condense the United States narrative from its Indigenous people to the US Gulf Wars in less than 300 pages. It is even harder when the author is determined to be thorough, informative, and engaging. And it is harder still if the author's compelling story challenges the "American Exceptionalism" mythology that dominates our schools, colleges and corporate media.

Dr. Dunbar-Ortiz arrives well equipped for the task. Born to a sharecropper Oklahoma family with Native American ancestry, she earned a doctorate in history, is the author of half a dozen books, and has long been a political activist who shaped a radical understanding of her country's trajectory among students, academics and anyone who would listen. Besides her books, she has been able to make good use of the media of radio and TV.

An Indigenous Peoples' History of the United States asks readers to consider the experience of Native Americans as more than the starting point for understanding this country. Radical historians over the centuries wisely begin their studies discussing Indigenous Americans as the earliest American casualties of imperialist greed and expansion. Dr. Dunbar-Ortiz shows in chapter and verse that this experience is more than a useful symbol for today, though it is often abandoned as scholars move beyond the Columbus "era of discovery."

Dr. Dunbar-Ortiz reveals the meaning of discovery more fully than previously and the better to explain its impact to today's issues of imperialism, racism, and capitalism. As measuring points for today, most scholars prefer to discuss other examples, such as African Americans under slavery and as

## Finding Our Ancestors

Dear *Indian Voices*:

My name is Tamiko Avery, I wanted to share something about searching for our beloved ancestors, especially the five civilizes tribes as Freedmen. They can sometimes connect you with your real tribe and find your quantum degree of Indian blood. Through the children of your Freedmen search examine all the

exploited agricultural and industrial workers. This leaves Indigenous experience as more a symbolic than a useful, current instrument for discussing such topics as "humanitarian interventions," the Middle East and racism.

An Indigenous Peoples' History of the United States first examines the policy of "settler colonialism" — a mix of the invaders' slavery, racial oppression and land theft that led to the world's most thorough and sustained genocide.

Conquering soldiers destroy cities they describe as "magnificent," "paradise," and "a garden of Eden." Dunbar-Ortiz disputes historian's claims that conveniently lessen white guilt by lowering the number of invasion casualties or turn violence into mishap. For example, the author disputes that victory over Indigenous people was an "accident" caused by European diseases for which Indians lacked immunity. No, Europe brought not only well-armed and trained forces but also "ingrained, streamlined and effective" "methods of eradicating" and "enslaving people." If foreign germs played a key role, she asks why did conquest take 300 years of murderous, warfare? She also dispels the notion that massacres of Indians were a result of cultural misunderstandings, or the fault of both sides. Colonizers consistently institutionalize forms of violence that lead to genocide.

Throughout Dr. Dunbar-Ortiz unearths self-serving claims (usually racist) embedded in Presidential speeches, laws, and court decisions and of course the Monroe Doctrine and "Manifest Destiny." These casually waved aside land seizures from Jamestown to Cuba to the Philippines to Iraq and Palestine.

US settler-colonialism always marched to a racial beat. Andrew Jackson justified atrocities against Seminole men and women. Teddy Roosevelt penned racial platitudes that could have been written by Hitler. "Poet of American Democracy" Walt Whitman proclaimed, "The nigger, like the Injun, will be eliminated; it is the law of the races, history . . ." "A rare and unusual collection of quotes by persuasive eyewitnesses and scholars strongly support the author's claims.

Settler colonialism, Dunbar-Ortiz shows, also guided the US as it moved

names on your family tree not just your great, great in-laws. Search the children of everyone. I've been searching for 10 years and I finally found the degree of Indian blood from three people on my family tree. It is because I was going in circles and then someone told me to search the children of the great in-laws and like magic three appeared with their degree of indian blood

So please! my sisters and brothers don't give up don't stop searching pray for guidance and wisdom throughout your searching. Pray for your mind to be opened for new ways to search. Everytime

across the globe. "Low intensity" warfare and "special operations" were first deployed against Indigenous villagers in the 1700s, during the war against Mexico, and at Wounded Knee in 1890. Then these techniques was airlifted to Afghanistan and Iraq. The US high command used "Indian Country" to describe President Johnson's enemy in Viet Nam and later the nations Presidents Bush and Obama fought in the Persian Gulf. Navy Seals killed Osama bin Laden in plan "Geronimo."

Those who invaded with the most sophisticated weapons and divisive diplomatic tools also developed the modern "spin" to cast their role as civilizer and their victims as heathens requiring guidance or deserving death.

Like the interventions they accompanied, the spin never ends. She cites President Barack Obama telling a recent Dubai TV audience "if you look at the track record . . . America was not born as a colonial power." The President's is claiming the US can be an honest broker in the world since it has avoided the predatory role assumed by earlier colonial powers. This wistful view disguises a military record that began in 1492, continued with the 1845 invasion Mexico and later was shipped out to countries that had valuable resources or needed discipline or "regime change."

I would get tired of searching I would put it down then pick it up and start searching pray. Read information of the areas like Mississippi, Alabama, North Carolina, Florida, etc. Study places where your family are all getting buried. Maybe it is a family burial ground with history of that certain area.

I hope this information is of much help and I hope with all my heart that everyone who is searching will find what there looking for. I hope people find there degree of Indian blood. If anyone needs any advice or assistance feel free to call me at 951-224-4688. We are all connected!

Dunbar-Ortiz does not dispute the spin's power or reach. During the "Indian war" the War Department recruited Native Americans as Army Scouts. Indigenous people also faced soldiers recruited from the ranks of potential allies — penniless Irish and German immigrants, and newly freed slaves. In the name of Christian civilization Native children were shipped to missionary schools designed to kill "the Indian" and build "good Christians."

In a book this large in scope and short in pages, the author has little time to detail the resistance movements that united Indigenous and other people of color in the Americas. As one who participated in the American Indian Movement, the women's movement and many others, she is aware that story could have filled another volume. Maybe she's working on one.

An Indigenous Peoples' History of the United States stands as one of the most important narratives of our country to appear in decades. Dr. Ortiz-Dunbar has earned a high place among scholars of people's histories. She offers students and teachers a feast of useful eyewitness and scholarly documentation. Her book should serve as a needed corrective in US high school and college courses, and deserves the widest readership among young and old.

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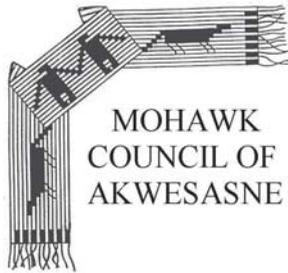
**NEWS** *from the Northeast*

## Mohawk Nation 15th Annual Pow Wow

by Mark Snelling

This weekend the Mohawk Nation at Akwesasne held their 15th Annual Powwow. The powwow grounds were setup outside the Anowara'ko:wa Arena, home of the Akwesasne Indians lacrosse team, and the Akwesasne Wolves hockey team. However, due to persistent rains the dancers were rerouted from the outside grounds into the arena.

The grand entry included 185 dancers from across the US, and Canada. The Tlacopan Aztec Dancers from Mexico City were also scheduled to perform at the powwow, but had to pull out due to a family emergency. Half a dozen drum groups rocked the arena, with Young Creek serving as host drum. Spirits were high in the large crowd that



filled the arena.

Smoke dances were performed after the grand entry. Originally performed before going into battle, the Iroquois smoke dance continues to be a popular ceremonial dance. While the dancers moved inside, the traditional craft, food and sports equipment vendors remained outside. The smell of homemade foods wafted through the air, next to traditional tipis erected near the powwow entrance.

The Mohawk Nation at Akwesasne straddles the International border. The border crossings in this area include signage in Mohawk, French and English. The territory includes beautiful islands in the St Lawrence River, which are the location of the powwow grounds. The Akwesasne International Powwow is held annually on the September weekend following Labor Day and is a cultural experience not to be missed.

## San Diego County Education and Career Expo

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## Critical Values of Healing

Continued from page 5

Black people; means that we are ultimately responsible for our own liberation in spite of whatever the oppressor dishes out. Social inequity, creating, and sustaining major health crises, is immoral, a violation of public trust; and a clear and present danger to the health of the Black community via the established orders infrastructure, institutions, et al. Many Afro Americans men in San Diego are already beyond the at-risk point in terms of their poor health; however, it is not yet impossible to overturn our weaknesses and

shortcomings into a strength and health achievements. Therefore, as another teacher/mentor of mine, Dr. Maulana Karenga as argued, we are "ultimately responsible for striking the first, most decisive, and final blow in our struggle for liberation and a higher level of human life while seeking to build the world we all want and deserve to live in" Thus, it is in that context that we can utilize the Nguzo Saba, in a context of cultural grounding and community psychology as critical values for healing in a context of our liberation:

Min. Tukufu Kalonji is Founder of Kawaida African Ministries, For info contact @ tkalonji@hotmail.com

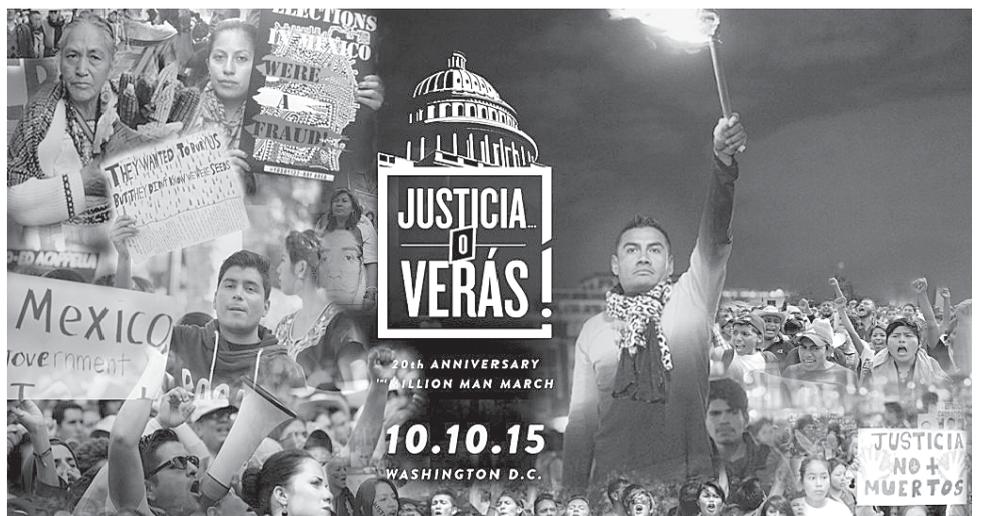
## Sanctioned Theft: Tribal Land Loss in Massachusetts

Native land loss, the policies that enabled it, and the subsequent consequences on Native American tribes in Massachusetts was the subject of a panel discussion at Suffolk University last April. "A Hidden History: How Massachusetts Law and Policy Facilitated the Loss of Tribal Lands" convened with an opening blessing by Jim Peters, executive director of the Massachusetts Commission on Indian Affairs. Panelists included Ann Marie Plane, an associate professor of history at the University of California-Santa Barbara; Cheryl Toney Holley, chief of the Nipmuc Nation and Hassanamisco Band of Nipmuc Indians; Raymond Trusty Williams, Jr. (Golden Hawk), vice president of the Tribal Council for the Chappaquiddick Wampanoag Tribe; Alma Gordon-Smith, sachem (chief) of the Chappaquiddick Wampanoag Tribe; and Bill Hunt, vice chairman of the Herring Pond Wampanoag Tribe in Southern Plymouth, Massachusetts.

The European appropriation of tribal land has had far-reaching consequences for Native Americans, as traditional healing methods, arts, governance, original language, and spiritual beliefs related to the land were all disrupted. Speaking about the Chappaquiddick, Gordon-Smith said that "the allocation of their land has taken a toll on many levels: community ties are

challenged, there is conflict within tribes, they could not comfortably visit the land, and it's difficult to build self-esteem as a people." But as Plane said, "Native peoples never gave up their identity. They never gave up their connection to the land. They never let the state decide who was or was not Native," and that "this long and proud tradition of activism in these communities is continued today in the efforts of many in the state of Massachusetts who are trying to obtain resources essential to continue cultural survival." Hunt concurred, enumerating ways that tribes keep their culture and history present today: "Through our youth and our elders. Our elders transfer a lot of the knowledge and wisdom that they have. We have classes making skins, dancing, singing. We have a language reclamation project where children can learn to speak Wampanoag," he said.

Holley summed up the significance of the intergenerational commitment to rebuilding Native communities: "I think the reason why my people still exist is there have always been people in every generation that kept reminding us who we were, and that we always had one piece of land to cling on to. So I am very grateful to the people who came before me that held on to that.



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# National Clean Energy Summit 8.0 – Las Vegas

Once again the soul of the Las Vegas visionary community brought together futurists and change agents dedicated to planetary enhancement. They



opened the window to allow kindred spirits to momentarily commingle, nourish each other while sharing with some of the finest minds, policy leaders, business and community leaders under one roof.

This year the roof was the Mandalay Bay in Las Vegas. It was the setting for the Eighth Summit. Indian Voices, having covered each summit since the premier gathering at UNLV Indian Voices has indulged in the journalist opportunity to share and



promote the vision of the Clean Energy Project led by Executive Director Jennifer to grow the clean energy economy and create jobs and economic benefit.



In our never ending quest to build a strong team of citizen journalists we were please to be joined by two seasoned professionals. Photographer Rochelle Porter whose unique eye captures the joyful spirit that she brings to light in her images and Hektor Espranz an accomplished journalist and writer helped bring the summit to life for our readers.

Optimism and hope for a better future was the air that was shared by the attendees.

This theme was highlighted by the keynote address given by President

Barrack Obama who greeted the crowd enthusiastically.

*"We're here today because we believe that no challenge poses a greater threat to our future than climate change. But we're also here because we hold another belief, and that is we are deeply optimistic about American ingenuity."*



continues to pursue an "all of the above" strategy when it comes to energy. For example, almost half the coal in this country is owned by, and sold by, the Federal Government. Energy is a zero sum game. That is, for every ton of coal

sold to produce electricity, that means less opportunity for that electricity to be generated by clean, affordable renewable energy. The Obama Administration's "all of the above" strategy is like going to a fast food restaurant and ordering a supersized burger, supersized fries, and a diet soda. It is true that the diet soda has less calories than a regular soda. However, if the diet soda saves you 100 calories but the supersized burger and fries have 2000 calories, you haven't accomplished much. If President Obama is serious about supporting renewable energy, the first step would be to have the federal government stop selling dirty fossil fuels."

*We think we can do good and do well at the same time. We believe we have the power, the dynamism, the creativity to solve a big problem while keeping the engines of*

*the American economy moving. First of all, we're wasting less energy. We've set new fuel economy standards on cars and trucks, new efficiency standards on appliances like refrigerators and dishwashers -- and these advances are already saving folks money at the pump; it's saving money on their electricity bills. And steps like these also mean that factories and businesses aren't just paying for energy, they're getting paid not to waste energy. The economy as a whole is producing a lot more using less energy. And we're also using less dirty energy."*



It was a power packed gathering that brought old and new friends together. Finally the dots began to connect. Chris...who had been a faceless emailer from Senator Reids office emerged in real life. First class networking was in play. As if by divine providence Kathleen Duncan with all of her sensitivity manifested at the closing of the event.



Not everyone wholeheartedly supported the presidents words. Robert Ukeiley an attorney from Boulder, CO commented "Although President Obama gave an enthusiastic and upbeat speech at the Summit about the status of renewable energy in the United States serious issues remain. It is certainly true that renewable energy is increasing rapidly, although from a very small base. The problem is that President Obama's Administration



Everything was on automatic pilot as we relived the formation of the Ward 5 Chamber of Commerce in prior years and dreamed of her next vision The Promised Land in Ward 5. The beat goes on.

All Power to the Indignation and the human spirit.

Photos:  
Rochelle Porter  
Peach Photos



# Save Your Seeds, It Might Save Your Life

by Makeda Dread

On the night of Tuesday September 8th WorldBeat Center crew and I took a road trip to Santa Rosa to the National Heirloom Exposition. It turned out better than we could dream of. The National Heirloom Exposition is a not-for-profit event centered around the pure food movement, heirloom vegetables, seed banks and anti-GMO activism. One of the halls featured a rainbow of thousands of heirloom tomatoes, eggplants, watermelon, squashes and more. Also in display were the giant squash tower and the contestant pumpkins for the Giant Pumpkin Contest sanctioned by The Great Pumpkin Commonwealth. This year's winning pumpkin weighed 1725 pounds!



An incredible number of speakers were also present including global environmental activist, Dr. Vandana Shiva, San Diego's garden enthusiast, Leslie Goldman, permaculture author Larry Korn and more! Vandana Shiva spoke passionately about the importance of standing up against laws imposed to keep farmers and gardeners from collecting and sharing seeds. She spoke against GMOs, advocated for the restoration of the soil and the importance of seed banks and seed libraries in our communities.

We learned that seed sharing can help create a culture of abundance in our community while creating a resilient and self-reliant seed source. A seed library is just what the name implies - a place where gardeners and farmers of all experience levels can check out seeds to grow.

The three day expo also featured a wide array of vendors from across the country and beyond. The vendors included everything from heirloom seed varieties to produce, live plants to organic garden products to clothing, household products, and craft items. Big up to the Guatemalan women from Epic Seeds who are working to teach women, youth and families to preserve native heirloom seeds and boycott Monsanto's pesticides and herbicides. Representing San Diego was Barrio Seed Bank with Haji Eblacas and Lorena Patiño Alba from Mexico representing

Arte Permacultura. Another wonderful exhibit was the Urban Gardening Exhibit which included a variety of up and coming urban gardening companies with demonstrations of quick solutions for a small footprint urban garden. There was also a selection of local food and craft vendors with delicious sustainably sourced foods.

Come visit WorldBeat Center's Children's Peace Garden on the weekends and join us for Children's Art and Urban Bird Watching workshops. This Fall we'll be teaching children permaculture in our Outdoor Classroom. For more details visit [worldbeatcenter.org](http://worldbeatcenter.org)

## WARD 5 CHAMBER OF COMMERCE AND THE SPIRIT OF THE COMMUNITY PRESS ON TO PRESERVE AND CELEBRATE

# THE *Historic Las Vegas Westside Promised Land*



Like the pyramids of ancient Egypt have a legacy which chronicles mankind's existence, the human narrative and tale of "Old" Las

Vegas is an exalted human story that demands and cries out for revelation and vetting. Unlike the pyramids that are indelibly documented and chronicled in history books worldwide, the human story of the Historic Westside of Las Vegas has been waiting in the wings of the theater of life to debut to a worldwide audience.



demolished remains of the Moulin Rouge she has a vision that only the strong and spiritually grounded can share without pinching oneself. Her mission is

resurrecting the Moulin Rouge to its former greatness as a cultural icon in the community. This would not only be a totem to the past but also a beacon casting light on the technological and environmental advances that have come alive during the dormant era of the Westside. It would illuminate a way for the community to develop power to fight the controlled demolition of a culture.

Kathleen Duncan reverently speaks of bicycle paths, community gardens, vending, entertainment and musical venues. It would be a place that gives rebirth of the spirit of Old Las Vegas Strip before it transformed into Disneyland with dice, when you could walk though a casino without tripping over a



baby stroller, and listen to live music performed by some of the worlds most gifted and talented musicians. It was a time of tasteful

dignity when the Dons demanded elegance on every level.

Kathleen exudes a "can do" conviction and is driven by human instincts, which are indelibly connected to the community. She is a single-minded

change agent with deep unwavering spiritual roots that spring from growing up in a plantation environment in Arkansas. She gravitates toward groups like the Unification Church and the Nation of Islam, not only because of shared values but also their international influence.

The bunker that provides the think tank and visionary fuel is the Heritage House on F Street, which is also the home of the Ward 5 Chamber of Commerce, the umbilical cord to the future of the Historic Westside of Las Vegas and the Promised Land.



The rich legacy of Las Vegas' Westside could well have been doomed to the dustbin of yesterdays memory were it not for Katherine Duncan who has been waging a cultural war from the Ward 5 zip code for many moons. Utilizing the



## NEWS *from the Northwest*

### Wildfires and Timber Industries a Burning Inferno ...

by Yvonne-Cher Skye

Willamina Creek Fire has engulfed 230 acres since it began an early Thursday morning in August 2015. The fact that there are so many fires currently blazing in the western United States has limited available resources including firefighter personnel, access to water has been limited due to current drought conditions being experienced by all states in the Western portion of the United States. The cybersphere has been aflame with images, articles and testimonials of workers, homeowners and concerned citizens. Some of the more humane articles are the focus on providing shelter and air-quality environments for the elderly and individuals who need medical assistance due to exposure to smoke and the fire. It is as of this writing, 75% contained, and the unified effort of all of the workers for this fire are deeply appreciated and a resounding THANK YOU needs to be heard throughout the region.

However, Oregon is a timber state, a significant portion of its exports are within the timber industry and affiliated by-

products. A local group the Confederated tribe of the Grand Ronde have posted a statement that their timber interests are being closed as a response to the fires. As an aftereffect of this closure will adversely affect projected production and employment within their organization

In a casual interview with a representative of a major lumber company within the region; the ranking of the Bureau of Land Management Industrial Fire Precaution Level Four was explained to this writer. Apparently, the BLM has been placing the Oregonian region under this level multiple times moving from a Level 3 to Level 4, which means shutdown of lands administered by the BLM. In Oregon, a majority of the BLM land is available for contracting with local lumber companies. These companies and their employees rely on the harvesting of lumber. With the precaution set in place, it basically shuts down the the company. For an area whose residents rely heavily on lumber industry this can spell misfortune on economic conditions for individuals and families. Ultimately trickling to less expendable income hence affecting the community as a whole.

In conclusion, these wildfires are more damaging than property damage and projected income loss. Once again, Oregon relies heavily on its timber industry, and these fires are very difficult to recover from emotionally, financially, and physically.

### Sailing Championship San Diego Southwestern Yacht Club

The sailing championship was held at Southwestern Yacht Club in San Diego California from August 26-29 2015. There were three classes of sailboats: 8 Cal 22 ( 3 handed) demonstration class, 7 Martin 16 double handed championship class, and 6 Access Liberty single handed demonstration class. Pictured above is BAADS boson Jeff Breen directing the assembly of the Access Liberties while competitor Nettle Wijsam applies a coat of wax with The beach master.

Competition came down to the last race with the trophy being decided by just one point. A new paraolympic class was announced by Paraolympic coach of U S Sailing as the traumatic brain injury (TBI) and Post Traumatic

Syndrome(PTSD) with 23 warriors from Balboa Veterans Hospital competing three handed in Cal 22's. Melissa Kyoto, Josh Agripino, and Mathew(tom)Pena took the demonstration class by one point. They are going to to the National in Chicago for the main debut of this new class for Tokyo 2020.

There were 500 volunteers, 800 spectators, 40 competitors, and 3 helper dogs- 1 seeing eye dog- and one dog/dog(Bailey). Dog toys and food were furnished by PETCO, Sandwiches by by Subway, and beer from Old Putney. Lots of wheel chair dancing with a live band on Wednesday with local television coverage. More photos are on flicker of this event.

### Pine Ridge School Counselor Brings Message of Hope for Ending Native Youth Suicide Epidemic to International Symposium in England

*Multi-national team formed to help seek long-term solutions*

PINE RIDGE, S.D. — A multi-national team of school counselors and other professionals from such countries as the Philippines, United States, England, Colombia and New Zealand, has been formed to help seek an end to the epidemic of Native youth suicides on the Pine Ridge Indian Reservation, South Dakota.

This year, as of September 11, there have been 18 youth suicides and 235 suicide attempts, according to Charles Sitting Bull, director of Behavioral Health, at the Indian Health Service Hospital at Pine Ridge.

The multi-national team was established at a brainstorming session following a presentation by Amanda Carlow, a high school guidance counselor at the Red Cloud Indian School on Pine Ridge, and Nancy Iverson, pediatrician and director of PATHSTAR at the international Oxford Symposium in School-Based Family Counseling (Aug. 9-14), Oxford College, Oxford, England. [www.schoolbasedfamilycounseling.com](http://www.schoolbasedfamilycounseling.com)

"Emails have and will be sent," Carlow said. "The goal is to continue to work and communicate so that they (team members) get a better understanding of the reservation, what has been done in the past, what is happening now and focus on some positive ideas that will be long term and not just short-term fixes."

Carlow and Iverson's symposium presentation, Open Heart, Open Mind: There is Hope. (Working Together to Vanquish Youth Suicide), addressed the unique

factors affecting Pine Ridge children and families and opened a dialogue on ways to help turn the tide of multi-generational trauma and prevent suicide among American Indian/Alaska Native children.

In testimony last June to the United States Senate Committee on Indian Affairs, Oglala Sioux Tribe President John Yellow Bird Steele said, "... We simply cannot bear to lose any more of our children... Our youth are our future and therefore sacred; whenever we lose one child, it hurts the spirit and soul of every one of our people..."

The youth suicide epidemic is not unique to Pine Ridge. American Indian and Alaska Native youth 15 to 24 years old are committing suicide at a rate more than three times the national average for their age group, according to the Indian Health Service. For these youths, suicide has become the second-leading cause of death (after accidents). In the Great Plains, the suicide rate among Indian youth is the worst: 10 times the national average.

Carlow said that common challenges for most local youth are bullying, cyber-

bullying, poverty, drugs, alcohol and sexual abuse, However, she noted, "We will always ask why, but you can't ever say why they did it, because they are gone."

Carlow is a single mother to two children, son Riyeen, 12, and daughter Ashlan, 6. "When I arrived in London and I turned on my phone, the first news I read while waiting to get through customs/immigration was that there was another suicide at home. It was shocking and sad knowing how many lives were going to be impacted and I was so far from home," she said.

"By the third day I found out that there was another suicide. Both students just graduated high school and had so much ahead of them. During our presentation there were definitely a ton of emotions; tears were shed, anger, shock and sadness. Suicide is a very sensitive topic and something that our youth experience too often," she said.

When talking to at risk-youths, Carlow said, "A lot of time I am direct. The only thing wasted with dancing around the issue or concern is time, I try to be as direct as possible in order to deal with the issue at hand as urgently as needed."

Iverson first attended the Oxford symposium in 2003 and is an eight-time presenter. "With representation this year from at least nine nations and a wide range of educational and professional histories, the attendees offered a depth of experience and context that reflects the complexity of the problem," she said.

"Being able to draw from this collective wisdom, both through the interactions during the symposium week and also through the ongoing consultation offers, we have hopefully been able to extend the resources available to Amanda and her co-workers," she noted.

Home of the Oglala Lakota nation, the Pine Ridge Indian Reservation is routinely described as one of the nation's poorest regions with a bleak outlook for self-embetterment; yet, its rolling, pine-fringed hills are also dotted with committed people and enterprises with an eye on a better future.

"... I didn't want to just present on the negativity...there are some really good things happening on my reservation. We have a lot of people that are working with a purpose and with the youth at heart," Carlow said.

"... I wanted to not only open eyes and hearts to what goes on at home, but to open minds so that there would be collaboration and brainstorming. The Oxford Symposium has members with tremendous experience in the counseling field.

"My hope was and continues to be to build bridges while adding tools to create a positive change with opportunities that will help empower the youth," she said.

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### 'Soul Wound'

Continued from page 3

happened in the missions will be buried. A hundred years from now, people will think that since Serra is a saint, he must have done the right thing with the Indians.

On the other hand, surprisingly, there is a lot of healing going on right now because of the responses to the canonization: Native people are gathering to tell their stories and pray at the missions. Many people have dedicated hundreds of hours writing about what happened in the missions, shepherding the moveon.org petition that asks to abandon the canonization of Serra, examining documents such as the Papal Bulls, and connecting with others who want the truth to be told. The "soul wound," as the natives call it, is beginning to heal because of these activities.

**Day:** What has to be done to bring about the healing?

**Schindler:** To heal the historical trauma or soul wound you have to look inside yourself and embrace your pain and suffering, instead of self-medicating with alcohol and drugs. According to Anam Thubten, a Buddhist monk, we often find a 'dark cemetery' inside, filled with things like shame, guilt, fear, and anger. I see native people looking at the past, seeing how it affected them—which is part of embracing their pain and suffering. The Catholic Church, on the other hand, is denying its dark side. They are not accepting the reality of what they have done. If they acknowledged it, apologized to the native people and tried to work with them to make reparations, it would make the healing much easier, both for the descendants of those persecuted in the missions, and the Catholic Church as well.

**Day:** You met recently in Sacramento with a tribal leader, two California bishops, and a representative of the Franciscan order to discuss the Serra canonization. Can you tell us what happened at that meeting?

**Schindler:** Valentin Lopez, chairman

of the Amah Mutsun Tribal Band and I met with Bishop William Clark of Los Angeles and Father Ken Laverone, who is the Franciscan spokesman for the Serra canonization, and later with Bishop Francis Quinn.

At first I thought Clark and Laverone wanted to help us, to listen to our point of view. We brought up the subject of Elias Castillo's new book, *Cross of Thorns*, which details the atrocities committed against the Native Californians at the missions. Clark and Laverone dismissed it, since Castillo, they said, was a journalist, not an historian. Instead they supported another book "Junipero Serra: California, Indians, and the Transformation of a Missionary" by Rosemary Beebe and Robert Senkewics, partially funded by the Franciscan Academy of American history. I asked to see this book and tried to look up the famous quote by Fray Mariano Payeras, the last padre presidente of the missions. Payeras wrote to his superiors, "All we have done to the Indians is consecrate them, baptize them, and bury them." That quote was eliminated from this book.

We also brought up Rupert Costo's book, 'The Missions of California: a Legacy of Genocide'. Costo wrote that in the 1980's some priests in Southern California threatened to sanction their parishioners if they shared their ancestors' stories of the missions with Costo. Fr. Laverone argued that the priests were acting on their own, not doing what the Vatican had told them to do. I read other passages from Costo's book about historical memories of Native Californians. Fr. Laverone said that you can't really pay attention to such stories that are passed down using the oral tradition. From that point everything went downhill. We believe there can be no healing, no reconciliation with that kind of an attitude.

*Mark R. Day is a former Franciscan friar, a journalist, and Emmy award winning filmmaker. He lives in Vista, CA. mday700@yahoo.com*

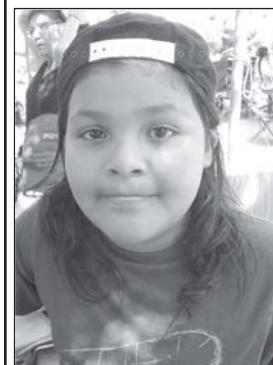


Zirina, call me 619-534-2435 or email me Coolkidscorner@gmail.com

## Cool Kids Corner



If you get the chance to volunteer at a Museum, you should! It is really fun and there is all kinds of work to do. I have been volunteering since the beginning of summer break. I have now become a Junior volunteer! I volunteer at a small museum but there is still a lot of work to do I have made friends with lots of new people. I also volunteer at another museum that is a little bigger and has art. At the art museum I make signs for their building. These two museums have made my summer so much fun and made me want to get involved with more. I have learned lots and look forward to continuing to help out in my community.— Ashli Feddersen



My name is Dakota Jacome. I am 10. I'm from Mesa Grande. I sing at Gatherings like at Los Coyotes. I have two pets, a German Shepard Hank and a Rottweiler

Elvis. I go to La Presa Elementary and my favorite subject is science.



My name is Shandiin Begay. I'm 10 years old. I love to dance. I live in Window Rock, Arizona on the Navajo Reservation. I love to jingle dress dance. My mom makes my outfits and beadwork. We travel to many states for pow

wows every year. I also represent my school, as the Tsehatsooi Intermediate Learning Center Pow Wow Princess.

## Welcome to Kumeyaay.com



This web site is dedicated to the promotion and preservation of the Kumeyaay culture. **Kumeyaay.com** tells the story from the Kumeyaay perspective, and is the premiere source for Kumeyaay Indian information.

Visit us at: [kumeyaay.com](http://kumeyaay.com)  
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## The Ladies of Native Comedy

“Four Funny Indigenous Women”

by Esmeralda La Chupafloor

These four ladies have been representing their indigenous communities and culture all over the nation with their amusing remarks, theatrical sketches and knee-slapping anecdotes. This

entourage is made up the renowned Teresa Choyguha, the vivacious Toni Jo Hall, the lovely humdinger

Adrienne Chalepah and the unafraid hysterical Deanna M.A.D. They are women, they are hilarious, and vivacious. I had the pleasure interviewing them with some questions;

**Q1) When did you all start and when did it become professional?**

**TC:** I have always been asked to MC events and as part of that have become comfortable in front of people. In about 1998 I won a joke telling contest at a Native Comedy Show and was asked to come back the following year to open up the fundraising event...and was paid!

**AC:** I began stand up comedy in 2005 while attending Fort Lewis College in Durango, Colorado. I never thought of it as a career choice until 2010 when I began touring with 49 Laughs Comedy. I quit my professional job with benefits to take the plunge into the world of the struggling artist, while I was pregnant. It was a risk that I'm happy I took.

**D.M.A.D:** My first show was a black Friday show with 49 laughs in 2012. I guess if someone pays you, you're a pro. I went pro at the first Ladies of Native comedy show at Black River Falls, Wisconsin performing for the Ho-chunks with Adrienne and Tito Ybarra in drag as his Sherri Schimmel character.

**Q2) When did you first realize that comedy interested you?**

**TC:** Forever. Jokes have always been around me. Whether my bro or big sis, teachers, friends, everyone likes a good laugh.

**AC:** In 9th grade I was the class clown and got suspended from school because I wouldn't stop “disrupting” my classes. I realized that the natural high of entertaining others was so powerful that I was willing to get into trouble for it. Luckily, I've been able tame that teenage beast.

**D.M.A.D:** I was always a big fan of comedy but I never thought it would be something I'd do. In general I'm pretty open to making an ass out of myself and that works better onstage.

**Q3) How are you all involved in the**

**community?**

**TC:** In my community I am on the board of the Tohono O'odham Community Action (TOCA) which is dedicated to creating a healthy, culturally vital and sustainable community on the Tohono O'odham Nation. I participate in toka which is a traditional field hockey

game played by the women of my tribe. We engage other communities and challenge them to games which helps keep the tradition going. I've been involved in

the children's theatre at our tribal museum.

**AC:** I am the chair of a creative direction group for a local theatre, and also a committee member for a local head start. I also try to volunteer for youth and veteran organizations when I can.

**D.M.A.D:** Which community?

**Q4) What advice would you give to upcoming comedians?**

**TC:** If you love it, don't give up on it. Don't be hard on yourself, you are only going to get better and better with practice and experience. Have fun.

**AC:** Keep writing. Keep performing. Find your stage presence, and work it. Work it, work it, work it.

**D.M.A.D:** Larry Omaha once told me, “No one has lived your life, only you can tell your story”, so do that. Someone out there will think your life is a joke.

**Q5) What is your favorite food?**

**TC:** I'm a big girl so I like everything! If I had to narrow it down it would have to be tacos ... or tamales ... or flat enchiladas.

**AC:** Mmmm.. I love cereal. I'm a big kid.

**D.M.A.D:** That's like asking me to pick my favorite child.

**Q6) What would you like to share with the world?**

**TC:** You only live one time, live a GOOD LIFE!

**AC:** Empower yourself so you can empower others. Love yourself so you can love others. Laugh -- just because -- it's fun.

**D.M.A.D:** Tamales.

If you are looking for a good humored laugh and down to earth jokes that will hit home and bring a cheek to cheek smile than please take a look at their social media and if you see the name “Ladies of Native Comedy” make sure you go and treat yourself to their humor. For booking or following visit them on Facebook, twitter and [www.ladies-of-native-comedy.com](http://www.ladies-of-native-comedy.com)

[www.49laughscomedy.com](http://www.49laughscomedy.com)

Thanks Ladies Aho!



## She is Vegan and On the Air!

by Esmeralda La Chupafloor

Do you find yourself wanting something positive?

Reggae is the answer! I have a wonderful show for you to listen to every Monday night. The International Reggae Station features our very own “San Diegan”, the spunky and bilingual MC Radio DJ, Lilly Lopez. The show is called “Take a Break with

Lilly Lopez” every Monday night at 7pm PST. You may tune into the online radio station at [www.internationalreggaestation.com](http://www.internationalreggaestation.com) or download a free app, called “tunein”, on your smartphone. She also currently has a show on Tuesday nights for Palomar College KKSM AM1320 from 6 to 9pm PST. Where she hosts live and intimate acoustic sessions from bands all over the nation. She has interviewed bands like Slightly Stoopid, Sol Remedy, Gondwana, Cultura Profetica and many, many more. In 2014, Lilly was nominated for “Best Specialty Music



Show”, by the Intercollegiate Broadcasting System, for her weekly broadcast with KKSM.

She is vegan, she is passionate and once you tune in, you will find your feet tapping to the downbeat or singing a familiar tune that she is playing on the air. Her friendly and intellectual way makes one feel welcome and comfortable and will definitely leave one wanting more.

Another great part of her show is that she gives away free tickets to local shows in the county. So tune in and get yours. Besides her bubbly funny personality on the air she also plays the melodica and sings harmonies for the band The I-Ways. She also creates beautiful jewelry, is an aspiring journalist and independent singer/songwriter with her guitar. Feel free to give her page a like [www.facebook/takeabreakwithlillylopez](http://www.facebook/takeabreakwithlillylopez) and support her endeavors by purchasing one of the critically acclaimed t-shirts at [ovesyou.wix.com/takeabreakstore](http://ovesyou.wix.com/takeabreakstore)

## Garden Unidos Delightful Recipe

by Esmeralda La Chupafloor

### Chayote Medley

Ingredients:

- 2 TBSP of Avocado Oil
- 2 whole Chayote
- 2 Ears of Corn
- 1 Sweet Onion
- 3 Garden Tomatoes
- 1 Fresh Jalapeno
- 1 TSP of Salt
- 1 TSP of Pepper
- ½ Cup of Water

Chop everything to your liking except for the corn, save that for last the last step

Start by sautéing the onion in the avocado oil. Get them nice and caramelized. Then consecutively add the chayote, tomatoes and jalapenos, allowing each one to simmer for a minute before adding the next in the sautéing process. Then add your spices and water. Let it all simmer for about another 2 minutes. I like to cut fresh corn right off the ear toward the end to give it a crunchy rich flavor. Toss it once, toss it twice and Listo! Done! This chayote medley goes great with any meal, in a taco or with tortilla Chips. Salud! Aho!

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**NEWS** from Las Vegas/Nevada

## City of North Las Vegas Refusal to Collectively Bargain and Lack of Police Staffing

by Kena Adams

### This is at the heart of a contract impasse with the North Las Vegas Police Supervisors Association

North Las Vegas, NV – The City of North Las Vegas management and the North Las Vegas Police Supervisors Association, representing the Police, Marshal and Corrections Sergeants and Lieutenants began to meet in February of 2015 in order to negotiate a new contract for the Police Supervisors Association.

After more than fifteen (15) meetings of contract negotiations, including informal negotiations, the Police Supervisors Association declared impasse on Wednesday, September 02, 2015.

The Police Supervisors Association asked the City their position on fact finding and then arbitration. The Police Supervisors Association is still waiting for the City's position on the matter.

Sergeant Leonard Cardinale, President of the North Las Vegas Police Supervisors Association said in a statement, "The Police Supervisors Association has bent over backwards, in

good faith, to try and find some common ground with the City. The City is refusing to pay current contractual obligations and the City believes they do not have to negotiate with us because they are holding the purse strings. The City is placing the public and all of us at great risk because they are choosing not to adequately staff the Police Department and the Corrections Facility.

The City is refusing to provide adequate staffing for personal and political reasons and for a vendetta that has carried over from the last settlement that we conceded to the City of North Las Vegas. A concession negotiated by Governor Brian Sandoval, that in the City's words, saved the City from being taken over by the State."

Cardinale explained that the Police Supervisors Association have been advised that the City of North Las Vegas', "Critical Needs Committee," which is comprised of Mayor John Lee, Finance Director Darren Adair, Assistant City Attorney Ryann Juden, City Manager Qiong Liu and City Attorney Sandra Morgan are responsible for all of the managerial decisions for the City.

For complete article visit [www.indianvoices.net](http://www.indianvoices.net).

## Captain Paiute

I was so excited when I learned of Captain Paiute, the first graphic novel depicting "Rez Life" among the Southern Paiutes and all Indian Country throughout the United States. Creator, Teddy Tsos, a Las Vegas Paiute Tribal member has been in the works of creating Captain Paiute since high school. Teddy realized at that time there were no Native comics or super hero's to be found. "Batman was a definite thought in creating Captain Paiute," Mr. Tsos explained. He submitted his idea to most major graphic novel companies with no luck. He became discouraged and Captain Paiute lay dormant for quite some years. Captain Paiute has emerged in Nevada with no chance of ever laying dormant again. What once was rejected and considered "not good enough" is now on its way for the enjoyment of comic lovers everywhere and giving homage to our Native people and culture. Captain Paiute brings awareness to Indigenous issues concerning the Southern Paiute's and Indian Country alike. This has been a

great year for Indian Country. First Federal Judge (Hopi) sworn in, first Native Mrs. Universe (Cree) and now we can add Captain Paiute to the great contributions the Indigenous population gives us daily. In ending Teddy said, "You will never see Superman come to the Rez, our kids need their own hero." Visit the website today and see Captain Paiute for yourself, absolutely awesome! [www.warpaintstudios.net](http://www.warpaintstudios.net)



Teddy Tsos, Captain Paiute creator

## Las Vegas 2015 STAND DOWN Awardee's ... Salvation Army & Humana

STAND DOWN was named after the term used in times of war when bringing front line troops off the battlefield into a place of safety and security. Translated today to refer to the grassroots effort to bring homeless veterans off their "battlefield" of homelessness into a place of safety and security.

First Stand Down: 1988 in San Diego, founders of Stand Down – Robert Van Keuren, Dr. Jon Nachison and



Vietnam Veterans of San Diego.

The program has become recognized as the most valuable outreach tool to help homeless veterans in the nation today.

"A successful Stand Down will be an effective mix of programming and logistics." Website: [www.usvetsinc.org](http://www.usvetsinc.org) Facebook: [www.facebook.com/usvetslv](http://www.facebook.com/usvetslv) Twitter: @USVETSLV YouTube: [www.youtube.com/usvetsinc](http://www.youtube.com/usvetsinc)

Vietnam Veterans Founders of Stand Down Robert Van Keuren and Dr. Jon Nachison

## "Black Dog Ride" Riding for Awareness of Depression and Suicide in Las Vegas

October 1, 2015 a band of 65 Australian motorcyclists will roll into Las Vegas for the "Black Dog Ride" in collaboration with Mental Health First Aid USA. This group has completed 5 tours in Australia, and now has Las Vegas on the map for this first time event. They want to raise mental health awareness and funds to train more veterans and first responders in Mental Health First Aid. Mental Health First Aid has trained more than 375,000 people in the US alone. Black Dog Ride has

raised over \$1.7 million for mental health providers in Australia as well. This year the group is raising money for Mental Health First Aid operated by the National Council of Behavior Health. October 1, 2015 the Black Dog Riders and WestCare Foundation will hold a RALLY at Harley Davidson Dealership (5191 S. Las Vegas Blvd). For more information visit [www.mentalhealthfirstaid.org/cs/black-dog-ride](http://www.mentalhealthfirstaid.org/cs/black-dog-ride).

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## Expanding Moapa Reservation Land

Last month I introduced The Moapa Band of Paiutes Land Conveyance Act, which will expand the tribe's reservation in Southern Nevada by more than 25,000 acres. The Paiute people have called Nevada home for generations before the state was settled by pioneers, prospectors and entrepreneurs.

Throughout our country's history, Native Americans have endured countless dispossessions and removals from their lands. One tragic example is how, in 1872, the Moapa Band of Paiute Indians

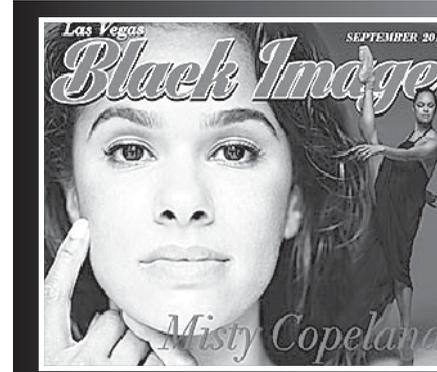
were moved onto the newly established Moapa River Reservation which in 1874 was expanded to two million acres by executive order. Then in 1876, the reservation was drastically reduced by another executive order to just one thousand acres. In 1980, in efforts to right a historic and catastrophic wrong, President Jimmy Carter signed legislation into law that restored 70,500 acres of lands to the Moapa Paiutes. These lands were much needed in order for the Moapa Band to have any chance of stimulating

their economic and social growth.

Throughout my career I have fought against injustices towards American Indians, Alaska Natives and Native Hawaiians, that is why I am seeking the transfer of these historical lands into trust for the Moapa Band of Paiutes. I believe that without an expansion in tribal lands, the Band will be unable to continue building their community. The Moapa Band of Paiutes Land Conveyance Act will allow the Band to build housing for their members, preserve their cultural heritage and traditions, and provide opportunities for economic development.

The Washoe, Shoshone and Paiute

people have always been part of our state's great heritage. Through their perseverance, the Moapa Paiutes continue to contribute to our state's cultural and economic vitality. Heralded now as a vanguard in Indian Country, the Moapa Band of Paiutes developed the first utility scale solar project on tribal lands being built on the Moapa reservation. The Moapa Band of Paiutes Land Conveyance Act will pave the way for further innovation that will strengthen and sustain the Paiute people. This expansion has been delayed for far too long, and I remain committed to stand with the tribe until this land is secured for future generations.



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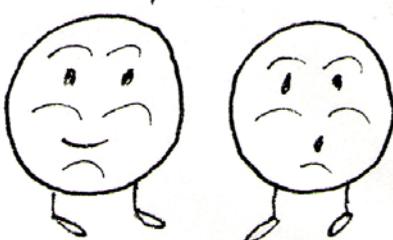


*If your ancestors were on this roll, write P.O. Box 6366, Moore, OK 73153 for eligibility information.*

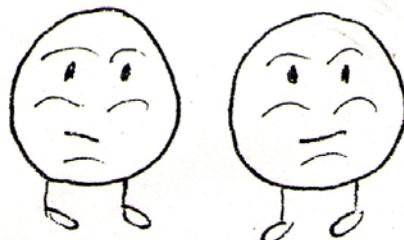
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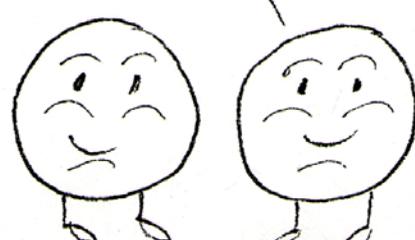


Beans, of course.



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## Musical Festival

Continued from page 2

like Winona La Duke, Chief Phill Lane, and Neil Young in standing for the protection of our natural resources and first nation rights.

Before ending the interview, Nahko said "many of you need to throw down your Cinnabuns and join movements like Justice or Else on October 10, 2015!" Nahko refers to the millions of people from all nation whom will march in Washington D.C. for Justice or Else! There is nothing out there like that right

now. Its good to be the messenger. Indeed, Nahko continues to be a young warrior and inspire youth through his music.

Weather a hippie, hipster or hip-hoper. One can see Nahko as an example, an artist who provides a soundtrack to the prophecy fulfilled. It appears, that a love down and stance for justice, equality is at hand.

Nahko was personally my favorite performer and artist there. He truly gave me insight to my future and had me thinking in ways that I might have seen obscure before. The love of everyone and the group I went with truly changed my

perspective on life and the way I see my future. I would tell everyone to come and experience Reggae on the River for themselves, it is definitely a life-changing experience. I even already thought of a quote to tell my grandkids: "Yea, I went to Reggae for the first time when i was sixteen, and it definitely changed the way I see life and music. It has had a great affect

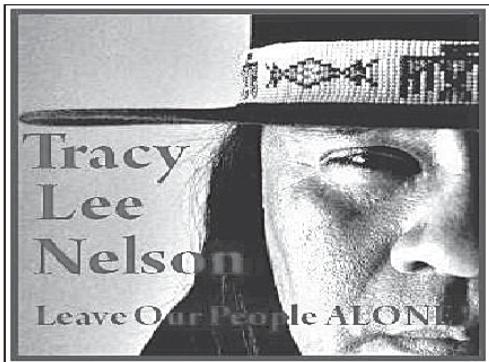
on the way my life is today."

*By Tuff Turner, Senior Intern at NativeLikeWater.org and On Native Ground field reporter. He is also a member of the Rincon Band of Luiseno Indians. Contributions by Marc Chavez, InterTribalYouth.org Director. Look for Ras Tuff's full interview with Nahko and On Native Ground at Reggae on the River, Humboldt, CA. Out soon.*

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 to January 09, 2016

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\*Tribal TANF is a program for Native American families residing in San Diego County and select areas of Santa Barbara County. One member of the household must be able to provide proof of ancestry with a Federally Recognized tribe or provide proof of descendency from the California Judgment Rolls.

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