OUR 28TH YEAR

MULTI-CULTURAL NEWS GLOBAL NETWORK

MAY 2014

Jane Dumas Revered Kumeyaay Elder Walks On



Admired for her vast knowledge of plants, herbs and ancient remedies.

The tiny chapel on the Jamul Reservation was filled with friends and family of Jane Dumas for a rosary followed by an all night wake.

St. Francis of Xavier Church, on Highway 94 is a humble and quaint structure that reflects the custom and tradition of the gentle Kumeyaay Nation who at one time lived throughout this region. The Kumeyaay people who live on and off reservations share a heritage that goes back, in their words, to the beginning of time. Jane Dumas embodied this resilient culture. She practiced and taught the gathering and preparation of acorns, making of various tools, agave harvesting and roasting. The importance of sharing and maintaining her Kumeyaay cultural heritage and passing it along to future generations was important to Jane Dumas. Those that knew and loved her were recipients of this knowledge. She

did not consider herself to be a teacher, "I'm just someone who knows the old ways and hope they will not be forgotten."

Those in attendance shared words of memory and reflection. Anthony Pico emphasized the power that this small woman had. His admiration for her was evident. "Although she was small in stature Jane Dumas was a power house. She accomplished more than any statesman or world leader could have just by her gentle but strong will." In 2006, a flag representing the Kumeyaay-Diegueño Nation was flown for the first time at Cabrillo National Monument in Point Loma. The idea for the flag came from Mrs. Dumas, who had prayed in her native language and blessed the opening ceremonies for years at the annual Cabrillo Festival. "Through her sheer will and determination this act of statesmanship represented a power that exceeded that of any world leader and strengthens our sovereignty" Pico stated.

Norrie Robbins reflected, "She taught us Ethno botany at Kumeyaay Community College. She always said that her mother was the healer; her job as a kid was to go collect the plants and bring them to her mother.

She said that her mother didn't tell her what they were for. But as the course progressed, she shared so much knowledge of the plants and how they healed us."

Ethnobotanist Richard Bugbee said, "I will miss my teacher. Her spirit has been lifted. Now I talk to her in the stars." For decades, Mrs. Dumas spoke in classrooms and at public events, sharing knowledge of Kumeyaay culture, language and medicine. She taught ethnobotany classes through Cuyamaca College and the Kumeyaay Community College on the Sycuan Indian Reservation.

In 1981, she helped found the San Diego American Indian Health Center, working there until 2000 as a traditional

SEE Jane Dumas, page 2

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Dwight Lomayesva Honored at American Indian Heritage Pow Wow

One of the most influential leaders in San Diego County is Dwight Lomayesva. A layer himself, he lives with is lawyer wife Devon on the Santa Ysabel Reservation. They puzzled over he lack of Indian students in college, and came up with a brilliant idea: the American Indian Recruitment Program (AIR). The (AIR) program started in 1993. He decided to partner with SDSU and the Dept. of American Studies to bring reservation high school students to college campuses. The program grew and grew and now it is affiliated not only with SDSU, but also UCSD, SCU-San Marcos, and Palomar and Cuyamaca Colleges.

Since its creation, more that 1000 students have been served with a majority pursuing higher education. AIR has helped many "at risk" students graduate and pursue higher education. As a result, in 2009,the program was honored with the Pacific Sociological Association's Social Conscience Award and in 2010; KPBS/Union Bank honored the program and director with the Local Heroes Award for community service. AIR students have attended Stanford, Cal State San Marcos, Northern Arizona

University, UC Davis, Humbolt State University, SDSU the University of San Diego and many more. Today many past students serve on Tribal Councils as tribal police, nurses, teachers and more. The success has come directly through the implementation of methods developed and the cooperative efforts that have been established with the native community.

The AIR program as created to address the lack of American Indian participation within higher education to promote student participation. In the beginning many statistics showed American Indian fell far behind the majority of the U.S. population. Today, although Indians have gained ground in many areas they still remain behind the rest of American society. The AIR program is working to bring greater success.

We are so happy to attend Dwight's honoring at the American Indian Heritage POW Wow where he was presented with a Pendelton blanket, and other gifts from many people who are so grateful for his actions in regards to their children. Indeed, one happy person could make a giant difference in this world.



Jane Dumas

Continued from page 1



medicine specialist. Since 1986, she was a board member for the Indian Human Resource Center.

In 2002, she was among the first women nominated for induction into the San Diego County Women's Hall of Fame. On Oct. 1, 2004, the city of San Diego honored her by proclaiming it Jane Dumas Day. In 2005, the California State Society of Daughters of the American Revolution named her its American Indian of the Year for her social and cultural efforts on behalf of her Kumeyaay band and other American Indians.

She grew up in a dirt-floored hut on a backcountry ranch, hauling water by the bucket and eating honey and Manzanita berries for treats. A member of East County's Jamul Band of Kumeyaay Indians, she spoke Kumeyaay and Spanish before learning English in a oneroom school in Potrero, where she was ostracized by classmates for being a

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From her mother, a revered medicine woman and midwife, she absorbed everything there was to know about native plants and their power to heal. Mrs. Dumas made it her mission to share what she learned at her mother's side, to teach the language and culture of her people, and to advocate for the Native American community of San Diego.

"Her whole life was dedicated to helping everybody, not just the natives," said her grandson Brian Dumas. "She felt it was just as important to show the white man why we do what we do. She was a teacher right up to her last day.'

"Jane was a well-respected member of our Tribe, and was known throughout San Diego County and the State of California," read a statement issued by the Jamul Indian Village Tribal Council. "Jane's knowledge and expertise of the Kumeyaay culture will be greatly missed."

Born Jane Thing on June 25, 1924, on Smith Ranch in Barrett, she was one of five children born to Ambrosia Thing and Isabelle Cuero.

Mrs. Dumas is survived by a son, Dale Dumas, of San Felipe, Baja California; a brother, Adolph Thing, of Jacumba; three grandchildren; and five greatgrandchildren. She was predeceased by her daughter, Daleane Adams, in 2009, and her husband of 44 years, Cleo Dumas, in 1985.

Jane Dumas is remembered as a very special Native American with a lineal descendent of Chief Manuel Hatam She grew up in a dirt-floored home, hauling water by the bucket. She spoke Kumeyaay and Spanish before English. Jane Dumas is an enrolled member of the Jamul Band of Kumeyaay Indians in the East County. She was a well-known and

The University of California is uniquely positioned to both reflect and shape these profound changes.

As part of this partnership, over the next six months NAM will release weekly stories from the UC Newsroom for syndication to our media network. Translations for relevant stories will also be made available in Spanish, Chinese and Korean. NAM will also syndicate a monthly series profiling stories of student success.

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widely respected elder, teacher, and leader in San Diego's American Indian community and in San Diego at-large. In 1981, Jane helped found the San Diego American Indian Health Center, and since 1986 she has been described as an "anchor, leader, peacemaker, and bridge

between Indian and non-Indians in the areas of medicine and education."

As a cherished community member those who surrounded Jane Dumas shared an exceptional spiritual connection.

Rest in Peace Aunt Jane.

US Department of Energy Office of Indian Policy Meet at Grant Hotel



American Indian leaders from around the county came together to share information, network and socialize around environmental issues. at the Grant Hotel May 14th.

Mesa Grande Vice Chairman Virgil Oyos who is intensely involved with environmental issue at his reservation meets with Eddie Price, GRID

Alternatives San Diego. Convened by Pilar Thomas, US Dept. of Energy Deputy Director the conference encouraged sharing and communication.



Virgil Oyos and Eddie Price networking.

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San Diego Women's History Museum



Howka, I am working on an exhibit for the San Diego women's history museum. The exhibit will be for the month of Nov.It is all about the contributions and history of Kumeyaay women

I am hoping you can send this out to all the people on your mailing list/ website..here is what I am looking for ... Thanks, Karen

- 1. names and pictures of kumeyaay women that were in the military
- 2. names, pics and reservation of all kumeyaay women 90 years old or older
- 3. names and pics of female kumeyaay tribal leaders-dates they held office and reservation
- 4. names and pics of any of our women that participated in the pan am expo
- 5. examples of women's language word
- 6. artisans that would be interested in a free both at the museum for a weekend, need to know their names and what kinds of art they will be selling
- 7. any other ideas of how our women were a part of the history of San Diego and or represent our people.

Karen Vigneault - MLIS, Librarian, Santa Ysabel Tribal Library, PO Box 130, Santa Ysabel, Ca. 92070 www.santaysabeltriballibrary.blogspot.com Founder, KUMEYAAY HISTORICAL SOCIETY MLIS Leader NATIONS OF THE 4 DIRECTIONS Karen runs a virtual library for her reservation on her tribal blog at: www.santaysabeltriballibrary.blogspot.com

Zapatista Teacher Dead, 15 Seriously Wounded in Deadly Chiapas Ambush - May 7, 2014

Jose Luis Solís López, a teacher in the Zapatista's "Little School" (La Escuelita) was targeted and murdered, and at least 15 Zapatistas seriously injured, in an ambush in which the leaderships of the paramilitary group called CIOAC-Histórica, the Green Ecological Party, the National Action Party [PAN] and the Revolutionary Institutional Party [PRI] are all implicated in directing on Friday, May 2, 2014. The same attackers damaged or destroyed both the autonomous Mayan school and the local health Zapatista Good Governance Council in La Realidad has turned this issue over to the General Command of the EZLN so that it is "investigated and justice is done."

Relatives Say Bodies were Exhumed During Excavation for Jamul Casino

SAN DIEGO, CA - A lawsuit filed by two Native Americans in San Diego Superior Court alleges the bodies of deceased relatives were exhumed during excavation of a site for an Indian casino in Jamul, a lawyer said Tuesday.

Walter Rosales and Karen Toggery claim the bodies of Rosales' mother, brother and son were exhumed, as were Toggery's mother and son. Each had been buried along with various sacred and cultural artifacts, according to the lawsuit filed against Caltrans.

The lawsuit was brought against the state agency -- the casino is not named as a defendant -- because Caltrans allowed the bodies to be dumped on land it owns in Otay Mesa, along with other material from the excavation, according to attorney Patrick Webb, who represents Rosales and Toggery.

A Caltrans official said the agency could not comment on pending litigation.

The plaintiffs, who are seeking

unspecified damages, witnessed the bodies as they were interred on land that has long been a cemetery, according to the lawsuit filed last week.

"The law still respects that people are interred and won't willy-nilly allow them to be dug up and moved," Webb said.

Glenn Revell, president of the Jamul Action Committee stated that Rosales and Toggery were deeply hurt by what has happened.

"The destruction of their home was crippling; you can only imagine how their loved ones' remains have been dug up, taken just this side of Mexico and deposited at the [Interstate] 905 and [state Route] 125 interchange as so much fill dirt, has been a crushing blow. It's an absolutely shameful situation," said Revell.

The land is being graded to make way for the \$360 million Hollywood Casino at the Jamul Indian Village, about 20 miles east of downtown San Diego along state Route 94.

The three-story gaming and entertainment facility, which is slated to open next year, will encompass around 200,000 square feet, with more than 1,700 slot machines; 50 live table games, including poker; multiple restaurants, bars and lounges; and an enclosed below-grade parking structure with more than 1,900 spaces.

The development was fought by nearby residents for several years, led by county Supervisor Dianne Jacob.

The county of San Diego sued to stop construction, but a hearing is not scheduled until Aug. 22, according to county lawyer Tom Bunton.

The county lawsuit was filed in San Diego but was transferred to Sacramento and merged with litigation filed by residents of the area, he said.

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AIVA (American Indian Veterans Association) Present Colors to Open the National Indian Gaming Association Conference

National Indian Gaming Association Meet In San Diego

It was a lively and interactive gathering at the Convention Center in San Diego. Celebrities dignitaries, movers and shakers in the gaming industry were all there.

After much preliminary celebration the event kicked off with a ribbon

GAMINO

cutting ceremony, and presentation of the colors by the Pala Band of Mission Indians American Indian Veterans Association Color Guard. Energized with opening remarks by Chairman Ernie Stevens and Bird Singing the crowd was ready and eager to explore the carnival like cavern of the convention hall, showcasing the latest in gaming widgets and gadgets. Hundreds of displays lured the eager conventioneer. To see each display would have required a

personal GPS.

After intrepid exploration Indian Voices finally found display 907 which housed the exhibition and showcase for Vantiv Gaming Solutions. After introductions we found a moderately safe zone for conversation.

The brief interview revealed an astonishing bit of futuristic economic and financial information

Joseph Feldkamp, Vantiv Market planning and Joseph Pappano, Managing Director are at the forefront of one of the most trusted and respected organizations in the payment processing industry, as well as the nation's largest PIN debit acquirer. Vantiv has driven many of the changes that prompted the shift from cash to electronic payments, and that innovative spirit continues to be the strength of the company. As innovators, thought leaders, boundary pushers. Vantiv is changing the face of payments. This



is particularly of interest to the gaming industry. Indian Voices eagerly looks forward to learning more about Vantiv and how the company can interact with the emerging Indian Gaming community, which seems to be on the horizon.





California Secretary of State Candidate Forum



May 6, 2014 a forum presented by the California Voting Rights Project, Common Cause and the League of Women's Voters of California Education Fund took place at the Jacobs Center Euclid Ave in San Diego. The two-hour event made possible with the generous support of the Color of Democracy Fund featured seven candidates vying for the position of California Secretary of State. Ray Almond and Pete Peterson represented Republicans. Democratic Candidates were Derek Cressman, Jeffrey Drobman and Alex Padilla. Dan Schnur was the Independent candidate and David S. Curtis was the lone Green Party candidate.



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ALAN LECHUSZA AQUALLO

Black Phone Records Native Scholar Performer Composer Phd (Luiseno/Maidu)

Advocate for Native Youth and Scholarships alan@blackphonerecords.com

Lori Shellenberger, ACLU Director of California Voting Rights Project welcomed the large diverse audience. Janis Hirohama former president of the League of Women Voters and Jonathan Stein, Vice Chair of the California Common Cause provided an overview.

Dana Littlefield who covers San Diego



County Superior Court for the San Diego Union Tribune skillfully moderated the forum. A San Diego native, she earned her bachelors degree in mass communications from the University of Florida..

The program began with opening statements from each candidate then questions from the moderator. Each candidate was given two minutes for closing remarks and to wrap up a very informative and educational.

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St. Louis County Board Backs Bilingual Road Signs

by John Myers

The St. Louis County Board on Tuesday gave preliminary approval to erecting new road signs with both Anishinabe and English words identifying some lakes.

The bilingual signs will go up along county roads at two lakes within the Fond du Lac Reservation, but also in St. Louis County. Officials of the Fond du Lac Band of Lake Superior Chippewa asked for the bilingual signs, and the band will cover their cost.

"Language preservation is integral to the preservation of identity and culture," Karen Diver, chairwoman of the Fond du Lac Band, told the News Tribune on Tuesday. "Bilingual signage helps us share our culture as well as signify its importance."

The County Board's Committee of the Whole approved the concept. The full board is likely to give final approval at its May 13 meeting at the Duluth courthouse. The resolution was amended to also allow the county to work with other Ojibwe bands to offer the same agreement.

"These would be the standard white on green highway signs for lake names,

but would have both English and Ojibwe (Anishinabe) language on them," said Jim Foldesi, the county's public works director.

"These lakes are adjacent to St. Louis County highways within the reservation boundaries, and we are the only entity allowed to put signing within" the road right of way, Foldesi said.

Foldesi called it "truly a cooperative agreement," in which the band will cover the cost of the new signs, and the county agrees to maintain them. The agreement is flexible, he said, and additional bilingual signs could go up within the reservation in the future.

Carlton County already has passed a similar ordinance, said Mike Tardy, Carlton County engineer. Jason Hollinday, planning director of the Fond du Lac Band, said those signs went up last year on Perch, Cedar, Rice Portage and Miller lakes in Carlton County.

Bilingual signs are common in other parts of the state, including Bemidji, where there is a large Ojibwe community and where more than 150 buildings have signs in both English and Anishinabe, including schools, public buildings and private buildings.

Italian Hemp Seeds Held Hostage

Kentucky farmers are ready to begin planting hemp. The problem is getting their hands on the seeds. Senate Republican Leader Mitch McConnell, who wrote the Farm Bill language for legalization of industrial hemp and is seeking re-election in Kentucky, has joined the fight, asking the Drug Enforcement Administration "to release 250 pounds of Italian hemp seeds that they have held for more than a week by U.S. Customs in Louisville," Janet Patton reports for the Lexington Herald-Leader.

"The Kentucky Department of Agriculture imported the seeds for university research projects, but the DEA has blocked their release, saying the state needs a controlled-substance import permit," Patton writes. "State Agriculture Commissioner James Comer on Wednesday filed a lawsuit in federal court in Louisville to force the Justice

Department to turn them over. A hearing on the motion could come as early as Friday." DEA is part of the department; it deems illegal the seeds of cannabis sativa, which when raised for hemp contains very little of the psychoactive ingredient found in marijuana.

The Farm Bill "allows state departments of agriculture, in conjunction with colleges and universities, to grow industrial hemp for research purposes," as long as it contains less than 0.3 percent of the psychoactive ingredient, Patton notes. The DEA contends "that the language legalizes growing but does not address importation, so a controlled-substance permit is still required." They also "told Comer's office in a letter that the state and the universities cannot assign their authorities to grow hemp to private farmers."

"However, the state Agriculture Department, in its lawsuit, argues that the Farm Bill language specifically supersedes other federal laws, including the Controlled Substances Act and import/export restrictions."

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Black Path Commentary: Critical Analysis on Culture, Community, & Struggle

Wake Up, Clean Up, Stand Up, the Liberation Ethics of Malcolm X: Reconstructing Ourselves in a Context of Optimal Health

by Min. Tukufu Kalonji



During this month of May, we recognize our women on Mother's Day, (May 11th), we reflect upon our global and domestic struggles and their achievements during African Liberation Day (May 25th), and without a doubt

we pay homage to Minister Malcolm X, (May 19th,), the day of his birth. Thus, May is a time of marking for us to reflect upon the life and legacy of Malcolm X. Malcolm X, fire prophet, moral teacher, cultural critic, and classic living symbol of Black manhood worked, studied and struggle to build a righteous world for his people and others oppressed, may the good he gave us last forever!

Exceptionally perceptive of America' hypocrisy that he referred to as not the American dream but rather the American nightmare was and remains a timely critique. The hypocrisy Malcolm conducted his analysis on of America was and is wide ranging. Without question; this hypocrisy Malcolm teaches us on is empirically substantiated by the crisis of continued reductions in funding and services in and for education, mental and medical health care, and other critical human services. While increasingly, poverty spreads across the country like the Stutnex and Conficker viruses; considered to be the top two most dangerous virus plaguing cyberspace; the continued funding and expansion of government and private prison facilities, and the disease management system, commonly called health care system continues to keep America sick and the pharmaceutical companies and their allies with fat pockets. Malcolm X taught us so many invaluable lessons on many issues. Of those lessons, Malcolm X gave us a straightforward and manageable prescription to follow that would and is efficient in every aspect of our life. It is summed up in his call for Black people and other oppressed peoples to Wake Up, Clean Up, and Stand Up! The liberation ethics of Malcolm X takes in consideration three essential acts of our thought and conduct: (1) bearing witness to truth_ (2) making a lived reality of our current and future history, the certainty of a recovered and reconstructed self, and, (3) engaging the struggle to correct the deficient and undignified behavior resulting from cultural psychosis in order for us to establish and reaffirm our freedom and justice in all areas of our life; which is vital in our realizing the fullness of ourselves and the inherent potential within each of us in all areas of human thought and flourishing.

Malcolm's call for us to Wake Up is a call for our deeply engaging in an educational and transformational process. Waking up is bearing truth, emphasizing the good, exposing wrong doing, and doing that which is right and good. Waking up involves in-depth study of us as a people, society, and indeed the world. Critical to waking up via our collective and personal study, we are obligated and must adhere to the critical lessons of our history. As Malcolm X teaches; "of all our studies, history is best to reward our research." the emphasis on history by Malcolm X, is not just a reading on a record of dates and deaths; rather it is for us to seek out the best practices we have achieved throughout history and emulate or reconstruct ourselves based on those best

In the context of our obtaining optimal health, this study or waking up involves at a minimum two specific focal points. This focus is on first understanding and asserting ourselves in the world, which is to mean; to know our beginnings, our development, and achievements as a people in the past and present; so that we build for the future. Secondly, wake up involves us expanding this historical and awesome legacy of African peoples into every area of our life, and rationally adapting those lessons to our current social context. Therefore, in a context of our health, we should examine the means in which we lived healthier lives even in the midst of the holocaust of African enslavement. Surely if we were healthier during the height of the holocaust of our enslavement, we have no business now being the segment of society with the highest rates of health disparity. This study of necessity would be engaging practices of growing our own food, or minimally buying more produce. Also would be examining the benefits of our being physically active and its rewarding results; due to the nature of physical work and just in general. For example, although it was forced upon us, we walked much more in the past than we do now due to modernization, and for the most part we did not live a sedentary lifestyle.

Clean Up, the second pillar of Malcolm X's liberation ethics is the transformation that evolves from the waking up or education. Clean up entails our taking the lessons on living healthy from our past and bringing it to now; subsequently beginning a process of transformation. Malcolm X often used the concept of prison as a metaphor to

describe the situation of Afro Americans. He implied that just as those in actual prisons are expected to "rehabilitate" themselves as a condition for their release, Black people have to transform themselves as a condition for securing our freedom from oppression. And nonetheless this is apropos for our libration from the insidious conditions of America's disease management system and its related mis-education that has resulted in our collective less oppression in the form of disproportionate rates of health disparity.

Clean up would of necessity include as a minimum, eating for nutrition, rather than fun, family, friends, or other non essential social reasons. Also a brief study of African dietary habits would illustrate the eating of more fruits, vegetables, and raw foods as opposed to eating dead animal as is the normative practices in western society. This is not to say that in ancient and modern times Africans (domestically and diasporan) didn't consume dead animals. However, naturopathic healers such as Dr. Sebi and Dr. Goss have overwhelming evidence that as a people, our most natural eating habits involved eating much healthier than what we do now, especially those of us in the wilderness of north America. Again and logically following, cleaning up would necessitate our exercising on a regular basis, getting proper rest, learning how and detoxifying our body through herbal cleansing fasting ,etc; and practicing effective stress management.

SEE Optimal Health, page 10

Black Health Associates Examine Covered California from an Impact and Prevention Perspective

SAN DIEGO, CA – "Now That We Have health Insurance, What do We Do With It?" This is the question being asked in a community forum hosted by the San Diego Black Health Associates on Saturday, June 7, 2014 at the Jacobs Center for Neighborhood Innovation. The forum will be held from 9:00 am until 12 noon. The goal of this forum is to better examine the processes necessary to orient health insurance into the minds and behaviors of residents who have not had their own health insurance or access to health care.

"For many African Americans, access to health care has meant relying on local emergency rooms or charity care for diagnosis and treatment", explained Clovis Honore, President of the group. "With Covered California implemented, we want to make sure that community members get the annual physicals they need and begin the process of monitoring and improving their own health behaviors". Mr. Honore also felt that this is the time to begin to promote prevention and wellness into African American communities.

For more than 30 years, the Black Health Associates. have provided direct service programs, sponsored community education and information forums, conducted public policy projects, engaged in research and provided professional development to its members. The group has been particularly interested in counter-acting the e-cigarette thrust that is marketing electronic cigarettes. "We feel the marketing of e-cigarettes will stimulate addictive smoking behaviors at urban teenagers", Mr. Honore noted.

"We see that prevention and health information is not a popular subject in certain communities", explained Denise Adams-Simms, Executive Director of the SDBHA. "If we are successful in convincing our residents to lose weight, to exercise more often and to stop

smoking, there will be fewer heart attacks, fewer strokes and fewer kidney dialysis visits. With the Affordable Care Act comes an opportunity for greater reliance on family-inspired prevention techniques to improve care. The message we promote is to help heal ourselves through positive health behaviors".

The forum will review 10 Essential Benefits of Covered California in the six (6) health insurance plans being offered for enrollment in San Diego. These plans include Kaiser Permanente Health Plan. Sharp Health Plan. Health Net of California, Molina Health Plan, Anthem Blue Cross of California, and Blue Shield of California. Representatives from each of these plans has been invited to attend. Access to health care is also available through the Medi-Cal plan (newly offered to single individuals). Applications for Medi-Cal will be accepted throughout the year, while access to other plans will begin during the next open enrollment period, which starts in October 2014.

Finally, the most important question to be answered will be how to promote prevention into our lives and the lives of our family members? Clovis Honore noted, "People do not become diabetic overnight. They become diabetic over time. We want our constituents to monitor their weight, their blood pressure and their blood sugar. We will note techniques that will improve outcomes at the forum". SDBHA also wants consumers to adopt healthy habits that save money and eliminate unnecessary trips to the doctor. "We will use this forum to introduce out "Fifteen Health Commandments" broadly to the residents of San Diego".

Light refreshments will be served, but seating is limited. Please contact SDBHA at (619) 906-4002 or at info@sdbha.org for reservations. The deadline is May 31, 2014.



To improve the quality of life of those who recognize themselves and choose to be recognized by others as "Indigenous Peoples of Color of the Americas" and in support of The American Indian Rights and Resources Organization (AIRRO).

Black American Anti-Imperialist Fighters in the Philippine American War

by Gill H. Boehringer

We are offered constant examples of Black sacrifice in the U.S. Armed Forces. But seldom do we hear of those Black soldiers that deserted to fight on the anti-imperialist side in the brutal U.S. war against Filipino independence, at the turn of the 20th century. As one journalist of the day put it, "the negro soldiers were in closer sympathy with the aims of the native population than they were with those of their white leaders and the policy of the United States."

"The Negroes deserted in scores and for the purpose of joining the insurgents, and many of them...became leaders and fought the white troops or their former comrades with zest and ability."

The part played by black American troops in the imperialist acquisition of the Philippines has been a subject of commentary for the past century. Much of it has been praise for the loyal and positive contribution they made even in the face of the pervasive racism they experienced both

in the US and in the military overseas. I want to look at a relatively little known and less remembered aspect of their participation in the "regime change" which the Americans wrought in the Philippine War. Not all the black troops (or white for that matter) remained in the US lines. A number took the decision to desert, and some of those defected to the Filipino side. It is appropriate to remember those antiimperialist heroes from an earlier period of American expansionism and "regime change" at a time when the United States has once again, but even more dangerously to the rest of the world, shown itself to be intent on pursuing such unjustified and harmful foreign adventures.

Many commentators on the American war against the Filipino Republic have referred to the four black Regiments amongst the military forces occupying the Philippines after the defeated Spanish had sold the territory to the United States and withdrawn their troops. It is estimated that of the 125,000 troops who participated on the American side, up to 7,000 were African American. Some commentators have written about Corporal David Fagen, a black soldier who, in November, 1899, defected to the Filipino cause. Welcomed by the Army of Liberation and given the rank of Lieutenant, he fought in the Brigade of General Urbano Lacuna in central Luzon. Lacuna was thought by the Americans to be a very good military leader, one of the best after General Antonio Luna who was, unfortunately, assassinated following a serious disagreement with General Emilio Aguinaldo's policies. Aguinaldo was Commander of all Filipino forces and the President of the Republic, and was sometimes referred to as "Dictator."

"Even after the surrender of the Lacuna Brigade the Americans could not capture nor kill David Fagen."

As a guerrilla leader, Fagen proved highly skillful, harassing the Americans successfully for two years. His valor and guile brought military successes and led to his promotion to the rank of Captain. He gained considerable notoriety through accounts of his activities regularly published in the Manila Times, and in the

USA where his exploits were covered by the New York Times and several of the San Francisco papers. Even after the surrender of the Lacuna Brigade on the 19th of May 1901, which left Fagen more vulnerable than he had been previously, the Americans could not capture nor kill him. It was the shrewd, if deceitful, Colonel (later Brigadier- General) Frederick Funston, captor of General Aguinaldo, who arranged the offer of a reward of \$600 for him, "dead or alive."

There are many different versions of the end of Fagen's guerrilla days, in early December 1901. It is possible that he was killed by Anastacio Bartolome, a former insurrecto in the Lacuna Brigade, who claimed the reward. But there is some doubt about this "supposed" killing, as official American records refer to it, although they did "close" the case. It is also possible that his death was faked according to a plan conjured up by Fagen and Bartolome. After the surrender of General Lacuna, with his Brigade, resistance to the Americans had collapsed in Central and Northern Luzon. With such a price on his head and Funston's spies all over the region, it may have been Fagen's choice to retire in the mountains to live a quiet-and presumably longer-life with his Filipina

Interestingly, though Fagen became the most famous of the black American guerrilla fighters, it seems there was another who joined the Filipino forces while the American black regiments were still in the USA. We do not know his name, nor how he found his way into the front lines in the early days of the war. The only reference to the presence of this "Unknown Soldier" appears to be in Funston's fascinating "Memories of Two Wars," an account not only of his very significant contribution to the crushing of the Philippine Republic but, contradictorily, of his volunteer service as a filibustero on the side of the Cubans in their struggle with the Spanish! According to Funston, on the 6th of February 1899, less than two full days after the start of the war at Manila, American troops of the Twentieth Kansas Infantry Regiment, which he commanded, completed a successful

frontal assault on trenches of the Filipinos ("insurgents" as they were called then, as today in Iraq) near La Loma Church, outside Caloocan. Funston's account is worth re-visiting. He tells us in a patronizing tone, that the insurgents were given "the necessary castigation." A number, including one "plucky little Filipino," were run through with bayonets, getting "the cold steel." He notes that "These troops were fighting under a very fine silken flag with the emblem of the Katipunan embroidered on it...When we finally got the flag it had been riddled with bullets and was drenched with blood. It is now in the State House at Topeka" (The capital of his home state, Kansas.) He then, as he regularly did after each battle, gives an account of the relative losses, which in this period of the war was usually about forty to fifty Filipino casualties - mostly dead as the wounded were carried away for every American. He then comments, "Among the dead we were surprised to find a very large and coal-black negro. As this was many months before any of our colored troops had been brought to the islands, the man could not have been a deserter from them, but was probably some vagabond seaman who had run away from a merchant-vessel in Manila Bay."

"Fagen became the most famous of the black American guerrilla fighters."

Like the focused military man he was, Funston moves on, literally and literarily. We learn no more about this extraordinary man. He was apparently left to be buried in anonymity and may remain one of the most interesting and mysterious of the world's "Unknown Soldiers." However, it may be possible to track down this independence fighter. The indefatigable Filipino historian George Hizon has found a picture of a black soldier in the ranks of the "boy General," Gregorio del Pilar, the hero who laid down his life at Triad Pass so that the advancing Americans could not capture General - and president - Emilio Aguinaldo.

Gill H Boehringer is a Professor of Law and History (ret.) at Macquarie University, Sydney, Australia. He can be contacted at gil_boehringer(at)hotmail.com.

Foreclosure Advocates Lock Arms with "No Dirty Deeds" George Mantor - San Diego, 5-21-14

Foreclosure Strategist Ismael Rodriguez and his legion of followers came together with George Mantor, candidate for County Assessor for a loud boisterous rally at the Pacific Highway County building. They vow to expose

and bring attention to the dismal and illegal activates surrounding the foreclosure crisis in San Diego and elsewhere. The group served papers to current Assessor Ernest J. Dronenbzurg Jr. indicating their intention to replace him and to start a national movement reaching the halls of congress to restore integrity, accountability and transparency to the office of Assessor.



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San Diego



An Open Letter to Tribal Leaders and the American People

FROM: Rosalie Little Thunder, Pte Oyate and Darrell Geist, Buffalo Field Campaign



We write to you still in the aftershock of the unconscionable tribal participation in the most recent government slaughter of wild buffalo in Yellowstone National Park and Montana. We feel compelled to share our insight on how this corrosive process began.

In the early 1990s Montana cattle ranchers were in an uproar over the migration of buffalo to habitat in Montana beyond Yellowstone National Park's borders. Sounding the battle cry of brucellosis disease, cattle ranchers manipulated the Montana legislature into creating MCA 81-2-120. This new law delegates authority over the publics only wild buffalo population to livestock inspectors and the state vet.

Soon after livestock interests got control over wild buffalo, Governor Marc Racicot and the state used MCA 81-2-120 as a legal battering ram against Yellowstone National Park for "permitting" wild buffalo to naturally migrate. A court-forced legal settlement created the Interagency Bison Management Plan that has been in place since 2000. The plan is

for the American people to pay the Montana Department of Livestock and Yellowstone National Park to harm and destroy our country's last wild buffalo on our National Parks and National Forests.

Irrational "permanent haze-back" deadlines and "bison-tolerant zones" have harmed the buffalo and degraded wildlife habitat. In this government-led war against the buffalo, the public will not hear about the contributions that buffalo provide to the ecosystem. The government does not bring public attention to the suffering it has caused to native plants, birds and animals when newborn buffalo calves flee Montana. driven away under the propellers of livestock agency helicopters. Harassing still pregnant buffalo and baby calves off nourishing spring grasses from our public forests and parks is an unreported crime.

Following instinctive faithfulness to calving grounds, migratory buffalo must run a lethal gauntlet of Treaty and state hunters along the Park's borders to adjoining National Forest lands. Wild buffalo must further suffer the harm of captivity in traps on public and private lands. This near-threatened and ecologically extinct native species is further subject to population control experiments with sterilizing agents. Our heritage of wild buffalo is quarantined to produce new offspring for commercial domestic profit. An arbitrary line is drawn on the map beyond which migratory buffalo can never roam again.

Sympathetic landowners who willingly share their private land with the buffalo are subject to intimidation by armed livestock inspectors and a cadre of government agents who trespass on private land to harass all buffalo out of Montana. The often-heard refrain is: "It's

all part of the plan." But this heavily biased plan is man-made and can be changed.

Ignoring long standing condemnation of the government-led buffalo slaughter by American Indian Tribes and traditional leaders, the InterTribal Buffalo Council and Confederated Salish and Kootenai Tribes entered into deals with the National Park Service to take hundreds of "surplus" buffalo to slaughter this winter. The Nez Perce Tribe has also signed a slaughter deal. The Park is pursuing similar arrangements with other Tribal governments to set-up an operational quarantine - a livestock factory - to domesticate wild buffalo. Backing a trailer up to a trap in Yellowstone Park where buffalo are confined and transporting them to slaughter has nothing to do with tradition or the sacred or sovereign rights

Our tribal councils and leaders are occupied with many challenges and do not have ready access to adequate information about the Yellowstone buffalo herd's fate. Oftentimes decision-makers are distanced from their own councils and advisors, traditional and spiritual. Unfortunately, the decisions made on wild buffalo continue to serve the interests of the Montana Department of Livestock and the National Park Service first.

With the sanction of MCA 81-2-120, Montana and Yellowstone National Park have shot or captured for slaughter 5,097 wild buffalo. This winter, with the shield of tribal involvement, several hundred buffalo were captured for shipment to slaughterhouses.

The deception that buffalo are a disease risk is not fair to the tribes or the American people. Since cattle infected buffalo in captivity on the Lamar Buffalo Ranch a century ago, there has been no case of wild buffalo transmitting brucellosis back to cattle. Our relative, the buffalo, has been found guilty while the evidence of their innocence has been buried.

How did this state of affairs come to be?

This highly corrupt plan, and the law upon which it is based, would cease to function without the support of the U.S. Congress. Our representatives in Washington D.C. have misappropriated \$40 million of the American people's money to fund a tragic and disastrous death policy for our national icon.

In spite of fourteen years of the Interagency Bison Management Plan's existence, Montana has not conceded to giving even one more acre of year-round habitat to migratory buffalo. There is no 'kill-free' zone for a native species Montana's own biologists recognize as vulnerable to "extinction or extirpation in the state."

A long overdue public process to review year-round buffalo habitat by Montana was recently blocked by cattle ranchers in collusion with the Board of Livestock. But even under the most "tolerant" alternative, wild buffalo would be confined to 0.4% of Montana's habitat.

Montana cattle ranchers now intend for the public and the tribes to swallow a poison pill: a fragment of year-round habitat in exchange for continuously slaughtering buffalo.

The boogeyman of brucellosis raised by cattle ranchers to seize management authority over the public's wild buffalo no longer exists.

Today, cattle are being managed under a U.S. Dept. of Agriculture-APHIS approved and taxpayer supported plan. Ranchers benefit \$9.50 to \$14 per head by vaccinating cattle. Despite the few cases of brucellosis transmission from wild elk to cattle, Montana's Designated Surveillance Area rules have protected the state's brucellosis free status. Statewide, the cost-savings for Montana cattle ranchers is \$22 to \$46 million dollars and multiplying. The new rules have also removed whole herd cattle slaughter and diminished the threat of state sanctions against Montana cattle that contract brucellosis.

Montana's cattle ranchers are being taken care of, but the public's one remaining population of wild buffalo is being massacred.

Montana's Constitution mandates that we take special considerations to ensure the persistence of native wildlife species for future generations. We must rally to repeal the corrupting influence of MCA 81-2-120, a misbegotten law that is destroying our natural and cultural heritage. Montanans must act together and provide a welcome home for wild buffalo.

Traditional people must guide our tribal leadership in a manner that reflects the integrity of our historical and cultural relationship with our relative, the buffalo. Montana politics has made a mockery of a keystone species. The capitalist culture has commodified the buffalo for shameless profit. The slaughter of the buffalo is not about a disease, really. It is about a commodity and profiting from that commodity. We, as a species, must take into account how our beliefs and actions are affecting the future of all species. We must make every effort to acknowledge the need for a care-taking culture that respects and honors the role of a sacred species.

Can decision-makers rise above the intense politics that swirl around this sacred species? Can we root out the entrenched, corrupt forces that threaten the future of wild buffalo? The time yet to come for buffalo now rests upon the vision, courage and leadership of our tribal leaders and the American people.

Respectfully,

Rosalie Little Thunder, Pte Oyate

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Email: rosalie.littlethunder@gmail.com

Darrell Geist, habitat coordinator,

Buffalo Field Campaign Phone: (406) 646-0070 Email: z@wildrockies.org

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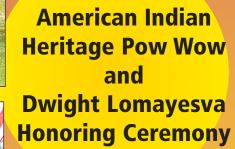






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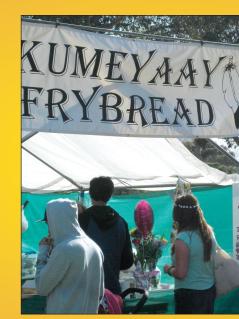


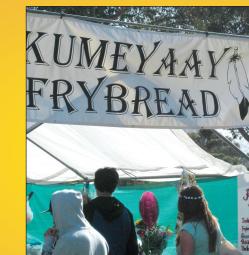


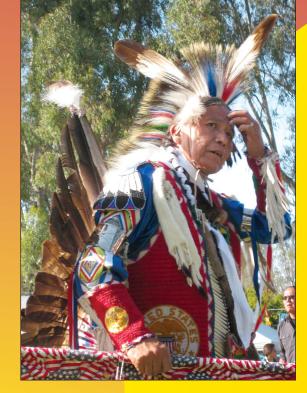
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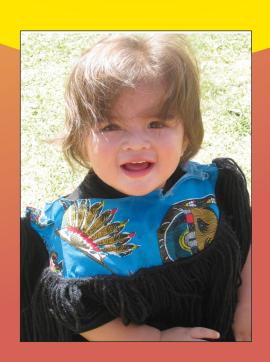












GAMBLING AND THE LAW®:

Cuba Needs Casinos

"I crapped out"

Meyer Lansky, quoted in T.J. English's HAVANA NOCTURNE: HOW THE MOB OWNED CUBA ... AND THEN LOST IT TO THE REVOLUTION

Fidel Castro is gone.

He may not be dead. But on a recent trip to Cuba, I was told by both American and Cuban experts that he is beyond retired. His image may be everywhere, but he no longer has a living influence. Fidel has become to Cuba what Mao is to China.

His younger brother, Raul, is still alive, but is 83 years old. He has called for term limits, including his own. He will not run for reelection as President in 2018.

Since taking over from Fidel in 2007, Raul started introducing reforms. He had to.

Cuba is a country where nuclear physicists drive taxis, because they can make more than their \$40 per month government salaries. Under Fidel, Cubans could not buy or sell cars or homes, so they arranged phony marriages. The property could then be transferred through a divorce.

Still today, everyone owns their own apartments, but literally nobody owns the apartment buildings; so, there is no one to fix leaking roofs.

Since there are no opportunities, young adults flee the country. Many are willing to risk their lives on Styrofoam rafts to try to get to America.

Change is coming to Cuba. The big questions are whether it will be slow or fast, peaceful or violent.

The old men who have led Cuba for the last 55 years – there have been 11 U.S. Presidents since Fidel took over – are survivors. They know how to hang on to power. If a charismatic leader arose who might one day challenge the Castro brothers, he was sent to work in the sugar fields. So, there is no caudillo (strong man) to lead a second revolution.

But the old men also have to keep the disappointment and anger of the general population under control. They are understandably scared by what they saw happen to dictators during the "Arab Spring."

On January 14, 2013, the government began allowing most Cubans to leave the country, without having to get approval, pay \$400 for a visa or forfeiting their right to return. This may turn out to be like the fall of the Berlin Wall. Average citizens visiting countries with more than four state-controlled television channels, let alone access to the Internet, will be more frustrated upon their return, with their lack of just about everything.

The U.S. embargo, and the failures of communism, locked Cuba into 1959. Even the cars and buildings are the same. And this may provide the solution to Cuba's problems.

Classic 1950's Fords and Chevys are everywhere. Imagine the reaction of a guy making \$20 a month, after trade reopens with the U.S.: "I won't give you more than \$40,000 for your car."

Cuba's 1950's hotels are also still standing. More importantly, so are its casinos. Although now dark and empty, nothing else has changed; even the chandeliers are the same. You swear you hear the ghost whispering of long-gone slot machines and crap tables, when you walk around the Riviera casino.

Many of the bars and nightclubs are still open. The largest showroom of them all, the Tropicana with its multilevel, outdoor stage, sells out every night. The extravaganza features statuesque showgirls with feathered headdresses and sexy dancing, or at least what would have been considered sexy in 1959.

Fidel, through his hand-picked

provisional president, Manuel Urrutia, closed the casinos immediately after seizing power, just as he canceled the national lottery. But the thousands of Cubans thrown out of work took to the streets in protest. Castro's own economic advisors told him that the country's economy would collapse unless the casinos were reopened.

They proved to be right, but too late. Castro relented, for a while. But tourists, especially Americans, stayed away in droves. The casinos were closed for good; and the economy did collapse.

Communist nations are not averse to legal gambling. Casinos in particular have been seen as a way of extracting hard currency from tourists and from the underground economy. I played in a casino in Hungary before the fall of the Eastern Bloc, with all transactions in Deutsche Marks (this was before the euro).

The Socialist Republic of Vietnam still has casinos. Surprisingly, so, too, does North Korea.

And then, of course, there is Macau. The casinos there win more than all of the privately owned casinos in Nevada, New Jersey, Mississippi and the rest of the United States – combined.

Macau, like Hong Kong, is a Special Administrative Region of the People's Republic of China. The PRC is still technically a communist country, although it would be more accurate to describe it as Marxist: widespread free enterprise capitalism flourishing under a totalitarian, one party dictatorship.

The bureaucrats who run Cuba can find a partial solution to the country's present economic catastrophe and its pending political crisis by looking east —

far east. Cuba needs to pull a Macau.

Resort casinos create jobs and bring in much needed revenue. They could ease Cuba's transition out of the economic stagnation created by pure communism, as they did in China.

Of course, Cuba does not have hundreds of millions of middle-class residents with few other legal outlets for gambling. In fact, the people are so poor that it is one of the few countries where it actually is to the advantage of casino operators that locals would not be allowed to enter.

But, Cuba already attracts large numbers of tourists from Europe, Canada and Latin America; tourism is the nation's leading industry. The spectacular success of Havana's casinos in the 1950's show what legal gaming could do, especially once Americans can visit without restrictions.

The major problem is political. Havana's casinos were symbols of the prior dictator, Fulgencio Batista's, corrupt regime. When asked about the Americans who ran Cuba's gambling, Fidel said, "We are not only disposed to deport the gangsters, but to shoot them."

In the early 1960s, children could get cartoon trading cards with purchases of Felices [Spanish for happy] Frutas's canned fruit. They would glue them into their "Album de la Revolucion Cubana." One shows an angry crowd storming the Deauville Casino, with this label: "El pueblo destroza algunos casinos y casas de juegos," "The people destroy some casinos and gambling houses."

Still, this was half a century ago. Times change. Fifty years before Macau

SEE Cuba, page 12

Optimal Health

Continued from page 5

i.e., mediation, yoga, prayer, or whatever one does that is healthy and relaxing to the mind, body and soul and rejuvenates that person. So stress management can not include doing those things which some folk do to escape that are damaging to the human being.

Lastly after waking up and cleaning up, comes perhaps, the most critical pillar of Malcolm's ethics in the sense of it being a constant and continuous reinforcement through practice of the first two ethics of this three pronged approach of Malcolm X's ethics. Standing Up, like Malcolm's other teaching, standing up is grounded in his personal and communitarian experiences of self critique, recovery, and reconstruction. As did Malcolm in his transformation from a being of the lumpen life to the model of Black manhood that he was in his life and remains to be as an ancestor, so it is with Black people today assuming such a position on self assessment, and rigorous challenge to overturn weakness into strength when it come to our health and well being.

Standing Up requires us through

internalizing values and practicing behaviors, of eating nutritiously, exercising, getting proper rest, detoxifying and as argued earlier effective stress management to be committed to our health and well being as with other areas of our community's struggle. Thus, in the interest of our reconstructing our community to a status of optima health; I contend that we do as it states in the 5th principle of the Nguzo Saba, Nia which states; "To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness." For in the final analysis, our health is wealth, and if we don't heal ourselves, then who will, certainly not the establish order. With that said I close by saying to my readers by our personal and communitarian waking up, cleaning, up, and standing up, Wenyewe Kwa Tutajali; which is Swahili for" We Will Heal Ourselves" and what better way to restore ourselves to our traditional greatness than to bring our community to optimal health!

Min. Tukufu Kalonji is Founder of Kawaida African Ministries,

For info contact @ tkalonji@hotmail.com



Studies Reveal that Adverse Childhood Experiences Fuel Illnesses in Adults

by Paul B. Simms, MPH, Past President, San Diego Black Health Associates, Inc.

San Diego, CA – For the past twentyeight years, the San Diego Black Health Associates, Inc. (SDBHA) has been working to address the health status gap which African Americans face. For nearly every major chronic disease, Blacks suffer the highest mortality levels, the highest hospitalization rates and the most frequent visits to the emergency room of any ethnic group in the United States. Our organization has engaged in consumer education, conducted workshops, held screening sessions, provided guidance for healthier choices and promoted health through prevention. Our "Fifteen Health Commandments" reflect counsel to our communities about the importance of making the right choices.

Dr. Vincent Felitti was Medical Director of the Department of Preventive Medicine at Kaiser Permanente in San Diego for more than 16 years. During his tenure, patients who were seeking to lose weight adopted the Kaiser plan for fasting. This medically controlled denial of solid foods was directed in such a way that many persons lost significant amounts of weight. It was soon discovered that a large number of these patients dropped out of their program because the images they were protecting and the events which they had hidden were surfacing as a result of the weight loss. Come to find out, in some

cases, the extra weight was protective of other events – events which happened years earlier.

Speaking at a program on Innovations in Patient Empowerment sponsored by Claremont Graduate University, Dr. Felitti described research conducted in a mail survey with 17,000 middle class patients, all of whom were Kaiser beneficiaries. African Americans represented 10% of the participants in the study. He asked the patients several questions about traumatic events which may have happened to them as children. Incredibly, over 70% of people receiving the survey responded, and these patients gave permission to connect the responses they gave to the survey to their medical records. The questions asked the consumer s inquired about whether they had been abused as a child.

This abuse could have been physical, psychological, emotional or sexual. The survey also inquired whether any adult person in their household was a problem drinker, whether they ever used drugs, whether they were mentally ill or whether a person in the household attempted suicide. Finally, the survey asked whether a member of the household had gone to

Surprisingly, nearly 50% remembered at least one Adverse Childhood Experience (ACE). The research team included representatives from the Center for Disease Control and Prevention (CDC), and

together, their coined the term the "Ace Score".

Several physicians at the conference sitting near the author of this story grumbled at Dr. Felitti's assertions about the abuse as a child. One felt that he would not inquire about such acts of abuse by parents or anyone so many years ago, because he would not want to "stir up" a can of worms with such an inquiry. Another physician expressed dismay that within his practice, there were only a certain number of minutes to see each patient. Asking questions about adverse childhood experiences would consume more time than he felt was available. A third physician was opposed to the inquiry by primary care physicians, many of whom had little training in psychiatry.

Dr. Jeffrey Brenner is the Founder of the Camden Coalition of Healthcare Providers and Medical Director of the Urban Institute at Cooper University Healthcare. Earlier this year, Dr. Brenner wrote a "blog" (January 29, 2014) that stated:

"For nearly 15 years, we've had the secret to delivering better care at lower cost in America. The information has sat hidden away in the medical literature, and barely mentioned among physicians. It's a remarkable story of bias. The neglect of this information by the medical community tells you a lot about our failings as a profession and the poor training we receive. It is also a powerful

commentary on impacts. This is true for even for middle class patients. However, poverty magnifies the potential to have higher ACE score and possibly exacerbates any trauma that have occurred"

This past weekend, Clovis Honore, President of SDBHA and I made a presentation to the Men's Group at Bethel AME Church. Nearly 25 African American men listened while we discussed the importance of making the right health choices, why it is important to monitor one's blood pressure and why Covered California was important to African Americans for access to health care. For the first time, the ACE Score was also discussed and a pilot survey was conducted.

Information about ACE was also discussed at the retreat sponsored by the Village of Promise, a group of advocates working to provide support and resilience to children whose parents have been incarcerated.

We may be wrong but we are impressed with the findings of Dr. Felittl. He has agreed to guide our explorations into a community conversation about ACE and abuse, neglect, parenting and changing our environments for African Americans (and others). We are interested in improving the future of our children and the mindfulness of ACE may be an answer. Remember, there is no one coming to help us, but us.



This web site is dedicated to the promotion and preservation of the Kumeyaay culture. **Kumeyaay.com** tells the story from the Kumeyaay perspective, and is the premiere source for Kumeyaay Indian information.

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Green Store 25th Anniversary Celebration



The Green Store in Ocean Beach Celebrated their 25th Anniversary April 26th. Colleen Dietzel owner of the Green Store and M.C. Rio started the event with introduction of the Acoustic Blue (members of Liquid Blue) band who are a certified "Green" band that recently moved to O.B. Acoustic Blue and other local talented musicians played throughout the afternoon.

The Green Store on Voltaire Street is a resource center for many issues including global warming, promoting Mom & Pop Businesses • Advancing Social Justice • Educating people about health, farming, water and other issues • Getting residents to take part and have a voice in community issues • Working towards peace• Forming bonds with people who want a better world • Bringing people together who love O.B.!!!

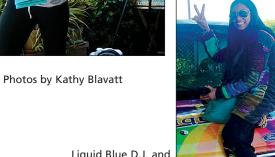




Guest speakers spoke on a variety of topics including fracking, water conservation, retaining Ocean Beach's hometown appeal and activism and more.



Justin, a local musician and song writer, put on an amazing performance singing and playing multiple instruments.



Liquid Blue D.J. and afternoon celebration at

singer Layla enjoyed the the Green Store

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Message from California Office of Problem Gambling & California Council on Problem Gambling

Organic Consumers Association

On May 8, Peter Shumlin, Governor of Vermont, signed a historic bill requiring food manufacturers to label genetically engineered foods and to drop the practice of labeling these foods as "natural" or "all natural."

On May 9, the Grocery Manufacturers Association backed up Monsanto's threats and confirmed that it will sue Vermont in federal court to overturn H. 112. Vermont is prepared to fight back. The state has already established a "food fight" legal defense fund. Legal analysts say Vermont will likely win.

But Vermont isn't the only state up against the multi-billion dollar lobbying group. The GMA, whose 300-plus members include Monsanto and Dow, Coca-Cola and General Mills, is pushing a bill in Congress that would preempt all states from passing GMO labeling laws.

It's time for consumers in every state to band together to defeat the GMA's full-on assault, not only on Vermont, not only on consumers' right to know what's in our food, but on states' rights and on our basic freedoms to protect our health and our communities.

Cuba

Continued from page 10

became the top casino market in the world, gambling in China was punishable by death.

Cuba already has tourist zones, where locals are not allowed to enter, except for work. Canadian tourists already fly directly to resorts on the southern coast of Cuba, just to go to the beach. The natural spot for the first Cuban casinoresort is, ironically, the Bay of Pigs. The scene of the disastrous failed invasion of 1961 is now a thriving resort, especially for Europeans.

But there is another spot, where a casino would be even more of a positive political statement by the Cuban government: Guantanamo Bay. It is isolated from the vast majority of the population; at more than 500 miles from Havana, it is actually closer to Miami.

There are beaches and an airport and one of the largest sea ports in the world for cruise ships, if the U.S. will allow free

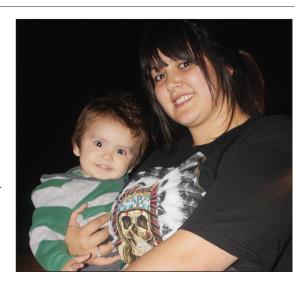
Cuba could set up another tourist zone, with legal gambling, on the Cuban side of Guantanamo Bay. Local residents would be barred. But visitors from every other country, including the United States, would be welcome.

Americans can travel to Macau without even having to get a visa. Wouldn't it be great if Guantanamo Bay became better known for its hotel-casino resorts than for its prison?

© 2014, I. Nelson Rose. Prof. Rose is recognized as one of the world's leading experts on gambling law, and is a consultant and expert witness for governments, industry and players. His latest books, INTERNET GAMING LAW (1st and 2nd editions), BLACKJACK AND THE LAW, GAMING LAW: CASES AND MATERIALS and GAMING LAW IN A NUTSHELL are available through his website, www.GAMBLINGANDTHELAW.com.

A Three Mile 21st Birthday Hike

These two take exercise and staying in shape seriously. Unexpected circumstance found this reservation Mom and one year old toddler without a ride home on her 21st birthday. She bravely hooked up her stroller and heavy duty moccasins and made the three mile trek home on foot. She says it was a birthday to remember.





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Kelly Tran Makes a Guest Appearance at the Helldorado Days Evening Parade



NV – Although there are several pageant organizations and dozens of titleholders throughout Las Vegas in Southern Nevada, one name always resonates in the minds of industry insiders and influencers, Kelly Tran. The young and physically

attractive Vietnamese pageant queen takes her community support platform to a level that until now was thought not possible as evidenced by her speaking engagements, media interviews, charitable work, and appearances.



Recently Kelly Tran, Ms. United States America International 2013 joined her mentor and friend Clark County District Court Judge Kenneth Pollock from Department J and rode with him inside a classic Mercedes

Benz convertible. Tran was so popular at the parade that even a member of the parade's judge panel formally recognized her while Cox TV was filming Tran waving to a large crowd of supporters.



During a pre-event telephone interview Kelly Tran stated, "I am excited to support such a great community event for locals and families and out-of-town visitors. It is my honor to ioin Nevadans in

celebrating 150 years of statehood and getting back to Nevada's roots by participating in the Helldorado Days Evening Parade."

Tran stays humble and modest even though she is considered to be the number one Asian pageant queen in Las Vegas, Nevada.

Kelly Tran is represented by Endeavor Media Group. To book Kelly Tran for appearances and media interviews contact Andre' Haynes by calling (702) 902-2844 or by writing to andre@emgnv.com.





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Nevada Tribal Tourism Conference at Lake Tahoe

In April, our beautiful Silver State hosted the 6th Annual Nevada Tribal Tourism Conference at Lake Tahoe, our crown jewel and the traditional homelands of the Washoe Tribe of Nevada and California.

Nevada's Great Basin has always been the home of the Washoe, Paiute and Western Shoshone Peoples. Their stories, traditions and languages, are part of this rich cultural fabric that Nevada shares with America and the World

Nevada plays host to millions of visitors every year and tribes play a part to help build tribal tourism and hospitality across our great state. Places like the Stewart Indian School tell the untold stories of the failed boarding school policy of the federal government that did everything it could to strip tribal people of their languages and ways

of life to assimilate them into mainstream American society.

Pyramid Lake is another gem that I worked with the Pyramid Lake Paiutes to protect, and is now shared with all of Nevada for fishing and other recreation. The Nevada State Museum houses the baskets of someone I am very proud of and admire - Dat-So-La-Lee - who is recognized for her Washoe baskets around the world. Also, the Walker River Paiute Tribe hosts an Annual Pinenut Festival in Schurz each fall to celebrate the harvest of their traditional food.

Outside of Las Vegas, the Las Vegas Paiutes play host to the three-day Snow Mountain Powwow and a stunning golf resort voted one of the best places to play by Golf Digest. We need to work harder to keep building these partnerships, capacity and infrastructure so tribes can tell their stories and share their cultures.

I remain committed to ensuring that investment continues in tribal tourism which in turn helps sovereign Indian nations preserve historic and cultural resources, and build tribal economies.



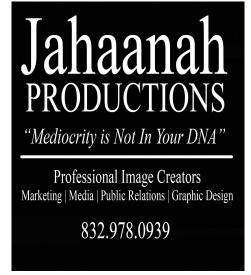
Muscogee Creek Indian Freedmen Band is seeking the descendants of Creek citizens placed on the Creek Freedmen Roll from 1896 to 1915.



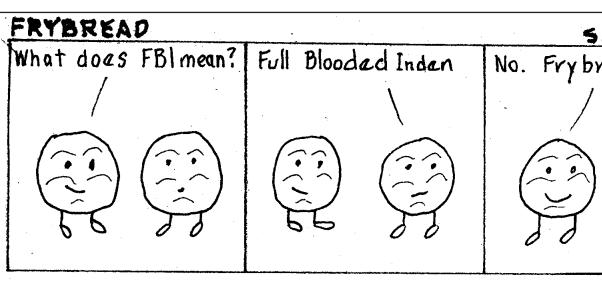
If your ancestors were on this roll, write P.O. Box 6366,
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Our program has been created by Native Americans for Native Americans with the purpose of addressing the cultural, social and economic needs of families.



CONTACT INFORMATION

To apply for assistance or to get more information, please contact the office closest to where you live.

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