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MULTI-CULTURAL NEWS GLOBAL NETWORK

OCTOBER 2020

# Fire Proof. Bullet Proof. The American Republic Stands. The Great Law of Peace. We the People Prevail.

# **Red Fawn Released from Prison**



Red Fawn Fallis (left) with Arrow Banks and Phyliss Young

by Levi Ricker

BISMARCK, N.D. — Red Fawn Fallis was greeted by friends at the Bismarck Airport in Bismarck, N.D. on Wednesday evening after serving a four-year sentence at a federal prison in California.

Fallis, a tribal citizen of the Oglala Sioux Tribe, was a water protector at Standing Rock during the resistance to stop the Dakota Access pipeline. She was arrested on Oct. 27, 2016 at an incident at Standing Rock. She was one of more than 140 people arrested in a violent clash

with law enforcement led by the Morton County Sheriff's Department on that day.

After her arrest, she was charged with several felonies, including a charge of civil disorder and possession of a firearm and ammunition by a convicted felon and the charge of discharge of a firearm in relation to a felony crime of violence.

Red Dawn Foster holds up a Free Red Fawn t-shirt at Standing Rock with water protectors in Dec. 2016. (Photo by Levi Rickert)

Facing 10 years with the possibility of life imprisonment, Fallis entered into a plea agreement on Jan. 22, 2018 with the federal prosecutor. On July 11, 2018, she was sentenced to 18 months on the civil disorder charge and to a concurrent term

SEE Red Fawn Released, page 2

#### The La Posta Band of Diegueno Mission Indians is One of Twelve Bands of Kumeyaay People

by Wendy Fry

CAMPO, CA – A band of the Kumeyaay Nation whose native land spans both sides of the U.S.-Mexico border filed a federal lawsuit this week against the Trump administration seeking an injunction to stop further construction of the border wall through sacred, ancient burial lands.

Human remains have been disrupted and unearthed by recent pre-con-

SEE La Posta Band, page 2

# Singing for the Ancestors

Mel Vernon is a Human Melody He grew up during the glorious American Golden Age.

It was a time that those who remember, long for and those who were not yet born look to replicate.... a nostalgic time of innocence. when aggravations were manageable. neighbors were appreciated and folks seldom locked the front door.

San Diego's North County was an enviable jewel in the womb of Southern CA. and it is where Mel Vernon cut his teeth preparing for adulthood

For him and his peers growing up during the time of the Beatles, being in a band was a natural response and started Mel on a musical journey and addiction that he continues to hold on to.

Combined with a love of nature, the Pacific ocean and surfing, Mel was a composite of a California Dreamin laid back teen.

He utilized his mind and intelligence to pursue rewarding self development pursuits of which music played a major part. He would not however escape the alluring call of community involvement and tribal government. In this area Mel is a most effective influencer by promoting indigenous awareness, education and enhancing the knowledge base of the academic world that holds a fascination for American Indians.

His involvement and introduction into tribal life was as natural and organic as life itself.

He states, "The steps to my participation in our Tribal government and community. started with me being a part of a large family and coming together during the holidays surrounded by a multitude of people that I knew and cared about. Family gatherings were the stepping stones to my involvement and introduction into community development, and



dealing with the culture of indigenous people.

I did not know at the time but that laid a foundation for my future and as I became more connected with my tribe it was a natural transition and honor.

I became involved with our tribal council and years later by committing time and energy with our other council members I became Captain of The San Luis Rey Band of Mission Indians. I have sat on numerous other community boards which opened doors to abundant social resources. Developing an Indigenous media platform would be a worthwile endeavor for the community.

I can say it is not about me but the other people at the table who share their Wisdom, Talent, Education, Creative

SEE Mel Vernon, page 3

#### Standing Rock Wins Legal Victory Against Dakota Access Pipeline

See story on page 4

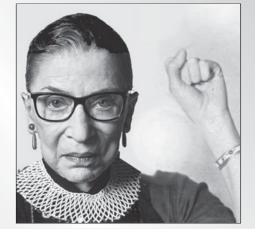
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#### **NEVER GIVE UP**

"Think back to 1787. Who were 'WE the people'? ... They certainly weren't women ... they surely weren't people held in human bondage. The genius of our Constitution is that over now more than 200 sometimes turbulent years that 'we' has expanded and expanded." - Ruth Bader Ginsburg



#### **Red Fawn Released**

Continued from page 1

of 57 months on the possession charge. She was incarcerated in a federal prison in Dublin, Calif.

"Red Fawn was singled out by law enforcement at Standing Rock — and, sadly, she wound up bearing the brunt of police and state anger over our resistance. Of course, we know the real criminals are the oil companies and those in government and law enforcement who aid and abet their destruction of Mother Earth," Chase Iron Eyes from the Lakota Law Project said.

During the Standing Rock resistance, more than 700 water protectors were arrested. Among all of those arrested, Fallis faced the most severe charges and was incarcerated for the longest period of time.

Many American Indians considered her a political prisoner.

"I am, and have always been, proud to stand at Red Fawn's side. Though she's now back with her community, this cannot be called justice. While she spent years behind bars, DAPL has operated without adequate environmental review," said Phyliss Young, a former tribal council member of the Standing Rock Sioux Tribe.

"Always, the benefit of the doubt goes to white men and their industry, never to Native people who stand to protect the natural world. If we stop fighting, that pattern will never change. We must continue to protect our water, our sacred lands, and our future," Young added.

After arriving in Bismarck, Fallis was able to spend a few minutes with friends before being transferred to a halfway house.

#### La Posta Band

Continued from page 1

struction blasting at the border, according to the lawsuit and the Kumeyaay Heritage Preservation Council.

"In the Kumeyaay faith, they don't see the material as 'human remains'; they see them as humans," said Tom Holm, executive director of the Kumeyaay Heritage Preservation Council. "When any human bones or particles of human remains are discovered, it's considered to have a human soul. In other words, they are not looking at material, they're looking at their ancestors."

The lawsuit filed in federal court in San Diego on Tuesday by the La Posta Band of Diegueno Mission Indians asks a judge to protect its religious and cultural heritage. La Posta is one of 12 bands of the Kumeyaay people.

Kumeyaay people have lived throughout the border area in San Diego and Imperial counties and Baja California, Mexico, for more than 12,000 years. The tribe moved through its ancestral territory via a system of trails, many of which run through the U.S.-Mexico border and have religious significance, according to the lawsuit.

"The Kumeyaay are not asking for anything more than the same respect and the same cultural respect almost every other faith enjoys," Holm said.

The Kuyemaay groups and their allies

say the pre-construction blasting to replace the steel fence already at the border is not only desecrating their sacred burial sites, but also preventing their children from accessing sacred educational and cultural locations, such as Tecate Peak, Jacumba Hot Springs and Table Mountain.

A tribal historic cemetery in Jacumba is also along the path of the planned construction. The project involves trenches at least 8 feet deep.

CBP and Army Corps of Engineers need to access 20 to 30 miles of access roads around the project in order to build the 14 miles of new border wall, Holm said.

"They're bringing in big trucks and bulldozers and trenching machines and port-a-potties and office trailers," he said, adding none of the surrounding access areas have been surveyed for their historical and tribal significance.

The specific area under dispute is near Campo, which is about 56 miles east of San Diego and 46 miles west of El Centro in the border region south of the Laguna Mountains, according to the filing.

Since March, ahead of elections and amid the coronavirus pandemic, the Trump administration has accelerated wall construction by claiming it is essential work. It increased spending from \$11.1 billion to \$15 billion, awarding more than \$1.7 billion in new contracts.



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\*Tribal TANF is a program for Native American families residing in San Diego County and select areas of Santa Barbara County. One member of the household must be able to provide proof of ancestry with a Federally Recognized tribe or provide proof of descendancy from the California Judgment Rolls.



REMEMBER TO VOTE:::

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## We are an Indigenous Family Forever

by Kenneth G. White Jr.

We are so fortunate to have family in our lives. Grandparents, Parents, Brothers and Sisters, Uncles and Aunts, Children, Grandchildren, Great Grandchildren, and other family. Take a moment and reflect on those in your family who have positively impacted your lives. We all have that special someone who was there for us during our time of need, who gives us advice and guidance, who provides a different perspective, and who loves us unconditionally. There are also special family who accept you for who you are. They do not judge you, gossip about you, be nice to you in front of you then talk behind your back. They are genuine. These family members are real people and incredibly special.

There is also that special blood line you carry from your ancestors that still vibrates in your heart, mind, and soul that makes you who you are. Your identity. Your indigenousness. Your Warrior Spirit. This blood line is an immeasurable gift from your family ancestors that never dies, it is always in you. It's like the ancestors are saying "Here you go my child. This is me and I'm giving it to you. Carry it on in your daily life. Let it make you strong and resilient." These ancestral gifts to you may be a family heirloom, a song, a prayer, a story, a picture, a conversation, a feeling of security and love from a cherished memory.

Equally relevant members of our family are the gifts from Mother Nature. Mother Earth and Father Sun. The animal world. Water and air. The trees, mountains. rivers and oceans. These beautiful creations by the Creator are right in front of you every day and are both blessings and protection for you in your daily life. Honor them. Talk and pray to them. They are living spirits ready to give you a physical, mental and spiritual uplift during your time of need, just like a human family member. These gifts from Creator through Mother Nature were here thousands of years before you, your life is just a speck of time, and they will be here thousands of years after you leave this earthly dwelling. Acknowledge and respect these God given gifts. Absorb them in your everyday essence and foundation. Your existence. They are beautiful beyond words.

Rise above the everyday manmade circus of politics, lies and deceit to a new level of understanding about yourself and practice self-care and self-awareness for you. Nobody else, for you. Why? Because you are worth it. Define your inner circle and protect it from manmade intrusions but open it to spiritual value and happiness. You are God's gift to your family, and you need to be at the top of your game, so to speak, to make a positive contribution to those you love and care for in your daily life. If you do not care for yourself, no one else will.

Rejoice in the accomplishments and good fortune of other family members. It is characteristic of some, based upon an imposed colonial misrepresentation and "me" type attitude, to be jealous rather than happy for others who do something good. Try to understand the essence of what unconditional love means. It doesn't mean I love you when you fail, but don't like you when you succeed. It doesn't mean I have Indian values right now, but white man values later just because you do something good or accomplish what I can't. It means I love you at all times no matter what. It also means I rejoice in your accomplishments and success from a collective Indigenous viewpoint and value system our ancestors and elders would want us to apply in practice every day.

Recognize your personal and professional God given gifts. Don't doubt your-self. Realize yourself. You are one of a kind. There is nobody in this world like you. If you are a student, staying up late to do your homework, think about walking across that stage when you graduate and how happy you will be through your effort and hard work. If you are a parent, think about how the sacrifices your making is making your children happy and healthy. If you are an elder, think about the lifelong accomplishments you made for your family through your love and grace. If you are a worker, think about how you are contributing to your family, community and tribe. Self-doubt is a condition you impose on yourself. Change this mind set to self-worth, self-

**SEE Indigenous Community, page 10** 

#### New Bishop Visits Soboba Sunday September

The Mass began with the seven Tribes Soboba/ Santa Rosa/ Coahuila Anza/ Santa Rosa

by Robert Bettencourt

Torres Martinez/ Pechanga/ and Agua

Caliente dignitaries present with a six man Knights of Columbus escort. Bishop Rojas is learning about the diversity of his new Diocese of San Bernardino which goes from San Bernardino to Bligh California and South to Thermal and Needles where he will be next Sunday. He also got a cake and a Ribbon shirt for his visit.



Left Bishop Alberto Rojas San Bernardino/ Father Earl Henley Pastor/ and Knights of Columbus escorts





#### **Mel Vernon**

Continued from page 1

and Giving Spirit ... that makes good things happen!!

He continues "Learning the chords to simple folk songs and being in a band can start a journey that leads to commitment and discipline to show up and do the work in order to have a good performance"

Mel Vernon has ridden the musical waves that have taken him on a wonderous journey Music has taken me to places I probably never would have gone to: Bangkok ,Grand Cayman, Hawaii, Cancun Mex. and as well as The 1996 Olympics in Atlanta

"Today as I drive down some of the streets in Escondido I see the garages I

used to rehearse in back in the 60's and 70's"

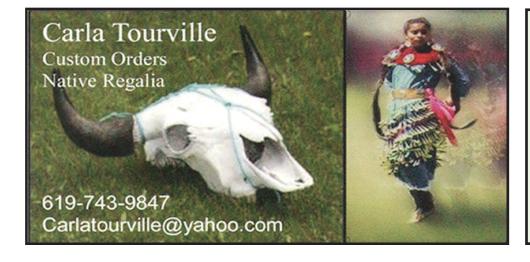
Like a time machine ... the memories come back and in my head the songs are still playing !!

It was a good run while it lasted and then back to playing local venues

Today because of Covid ... gigs have basically stopped for most of the bands."

Happily the music that soothes the savage beast has refused to be silenced. Mel and his associates have teamed up and formed the Starfires, a spirited vintage band. (see ad on back page). As lead guitar for the band Mel will continue to share his passion for music with other masters.

As lead player for the Starfires band he is back on the launching pad with a smile on his face and a song in his heart.



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#### Will the San Diego NAACP Go Backwards? And Take San Diego's Black Community With It?

No one needs to tell you it's an election year, and government elections are not the only elections that shape the future of a community. Local and national organizations, like the 111 year old National Association for the Advancement of Colored People - the NAACP - are holding elections, too. And the future of the Black and oppressed community hangs in the balance. Will we go forward or backwards?

I was elected President of the San Diego Branch of the NAACP in 2018, after being 1st Vice-President. Before that I was on the Executive Committee as the Chair of the Health Committee. I joined the NAACP - again - because Judi Patterson of Mental Health America, then Chair of the NAACP Health Committee, whose work in the community I have respected for many years, asked me to join. Dr. André Branch was the President at the time. His tenure of office was not without conflict and controversy. Then again, neither was mine, but for different reasons. When Dr. André Branch turned the NAACP over to me, he pointed out that when he became president the NAACP only had \$11,000 dollars. When I took over the NAACP had more than \$50,000 in the treasury. Not

When I became President I thought it would be a good idea to carry over some seasoned members of Dr. Branch's Executive Committee. These were people who knew the organization and had a track record of working with the NAACP. Instead of supporting the new direction of the NAACP, many of these people got in the way and sewed confusion and dissension and did NOTHING to help the NAACP. Among them, the only fundraising group we had, The Freedom Fund Dinner Committee, including Petrina Branch (Dr. Branch's wife and a former

NAACP President herself), Diane Langworthy, Brittany McKnight and Khalada Salaam-Alaji, resigned wholesale. They apparently thought they would cripple my administration and leave me with no money to serve the community. But we did serve the community and we continue to serve the community. We took on San Diego Unified School District on behalf of Black and Brown students, filed suit against the San Diego Housing Commission for Section 8 voucher relief, and helped any number of people in the community with issues related to illegal discrimination, to name just some of the work accomplished. By the end of my time in office there was more than \$80,000 in the treasury and the NAACP San Diego Branch had what many people described as the most spectacular Freedom Fund Dinner on record.

At the end of 2019 I was suspended from the NAACP, under dubious circumstances, by Alice Huffman and the State and National NAACP for reasons they have never explained to the San Diego Branch nor me. In the short time in office I was told frequently that the NAACP was more respected in the community and in all of San Diego because I and some committed members of my Executive Committee, like then Vice-President now President Francine Maxwell were very active in the community and on the legal and activism front.

Now, with nearly \$200,000 in the treasury, there is an apparent coup going on at the NAACP.

It appears that Alice Huffman is back peddling influence in San Diego's Black community which she has not in my time in San Diego's NAACP spent any time working with or supporting, at least no to my knowledge. I have been told she is "taking over the elections" but I can't find

anything in the NAACP Constitution that gives her the right to do that. Is she trying to get control of the money in the San Diego treasury? That would make sense, considering how much money the State NAACP has owed her in the past.

The 2020 NAACP Nominating Committee, elected on Thursday, September 3, 2020 is made up primarily of the same people who QUIT last year, but wouldn't get out of the way. If you have been paying attention for the last year, you probably won't recognize many of these people. These quitters haven't done anything for the NAACP in many months. If you haven't been paying attention, go to the NAACP website, look through the minutes and reports and see if you can find their names among the workers. They will be hard to find.

NAACP President Francine Maxwell, who has raised more money for the San

Diego NAACP than ever before, deserves the chance to take the NAACP to the next level with her slate of candidates for the 2021-2022 term. She is the hardest working NAACP president I have ever seen and the respect she has earned for the NAACP shows this. If you are a member of the NAACP you must go to the next NAACP meetings in October and November and nominate and elect the next generation of NAACP leadership. If you are not a member of the NAACP and you really want to build a powerful Black organization, this is the time to join the NAACP to learn more about the work President Maxwell has done and is doing, and vote for Francine and those who will help her, not hinder her, in making the NAACP even greater. Let's keep moving forward.

Peace. Clovis M. Honoré Social Justice Editor

#### Long-Awaited Win for Water Protectors: Standing Rock Civil Rights Class Action Against Excessive Force by Morton County Sheriffs Moves Forward After Four Years

In a victory for the Standing Rock Sioux Tribe against the Dakota Access Pipeline, U.S. District Judge James Boasberg ruled July 6 that DAPL pipeline operations must shut down while the government conducts a full-fledged environmental analysis examining risks posed to the Standing Rock Sioux Tribe

The Oceti Sakowin — the Lakota/Dakota/Nakota Sioux Nation — courageously battled construction of

**Roots and Acorns** 

BURIALS AT THE PRESIDIO Following 18-years of political resist-

by Abel Silvas

DAPL to protect their lands and waters, their sovereignty and the lives of future generations, and to protect the great Missouri and Mississippi Rivers. Indigenous peoples from throughout the Western Hemisphere went to Standing Rock. Supporters came from all over the world. "Today is a historic day for the Standing Rock Sioux Tribe and the many people who have supported us in the fight against the pipeline," said Tribal Chairman Mike Faith. "This pipeline should have never been built here. We told them that from the beginning."

The Water Protector Legal Collective will continue to fight for justice."

Contact: Rachel Lederman or Natali Segovia, Water Protector Legal Collective defense@waterprotectorlegal.org or director@waterprotectorlegal.org



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#### **ALAN LECHUSZA AQUALLO**

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# ance, now the names of those buried in San Diego Presidio's Cemetery within Presidio Park have been prominently posted. Pioneers from several nations, as well as Natives peoples, are represented in the honest burial records from 1775 through 1831. Nearly 300 names are formally entered in the Spanish Mission's Parist President Theorems and the second services are several associated and the second services are several associated and the second services are several associated as a second service and services are several associated as a second services are several associated as a second service as a sec

Burial Register. These are people who dedicated their lives to creating this community. The graves have remained

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unmarked for two centuries, actually preserved by benign neglect. City Parks administrators recently acceded to publicly posting the entire burial list near the cemetery. Abel Silvas and Paul Chace posted the list of those buried there (Produced by the Presidio Heritage Trust Citadel Newsletter, Vol. 3 No. 3)

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# VOITE LIKE YOUR RIGHTS DEPEND ON IT.

## By Voting, You Will Keep Your Eyes Firmly On The Prize!



by Dr. Willie P. Blair, State President of BAPAC

It was on November 4th in 2008 when ABC News Anchor man Brian Williams made the following statement, "

Ladies and Gentlemen I have a historic announcement to make, it is now 8:00 P.M. Pacific Standard Time, the polls have now closed in California and Barack Obama has just been elected President of the United States!"

While this statement caused unbridled joy in many, many quarters, it also aroused an all to familiar disdain in many others. Was the election of Barack Obama the so called, but ever elusive "Prize" that the struggles of the Civil Rights movement of the 1950's and 60's prophesied would someday be realized? Or, was it once again a tantalizing, yet mirage of a dream still deferred? And if the 2008 election of Senator Barack Obama to the highest office in the land did not deliver the long awaited "Prize", then surely the re-election of President Barack Obama in November of 2012, would surely overcome 400 years of

interposition and nullification for Black people.

Let it be known, that after almost four years after President Barack Obama and First Lady Michelle Obama made their solemn departure from the most famous address in the world, 1600 Pennsylvania Avenue, Washington, DC., the so called "Prize" is about as far away from realization in the Black community is the planet

Pluto from the Sun!

But before we go any further let us first define the term "Prize!" Is the Prize what the venerable Civil Rights leader the Rev. Dr. Martin Luther King, Jr., once described as "All of God's Children Being Judged By The Content Of Their Character, And Not By The Color Of Their Skin?" Or, is the "Prize" a high influx of Black families and individuals rising to middle class status in a majority of the neighborhoods and communities throughout this nation, the correct answer? And what about the public and private treatment disparity between Black People and White People in American being greatly lessened, or altogether disappearing, will that do the

The answer is all the above. And then some! Which is why the Black American Political Association of California (BAPAC) is strongly urging each registered voter to vote, and vote with enthusiasm and pur-

pose on November 3rd! In Joe Biden you will find a former Vice President who for eight years worked on that portion of the "Prize" in the Obama Administration that made sure that each American, regardless of

race, color or creed, had

equal access to quality health

care under the Affordable Health Care Act. Working with then President Obama, Joe Biden helped to ensure that the "Lilly Ledbetter Act" was signed into law, which mandated that women be paid the same amount as men in doing the same job or task. Again, a very important piece of the "Prize."

And on November 3, you will keep making history and keeping your eye on the "Prize" because in voting for Joe Biden, you are also voting for a Black woman for Vice President. And that will be in the person of the immensely gifted and greatly qualified junior U.S. Senator from the great state of California, The Honorable Kamala Harris! Who in her

own right, is a highly heralded graduate from one of the most renowned, Historically Black Colleges and Universities in the nation, Howard University of Washington, D.C. And let us not fail to mention her active membership in one of the most time-honored Black sororities in the nation, Alpha Kappa Alpha Sorority!

Unify ... Take a break from the margin pushing, dysfunctional, pseudo, intellectual cancel culture, gender, race, 2+2=5 issues until after the election.

And for all of you who will cast early ballots with your vote on November 3rd, vote "Yes on Proposition 16!" Proposition 16 would amend the most terrible piece of legislation ever visited upon the heads of Black people in California. And that was Proposition 209 in 1996, which made it illegal to use race as a determining factor in contracting, job hires, and job placement considerations. Voting (Yes on Proposition 16) would greatly increase the educational and economic advancement of Black people in California! And as it has always been known, as California goes, so goes the rest of the entire nation!

In summation, on November 3rd, Vote "Yes to the Biden/Harris Presidential ticket". Vote "Yes on Proposition 16!" Say Yes, to "Keeping Your Eyes Firmly On The Prize!"

#### Nov. 3, 2020 Presidential General Election





The San Diego County Registrar of Voters is reminding you to Vote Safer at Home. All active registered voters will receive a ballot in the mail for the presidential election.

Ballots will start going out the week of Oct. 5, giving you nearly a month to make voting decisions and complete your ballot in the comfort and safety of your home. Seal your ballot in your postage paid envelope, sign it, date it, and return it by mail promptly so it is received well before Election Day.

You can now track your mail ballot every step of the way by signing up for "Where's My Ballot?". Sign up at sdvote.com.

#### What if you need to vote in person?

The Registrar's office urges you to take advantage of early voting:

- 8 a.m. to 5 p.m., Monday through Friday starting Oct. 5 at the Registrar's office.
- 8 a.m. to 5 p.m., Saturday, Oct. 31 through Monday, Nov. 2 at your assigned polling place or the Registrar's office.

The Registrar's Office and polling places will be open 7 a.m. to 8 p.m. on Election Day, Nov. 3.

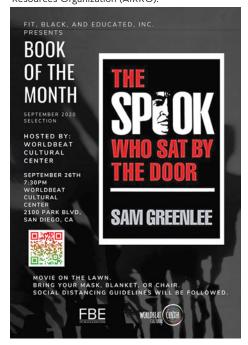
If you decide to vote in person, be sure to wear a face mask or covering, bring your mail ballot with you and prepare for long lines. There will be fewer polling places, so your location has most likely changed.

The Registrar especially encourages older adults and people with underlying medical conditions to avoid long lines and crowded polling places by voting early.

For more information call 858-565-5800 or toll-free at (800) 696-0136. Learn more at sdvote.com

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Reclaiming the Classic Novel and Film, "The Spook Who Sat By the Door"

### Heleena Mariah Mosley Overcomes Bias Creates KALIFIA

My name is Heleena Mariah Mosley and I am the creator of KALIFIA Facebook Page & Group in San Diego. Our page is currently focused on projects in San Diego, but we connect with photographers and models throughout SoCal & NorCal. KALIFIA SD actively promotes cultur-

al awareness and accurate representation of the Black, Brown & Indigenous community in California.

With my mother being Black & my father being Black and Kumeyaay (Viejas), I've personally struggled with inclusion and discrimination. My love for my communities and passion for art led to the creation of KALIFIA, after working for San Diego County Library for 6 years. When I originally started modeling, I started to recognize the cultural appropriation, colorism, tokenism and lack of resources for models that looked like me. From there, I

wanted to create opportunities in the fashion & modeling industry for aspiring and professional models of different cultural backgrounds.

Our networking groups were designed to connect with other creatives (photographers, models, etc) and create better access to modeling/entertainment opportunities for future collaborations. In February, we

started the VELOCITY Runway Show & Networking Mixer in Gaslamp, where models participated in a fast-paced fashion show promoting brands created by Black, Brown & Indigenous business owners. Sabrina Joi worked as the creative director over this event at the Morning After restaurant in Downtown San Diego.

With our FB page, we highlight work from different cultural backgrounds and try to inspire our followers to make/share content that brings awareness to social justice issues, such as the Black Lives Matter Movement (BLM) & the Murdered and

Missing Indigenous Women Movement (MMIW). We recently worked with the Photographer Nate Barrett (Viejas) for a Black Ndn Photoshoot with Cha'Ta Jacobs (Viejas), celebrating her Black and Indigenous heritages.

Our Kumeyaay Photographer Elizabeth Fabian is currently looking to do a photoshoot with indigenous models and our partners at the San Diego Film Industry, are looking for indigenous models as well. We will be coordinating the Fashion portion of the San Diego Entertainment Festival, Gala & Awards in the summer of 2021. We will be looking for models and also any creatives looking to submit work for the Indigenous Film Award.

We use our platform to provide resources and connections, to promote Black, Brown & Indigenous owned businesses. And we're so very excited with our upcoming plans for KALIFIA in 2021! We are open to collaborating or assisting with projects in the San Diego County area and looking forward to meeting new creatives in the Indigenous community.

by Makeda Cheatom

This is the all-time classic book, that activist book turned into a movie. Spook inspired most of the young activist groups to organize and centralize against the racial injustices to Black people. As Greenlee said the best weapon we can have is "Black unity".

Over the course of his career, Sam Greenlee has been a novelist, poet, screenwriter, journalist, teacher, and talk show host. Born in Chicago on July 13, 1930, by age fifteen, Greenlee participated in his first sit-in and walked in his first picket line. His social activism continued throughout his life.

When it was published 45 years ago, Sam Greenlee's novel The Spook Who Sat By the Door got a lot of media play. The book centered on a conspiracy theory — a popular trope of fiction at the time — not so surprising, as government-sanctioned spies had been surveying black activists for years, thanks to J Edgar Hoover's COINTELPRO program. But in this book, the conspirators were black and bent on correcting a system they saw as racist and corrupt.

In writing Spook, Greenlee drew on

his own background in the US Foreign Service.

Fit, Black, and Educated San Diego (FBE) and WorldBeat Cultural Center are proud to bring you a great event! You are invited to a scheduled in-person discussion of the book and film adaptation of the The Spook Who Sat By the Door by Sam Greenlee, on September 26th at 6:30pm. This will be followed by a viewing of the classic film version of the book. This will be a socially distanced event and will have limited seating. All guests must bring and wear a mask.



**Native American Artist** 

TR Whitefox Kiowa Tribe of Oklahoma

760-638-0580

Email: redroxwhitefox@yahoo.com

at noon.

Roll Number: KO4908

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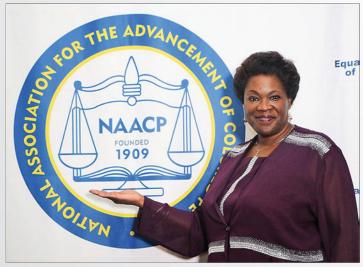
Visit gridalternatives.org/sandiego to learn more

# PERSPECTIVE from PEACHE

Photos Rochelle Porter

# Francine Maxwell I HONOR YOU FOR ALL YOU DO





Francine Maxwell is the San Diego NAACP Chapter President. I honor her because she could have turned it down but as Vice-President she choose to step up on short notice. Francine Maxwell is the best choice as President for the NAACP of San Diego. She is a natural fighter for injustices and following the rules. She doesn't make them up as she goes along the NAACP bylaws is how she goes about doing her job. Some of us may not always agree but, most

of us want things to be by the book. Because of her dedication and commitment to the NAACP and fighting for the members and her community you have to take you hat off and thank her and stand by her side against any and everything that is trying to take our leader away. In spite of having a full plate already Francine makes a way to work, work and work.

Francine Maxwell has built up member-

ship to the NAACP like we haven't seen in years

because she is trusted and a known fighter. We are always looking for help in one way or another and if you call upon Francine



Maxwell she will either help you or guide you to the best helper that she can find for you. She doesn't pretend to be a know it all and has not problem asking for help when needed. Francine will pick up that phone and do her best find who and what you need who could ask for anything more from a leader in such an important position. Thank you fearless leader you are needed more than ever right now. What are you doing to help her help our community?



# IWBL Goes Worldwide

IWBL launches on European satellite for the first time bringing urban basketball to Europe.

U.S. Urban 3 on 3 Pro Inner City Basketball Goes World Wide (The International World Basketball League "IWBL")

Inner City Street Basketball makes its way to the world media via UATV a new U.S. urban network and the European Satellite "Hot Bird". IWBL, 3 on 3 Professional Basketball looks like street basketball because it comes from the streets of urban cities in the United Streets. Nothing fancy, just the fast new

entertaining IWBL basketball game. You will find 3 on 3 basketball wherever there is a vacant street, vacant lot, a park or any open space were people can play the game.

The IWBL is the first international basketball league where teams represent the regions of the world. The United States is no longer the focal point for participation. (See list of teams http://www.iwbl.org) The new IWBL 3 on 3 basketball game with its new rules is exciting and any one can own an IWBL franchise. The league will provide players from the tens of thousands committed urban basketball players looking for a chance to play for the IWBL.

Players were recruited from the streets of the United States. These players have played for great high school teams, colleges and semi pro teams around the world. You may ask yourself, whatever

happen to a talented player. You will see a lot of these players on IWBL teams.

During the fourth season the IWBL player will be joined by player from all over the world. IWBL is truly an international basketball league.

The IWBL 3 on 3 Professional Basketball is played on a modified full court with two eighteen minute halves and two referees. The game has a three-point line, a five-point line called the "I Zone", and no foul out rule. The no foul out rule means that after the 5th foul on a player, the next foul he gets will result in 2 shots plus the team gets the ball out of bounds. There are two time outs each half per team. Three is a second lane violation. With the IWBL the center no longer dominates the game; the five point shot becomes the determining factor.

The games also feature two very colorful presenters, namely Toney Smith and Kirk Sinclair, being both witty and with great on air rapport and more importantly they know the IWBL 3 on 3

games.

The IWBL transmission on the European satellite "Hot Bird" has a downlink pattern that covers mainland Europe, Eastern Europe, with limited coverage of Russia and North Africa that will enable viewers to see the IWBL games from the United States for the first time.

The International World Basketball League (IWBL) Games will be aired over a thirteen-week period including playoff and finals

The European transmissions services are provided to the IWBL by Uplink Facilities Organization in the UK and their partners.

New World Motion Picture Studios, Los Angeles, California owns the IWBL, and is represented by the CEO, Mr Emmett Cash, III and the Emmett Cash Eamily

New World Motion Picture Studios A Division of Emmett Cash, III and Associates P. O. Box 470586-0586, Los Angeles, California 90047

Telephone: 310-680-0700, E-mail: ec3nwmps@sbcglobal.net Contact: Emmett Cash. III

Gresh Smile

#### C.D. Ma.Teresa Quintana M.

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iiiPREVIA CITA!!!

I am no longer accepting the things
I cannot change
I am changing the things I cannot accept

**Indian Voices • October 2020 Indian Voices • October 2020** 

## Why Compost?

by Teresa Moore

Just like our body uses good bacteria, such as probiotics, to help digest our food and keep the gut healthy, living soil needs helpful bacteria and fungal threads to create healthy garden soil for growing plants. Soil bacteria and fungi serve as the "stomachs" of plants. They form symbiotic relationships with the roots to help "digest" vital nutrients, including nitroger and phosphorus, plus protect plants against pathogens, and increase the efficiency of water absorption. When you mix organic compost into your garden soil and then measure one teaspoon of that soil, you'll find 100 million good bacteria plus 800 feet of fungal threads. These helpful bacteria and fungal threads from compost also have the potential to eradicate pollutants from the environment of most plants. Fungal filaments not only channel nutrients and water back to the plant cells, they connect plants and actually enable them to communicate with one another and set up defense systems.

Precisely as we have unwittingly destroyed vital microbes in the human gut through overuse of antibiotics and highly processed foods, we have recklessly devastated soil microbiota essential to plant health through overuse of certain chemical fertilizers, fungicides, herbicides, pesticides, failure to add sufficient organic matter (such as compost), and heavy tillage. These soil microorganisms, particularly bacteria and fungi, are necessary to cycle nutrients to our food, and ultimately to our body's health. Reintroducing the right bacteria and fungi to facilitate the dark fermentation process in depleted and sterile soils is analogous to taking targeted probiotics to restore the right microbiota deep in our digestive tract.

Compost benefits the soil in many more ways as well, when added to soil as an amendment it improves the texture perfectly for sowing seeds. It will enhance drainage by loosening compacted clay soils plus make it more friable, compost especially improves water and nutrient



retention in sandy soil. It can also be used as a mulch to prevent weeds, protect from temperature extremes, slow the loss of moisture, and provide consistent release of nutrients. When we compost, we're diverting valuable organic material from be wasted in a landfill.

Composting is a way to speed up the natural process of decay. In a compost bin you manage the oxygen, water, "food", and temperature in order to speed up an otherwise slow process. There are numerous sites online that provide free compost bin plans. One of the best methods is using three compost bins to be able to have various stages of composting going on simultaneously. Spinning compost bins can be made from large 55-gallon plastic drums. Although a homemade compost bin requires some work, it is generally less expensive in the long run than retail bins. Homemade compost bins can be constructed from just about any material such as old wood pallets, scrap lumber, cinder blocks or chicken wire. One of the most important considerations when constructing a compost is its location. Choose an open, level area with good drainage and partial sun or shade. Too much sun can dry the pile out, while too much shade can keep it overly wet. Finally, avoid areas where animals can get into your compost, and make sure it's easily accessible for your gardening needs.

As I've mentioned, the three compost bin method gives you more control in managing the process and is highly recommended. Start your first compost bin by feeding it with a balanced mixture of

browns and greens. Browns are high carbon materials such as; dried leaves, straw, paper, sawdust, and dry woody plant material. Browns decay very slowly, and course browns can keep the pile aerated, they can also tie up nitrogen in the soil if not fully composted. They tend to accumulate in the fall, so you may need to stockpile until you can mix them with the greens. The greens are high nitrogen materials like; veggie scraps,

fruit peelings, garden plants, grass clippings, and coffee grounds. Greens decay rapidly. They have poor aeration and may have foul odors if composted alone, so it's best to always mix them with browns.

Begin with the first of your three bins by feeding it with alternating layers of browns and greens, a little water and mix it by turning once a week. It will be time to start a new first bin after about a month when you have a good size pile decomposing, then that will become the second bin and you will stop feeding, but continue turning and watering. When the compost no longer heats without mixing, allow it to cure, (stand without mixing), for at least 4 weeks before using the compost. This is now the third bin, with no feeding and no turning for one month until it has completely matured. It's very important for bin one and two to be turned /stirred at least once a week, to insure even decomposition. This also gets oxygen into the pile, by mixing in fresh air. Warm air is rising and it's important to draw in fresh air from the bottom and the sides to stimulate aeration with cool air that is oxygen rich. Rapid decomposition requires optimum water content, the compost needs to be watered. If it is too dry, bacteria activity will slow or cease, if it is too wet, loss of air in the pile will lead to anaerobic conditions. With the proper amount of water, the compost should feel as wet as a squeezed out sponge. It's best if the compost pile is kept between 55°F to 140°F, temperatures above this amount are too hot for most bacteria and decomposition will slow until the temperature decreases. A thermometer

can help, but is not an essential tool. Keep in mind, the three bins will rotate

as to which is being fed after you've used the finished compost. The look of mature compost is dark brown, crumbly, loose, and hummus like. It smells earthy and has no recognizable inputs, the pile will have shrunk to about 1/3 of its original size. When the third bin of mature compost is transferred to the garden, that third bin will become the first - starting a new pile being fed and turned, and then you'll stop feeding your original first bin and it becomes the second that's only being turned. That leaves your second bin to sit for one month without feeding or turning. It may take a couple seasons for your compost to be ready, for example if you start your compost in the spring, it'll be ready for your fall garden. Another important note is, no composting directly under trees and don't amend soil right before planting a tree. Soil can only be amended several months prior to planting trees. Composting will create healthy bacteria and fungal threads to make healthy soil, and you will still need to add fertilizer for the nutrients. Only use herbivore's manure, like chicken, cow, or horse, manure from meat eating animals can be problematic for the health of the

There's a couple of simple tests to make sure that your compost is finished. The first is the bag test, where you seal the compost in a plastic bag for several days. This should produce no foul odor. The germination test is to see if seeds will germinate in the compost, this is an especially good test when using compost as a potting mix. Be sure the compost is mature and has an earthy smell (no ammonia or rotten smell), it looks dark and crumbly, with no recognizable feedstock.

Using your finished compost. Mix your compost into the top 4 to 6 inches of soil, working in no more than a 2 inch layer of compost. Enjoy your healthy living soil and the delicious nutrient rich food from your

> the weight of concrete. Sustainability

Hemp can be used to produce strong, durable and environmentally-friendly plastic substitutes. Thousands of products made from petroleum-based plastics can be produced from hemp-based composites.

It takes years for trees to grow until they can be harvested for paper or wood, but hemp is ready for

# Moringa, the Miracle Tree

2010

MORINGA SUPPER FOOD

folate and ascorbic aci-

B2 (riboflavin) B3 (niacin), B-6

by Jesimarie Rodriguez

Have you been feeling depressed, anxiety, or fatigue? What if I told you Moringa can help you.

Moringa oleífera, the "miracle tree", is often used to help stabilize blood sugar levels, for its' dense nutritional value, and its' anti-inflammatory effects. However, much research is

being put into the potential anti-anxiety, depression, and fatigue effects of moringa.

Just imagine the process of how this healing works. When a person is emotionally imbalanced it's a deeper issue than just the mind. These emotions are more like side effects, your body crying out for help to an interior

It is said that the powerful antioxidants found in Moringa extract might help prevent cardiac damage and have also been shown to maintain a healthy heart. Moringa's ability to clean the entire body even toxicity in our bloodstream. This can result in reducing high blood pressure, helping aid and prevent diseases such as cancer, diabetes, bacterial diseases. Moringa is also said to strengthen bones which can give you the energy you need to take away that fatigue feeling.

Wellness Corner

During your seasonal cleanse,

Moringa is said to be very beneficial

for the respiratory system, reducing

the severity of some asthma attacks

constrictions. It has also been shown

to assist with better lung function and

Moringa is usually found in health

leaves for tea. For the next 2-3 weeks

we'll be harvesting from our Moringa

opportunity to pick up yours fresh or

(2100 Park Blvd, San Diego, 92101).

dry. You can pick up your order Fri-

stores as a supplement or as dry

trees and you'll have the

and protect against bronchial

breathing overall.

This fall, strengthen your immune system, eat vegetables, and know your preventative herbs. If you can't afford to buy your vegetables organic either grow them or buy them at your local farmers market around town. Also, check out and see if there are community garden plots

available in your area. Now is the time to plant your fall and winter crops even if you don't have a garden, use a planter box or even a bucket.

You should always eat what's in season. You don't need to eat plums and peaches in the winter flown in from Costa Rica or Chile. Always be aware of your carbon footprint. This would help climate change by not flying in fruits and vegetables that are not growing in your area. And again, we need to eat the foods that are grown in our local area and in the season. We are going into fall so it's a good time to plant your fall/ winter veggies and medicinal herbs.

Get ready to do a juice cleanse for at least one or two days to clean out the toxins in your body temple. We are living in a

constipated nation in the mind and colon and a colonic will be an excellent way to cleanse your body temple.

A new juice company in San Diego has opened called "More Life. It is owned by Black women and I suggest you check out their juices and cleansing programs or come to the One WorldBeat Cafe where we have a garden and 15 Moringa trees loaded with all the vitamins your body needs. They're ready to harvest and put fresh in your smoothie, juice, or salad. Fresh juices are an element tool in restoring health to fatigue and a sick body as well as an immune boosting and balancing practice for a healthy individual. Keep your colon clean.

Here's some of the vegetables you can start planting now for the

Beets, Broccoli, Brussel Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chives, Collards, Favas, Kale Leeks, Lettuce, Mustard, Onions, Parsley, Parsnip, Peas, Radish, Rutabaga Spinach, Squash (winter) Swiss Chard, Turnips, and Winter Zucchini.

Be safe, be still, and please take care of your body temple.

Makeda Dread Cheatom, Executive Director WorldBeat Cultural Cente



Our Cultural Mask Fundraiser continues. Please eep WorldBeat Cultural Center, the Mothership representing Equity, Diversity and Inclusion going. Your upport also supports our local seamstresses. We have 2 style options for you: our African prints and our WorldBeat branded mask with three-layer protection. The new African print masks also come with the option of adding a matching head wrap. From all of us at the WorldBeat Center, thank you! Ubuntu, we exist because of you! You can place your order by calling 619-230-190 or the following link https://bit.ly/3ewKGGA



species (including corn) that water pollution caused by can be grown in a wide Cannabis Hemp (also range of climates and

619)230-119

Uber

known as Indian Ĥemp) has enormous potential to become a major natural resource that can benefit both the economy and the environment.

soil runoff.

Hemp seeds contain a protein that is more nutritious and more economical to produce than

soybean protein. Hemp seeds are not intoxicating. Hemp seed protein can be used to produce virtually any product made from soybean: tofu, veggie burgers, butter, cheese, salad oils, ice cream, milk, etc. Hemp seed can also be ground into a nutritious flour that can be used to produce baked goods such as pasta, cookies, and breads.

Hemp seed oil can be used to produce nontoxic diesel fuel, paint, varnish, detergent, ink and lubricating oil. Because hemp seeds account for up to half the weight of a mature hemp plant, hemp seed is a viable source for these products.

Just as corn can be converted into cleanburning ethanol fuel, so can hemp. Because hemp produces more biomass than any plant locations, hemp has great potential to become a major source of ethanol fuel.

**US History** 

From 1776 to 1937, hemp was a major American crop and textiles made from hemp were common. Yet, The American Textile Museum, The Smithsonian Institute, and most

American history books contain no mention of hemp. The government's War on Drugs has created an atmosphere of self censorship where speaking of hemp in a positive manner is considered politically incorrect or taboo.

United States Presidents George Washington and Thomas Jefferson grew hemp, used products made from hemp, and praised the hemp plant in some of their writings.

In the last decade hemp has been widely promoted as a crop for the future. This is stimulated by new technologies which make hemp suitable for industrial paper manufacturing, use as a renewable energy source (biofuel), and the use of hemp derivatives as replacement for petrochemical



### **Hemp Could Save The World!**

by Makeda Cheatom

On an annual basis, 1 acre of hemp will produce as much fiber as 2 to 3 acres of cotton. Hemp fiber is stronger and softer than cotton, lasts twice as long as cotton, and will not mildew

Cotton grows only in moderate climates and requires more water than hemp; but hemp is frost tolerant, requires only moderate amounts of water, and grows in all 50 states. Cotton requires large quantities of pesticides and herbicides--50% of the world's pesticides/herbicides are used in the production of cotton. Hemp requires no pesticides, no herbicides, and only

moderate amounts of fertilizer.

On an annual basis, 1 acre of hemp will produce as much paper as 2 to 4 acres of trees. From tissue paper to cardboard, all types of paper products can be produced from hemp

Hemp can be used to produce fiberboard that is stronger and lighter than wood. Substituting hemp fiberboard for timber would further reduce the need to cut down our forests.

Housing

70% of the Cannabis Plant total weight is made up of the 'hurd' or woody inner core. This part of the plant is THC free (i.e. Hemp) and is used in housing construction. The silica leached from the soil by the plant

combined with unslaked lime forms a chemical bond similar to cement which is fire and waterproof. Hempcrete is a bio-composite made of the inner woody core of the hemp plant mixed with a lime-based binder. The hemp core or "Shiv" has a high silica content which allows it to bind well with lime. This property is unique to hemp among all natural fibers.

The result is a lightweight cementitious insulating material weighing about a seventh or an eighth of

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harvesting only 120 days after

it is planted. Harvesting hemp rather than trees would also eliminate erosion due to logging, thereby reducing topsoil loss and

### Why Black Lives Matters Movement Resonates with American Indians

by Levi Rickert

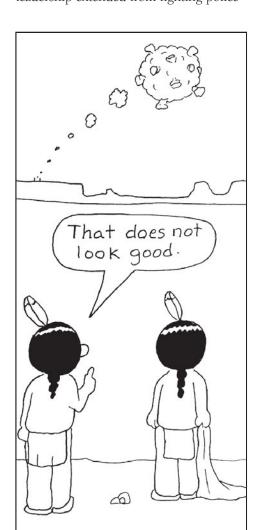
A drum from the Sisseton Wahpeton Oyate in Sisseton, South Dakota, led the people through the streets of Minneapolis on Sunday at the George Floyd Memorial. Native News Online photograph by Darren Thompson

It was a cold and windy November afternoon as I stood inside the home of Dennis Banks on the Friday after he died. The house sits on a northern point of Leech Lake in central Minnesota. As whitecaps crashed against the shore, I could see three of his grandsons replenishing the sacred fire with new firewood to keep it burning in his honor.

Inside the home family members discussed plans for his ceremony the following day and then his burial. The blue walls of his home were filled with photographs and other memorabilia from his half-century involvement with the American Indian Movement (AIM) that would make a museum curator envious.

Banks co-founded AIM in Minneapolis in 1968 to combat the police brutality of American Indians that was taking place on the streets of the Twin Cities. I looked down at a small table next to a wooden rocking chair that was positioned to look out to the lake. On the table, there was a book about the Black Lives Matter movement.

To my regret, I failed to write down the title of the book, but I remember surmising that this great AIM leader, whose leadership extended from fighting police



brutality to the Standing Rock protests, had been reading the book about another movement before he was rushed off to the hospital with a weakened heart.

The effort to fight police brutality in the American Indian community was the impetus of AIM. In November 2009, I had the honor of interviewing Banks at Grand Valley State University in front of a standing-room-only crowd. In his talk, he recounted AIM's genesis. He said that AIM founders were fed up with the large number of urban American Indians being rounded up each weekend, beaten and then hauled off to jail in paddy wagons. Often, they were made to do manual labor as part of their punishment.

Flash forward to 2020. During the past two weeks—since George Floyd, a 46-year-old African American man, was murdered by excessive police force in Minneapolis—American Indians in the Twin Cities and throughout Indian Country have shown up to support Black Lives Matter protests.

Events often have a way of removing emotional scabs that we would like to think have long healed. Floyd's death has caused this reaction for many. This past week, an American Indian friend posted on her Facebook page a remembrance of her brother who died in the late 1970s. He was arrested in a large city and jailed. While in jail, he died from what was deemed a suicide. She remembered that in the six months before his death, other 'suicides' happened in the jail.

"I thought I buried all this anger and pain but in the past week I'm drowning in it. I fear for our black and brown men, especially those that struggle with sobriety and mental health. I cry for the hate and inhumanity. Please let us do better... I don't need sympathy please, that's just fuel for my anger right now," she wrote.

During the last decade, Native News Online has reported on several deaths of American Indians who were killed at the hands of law enforcement. From 2015 to 2016, the number of American Indians killed by police doubled. According to The Center of Juvenile and Criminal Justice, on a per capita basis, American Indians are more likely to be killed by law enforcement than any other demographic in the United States.

One such story involved the killing of Mah-hi-vist "Red Bird" Goodblanket (Cheyenne -Arapaho/Cherokee), 18, who was diagnosed with Oppositional Defiant Disorder several years prior. Four nights before Christmas, on the winter solstice, Red Bird experienced an episode associated with his medical condition. His parents, to their regret, called the police so that the teen would not harm himself. Within moments of entering their home in Clinton, Oklahoma, Red Bird was shot seven times and killed by the police.

The officers involved with the killing were investigated and the killing was

**SEE BLM Matters to Native Americans, page 12** 

#### **Indigenous Community**

Continued from page 3

praise, and perseverance and resilience as an Indigenous person. Humble yourself in the presence of Creator and simply ask Him to put you in the place he wants you to be. Don't measure your personal or professional self and daily life on material things, measure yourself on your reverence and obedience to our Creator and He will provide for you beyond your limited expectations to unlimited possibilities and a beautiful physical, mental, and spiritual state of being where you feel content and safe in your everyday life.

Listen. Often times, we think we know it all and don't want to hear others. Take time to just sit back and listen to everyday people, accept what they say without judgement, enjoy the conversation, stories and words around you. Most importantly, listen to the elders. They are the wise ones. They lived it survived it and most likely are willing to pass it down to you if you will listen. Listen to your parents. Most of the time they are saying things to you for your own good, not out of spite or to hurt you. Sometimes a parent may say something, and the child will respond "I know, I know." No, you don't know kid, otherwise we parents wouldn't have to tell you. Listen and learn in a respectful manner.

Cherish where you come from. Your birthplace. Your homeland. Your tribe. Your family history. Ground yourself in a positive view of where you are rooted both physically, mentally, and spiritually. It is good to understand the humbleness, power, and presence of your origin. Be proud of where you came from, and never forget. Look at it as a blessing. An honor. A privilege. "This is me and this is where I come from." This state of mind will give you self-worth and healing in times of need. Pass this attitude on to your children so they too can rejoice in your beautiful family lineage and history.

Forgive yourself and others in your family. We all make mistakes. We all are human. You may have done something stupid or other family may have done you wrong. Yes, it hurts and comes and goes. If you don't have forgiveness you are holding onto something that can easily be let go with kindness in your heart and unconditional love for others. That is what your ancestors and elders would want you to do. Forgiving does not mean you will forget what happened, but it means you are mature and bold enough to move forward in a positive way for your own self-care and peace of mind. Forgive for your own self-healing. Throw that baggage away and put on the armor of God to be the best person you can be, to love your family, and to help the peo-

Love humanity unconditionally. Colonialism has corrupted our mentality to judge other ethnicities based upon our own biases and false sense of superiority. We are all once race in God's eyes, no race is better than another, we all bleed red, we all have one heart, we all have one mind, and we all have love in our

hearts the first day we are born and thereafter. As newborn children we were innocent and pure. Prejudice and discrimination were taught to us to make this purity we had as newborns tainted based on mankind's false interpretations, biases and cruelty. Rejoice and love our Brothers and Sisters in humanity, all ethnicities, all backgrounds, all those in need regardless of the world's colonialization and self-perpetuating norms and values far removed from our ancestor and elder's eternal teachings as Indigenous people.

Be traditional. To be traditional is to be progressive for Indigenous people. Rather than jumping on the bandwagon of the latest societal trend, the latest fad, or false politically driven atmosphere, mostly perpetuated by money and greed, reignite your traditional values and go back to the teachings, songs, and prayers our ancestors and elders gave us. Let that powerful blood line in you vibrate with honor and dignity for them and for you. Make them proud. Make the elders and ancestors cry tears of joy, saying yes that is my child. That is the Indian way. That is you. That is the indigenous way our ancestors would like us to live and teach our children with patience, grace

Stand up for what you believe, no matter what. There are day to day situations that exist for Indigenous people we need to address. It's easy to stand on the sidelines and watch others stand up. Go the extra mile to make your values and beliefs heard in areas of social injustice, discrimination, and prejudice. As native people, no one is going to save ourselves, but ourselves. Address social injustice for you, your children, grandchildren, community and Tribe. Be a Warrior with the Warrior Spirit in a peaceful effective manner for the people. Just your presence is enough to show your concern for what you believe in. Indeed, we owe it to our elders and ancestors to stand up for our sacred way of life, no matter what.

Most of all, believe in our Creator. Meditate, pray, sing, dance and love in your own sacred way. Humble yourself before His great presence and power. My dear Brothers and Sisters, take time for yourself, wake up early in the morning, breathe that fresh morning air, stand on Mother Earth, greet Father Sun, and pray your heart out for whatever you need to rejoice, respect, and heal yourself. "Pray, believe in your prayers, God hears you" my dear Dad always told us children. Years later his words and faith ring truer than ever. As Indigenous people, recognizing and honoring our Creator has been an imbedded value of our tradition and culture for thousands of years, and in today's society, there are those who try to create doubt about our tradition and culture because they want you to acquiesce to their colonialism. Don't do it. Be strong. Be yourself. Embrace your great bloodline running through your veins, heart and mind. You are indigenous. You are powerful. You are Creator's special one of a kind child He will never forsake. Never forget, we are an Indigenous family forever. God bless you all. Love you.

### **FIRE! BLAZE CA**

"If you're not from California, here are some important things you need to know about our fires:

Most of our fires are grass fires, not forest fires. In the summer, our grass turns a beautiful golden color all over the state. Rolling, golden hills will always mean "home" to me. Even if California's forests were "raked" daily, the fires would still be happening.

The state of California manages just 3% of our forest land. The federal government manages most of it. So when Trump says that California's forest land is mismanaged, think: "Congratulations; you just played yourself."

If you lived in California in the 80s, you might remember people saying that California would basically burn down every year if we did not do something about "global warming," as we called it at the time. And here we are.

California is huge. We have the world's fifth largest economy, surpassed only by the US as a whole, China, Japan, and Germany. California's economy is larger than every other nation on earth. When you hear that we're "failing" and a "shithole," that's political propaganda. Economically, geographically, and demographically, we are one of the most diverse political entities on the planet.

This means that very little you can say about California applies to the state as a whole. Life in San Francisco resembles life in London more than it resembles life in Bakersfield. Part of the beauty and allure of California is that, no matter what you want, we have it. Metropolitan cities are an hour away from rolling farmland, which is an hour away from the desert, which is a few hours away from snow-capped mountains. Get in your car and drive in any direction for a few hours and you'll see six different

Californias.

People come here from all over the world, and that's our strength. We are your future -- no one race or ethnicity has a majority here, although Latinx people have the plurality, which will soon be true for America as a whole. But even "Latinx" is a category so broad as to be almost meaningless. California was once Mexico, so people of Mexican descent have always had the demographoc upper hand, but you can't pick up a square mile of California anywhere without getting Salvadorans and Guatemalans in that mix, along with Syrians, Lebanese, Persians, Ethiopians, people from the Caribbean, Chinese, Filipinx, and so much more. That diversity has always been one of our greatest strengths. You've heard of Sutter's Mill, where gold was first discovered? It's in the town of Coloma, which was almost entirely owned by a family of formerly enslaved Black people. You can still see the son's smithy and several other historic family buildings if you go there, which I recommend that you do! The whole town is basically a California history field trip.

California has always opened her arms to the world, and it's made us stronger, better, wealthier, and more beautiful

We have nothing but love to give the rest of the United States. Well, that and our significant tax contributions (we pay more to the federal government than we get back), ports, industry, films, and music. Oh, and we produce the most food of any state. But mostly love.

So the next time someone tries to blame grass fires caused by lightning on "bad forest management," stand up for the Golden State, OK?"

\*\*California is my home state and will always hold a special place in my heart no matter where I actually live! Melissa Hillman

## IBEW & CIMC "Walking the Talk"

International Brotherhood of Electrical Workers (IBEW) and the Indian Manpower Consortium (CIMC) has been working together to put Native men and women individuals into jobs and the electricians state apprenticeship program in San Diego County and other Indian reservations in southern California.

Native individuals from the local tribes have been hired to work in the electricians' CW pre-apprentice program. The CW program is a IBEW residential program that gets individuals out to work for a job experience in the electrical field that can be used as a stepping stone to enter into the IBEW's state apprenticeship program called Joint Apprenticeship Training Committee (JATC).

Pre-apprenticeship helps the individual to see if they really want to become an electrician and have a life long career that allows the person to work anywhere in the United States and Canada.

The past year California Indian Manpower Consortium and IBEW has been recruiting Native individuals into the CW program. The following local Tribal individuals have been hired by National Electrical Contractors Association (NECA) contractors to work on the CW solar projects.

The local tribal individuals that were recently hired as CW pre-apprentice workers on projects locally from San Diego County is as follows: Jesy Siglaer-

(La Jolla Tribe), Ponciano Castellano-(Los Coyotes Tribe), Miguel Hernandez-(San Pasqual Tribe) and Pamela Harvey-(Pala reservation).

Other southern California tribal individuals being hired are as follows:
Corina Auclair- (Torres-Martinez), David Cortez- (Torres-Martinez Tribe), Carlos Suarez- (Gila River), Alejandro Suarez- (Gila River), Jericho Vivanco- (Soboba Tribe), Charles Andrews- (Chemehuevi Tribe), Ezekiel Lopez- Cahuilla Tribe) and there are another 6 Native Americans on the "To Work List" waiting list

Interested individuals recruited by CIMC are then certified as their clients then the names are referred to IBEW local hiring representative to be interviewed and approved for the hiring orientation. Wages starting out is \$14 per hour or higher depending on the interview and with benefits (health & education) will average over \$30 per hour. Plus on some jobs depending on the job location in southern California workers can get per diem for travel and lodging that can be up to \$150 per day.

Christina Arzate- CIMC workforce development coordinator III stated that CIMC can also help eligible individuals with the tools, union initiation fees and other personal needs to get started to work. If anyone is interested in this opportunity please contact Christina by phone 760-742-0586 or email; christinaa@cimcinc.com.

For advertising opportunities contact: **BLACKROSE COMMUNICATIONS**Email: rdavis4973@aol.com • Website: www.IndianVoices.net • **(619) 234-4753 • (619) 534-2435** 

# Gwendolyn Parada Chairwoman

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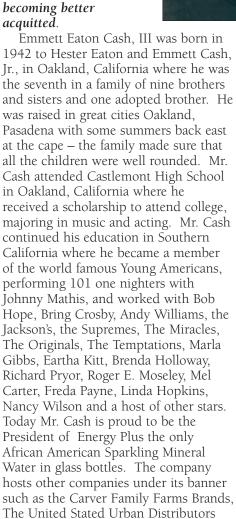
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# The Remarkable World of Emmett Eaton Cash

Indian Voices has recently had the opportunity of becoming acquainted with Emmett Eaton Cash. In the spirit of bridge and community building in the area of indigenous media, we would like to share Mr. Cash's Bio with our readers and look forward to becoming better acquitted.



Miss Black America, Mrs America, Miss World America and the Pay-Per-View television specials starring Paul Mooney have all had the touch of Emmett as producer or in a decision-

(USUD) and works closely with New

World Motion Picture Studios, which

Mr. Cash owns.



making capacity. He ran Po' Boy Production for Fred Williamson, where a large number of films were produced and distributed. He also ran Nathaniel productions for Jim Brown. Mr. Cash has worked on hundreds of productions featuring the world's greatest entertainers. He has worked in front of the camera as well as behind the camera.

Mr. Cash's first love is politics where he has made his mark. He worked for Ben Brown former Deputy Chairman of the Democratic National Committee (DNC) under the Carter Administration. Mr. has worked in various capacities in several presidential campaigns and inaugurals. He started the push for Colin Powell for President, which ended in his deciding not to run for president. For Thirty years;, he has worked in various capacities for Congresswoman Diane. E. Watson.

New World Motion Picture Studios (NWMPS) is the owner of U-VUE.TV the first intentionally direct pay per view platform that generates programming in the United States and steamed from it platform in Canada. U-VUE.TV gives programming on the platform access to the world via pay per view with not interference by nations that filter programming from some western world countries. U-VUE.TV involves the world in its programming with its ability to add languishes that are spoken by the diverse countries. The NWMPS and its extensive library of films form the 1930 – 40 plus IWBL 3 on 3 professional Basketball, new films general programming and its international programming ties, although new U-VUE.TV has become an urban American leader with content, where content is king, in the

As a world traveler, he lived in Cameroon West Africa for five years and has visited China, Vietnam, the United Kingdom, Europe, Canada, the Caribbean and most of South America.

## **Camp Land Back**

Kumeyaay Territory which stretches across the land we know as occupied San Diego.

Our Kumeyaay relatives are on the frontlines holding prayerful and peaceful action to stop the building of Trumps Wall on their ancestral lands. You see, solidarity is sacred and ancient. The Kumeyaay people are showing up, standing up, and speaking up for the land that has raised and fed them for thousands of years. They are standing for our relatives across enforced colonial borders and saying no to more separation.

E ko n Kia'i Mauna, - does this look familiar to you? When you see these images, do you see us on our frontlines protecting our Mauna with our ceremonies and our love? Do you see our elders in the elders of the Kumeyaay elders? Do you see our youth in the Kumeyaay youth? I know that I do. I also know that yesterday our flag was flown in the convoy on O'ahu supporting Trump. I know that kia'i who say, "K Kia'i Mauna," drove in that convoy. I'm not here to bash, I'm not here to shame, and I'm not even here to pass judgement. I am here to gently and firm-

ly remind our people that we asked the world for solidarity in standing up for our mountain. We asked for prayers from all nations and many nations came. The Kumeyaay people are calling for our solidarity and our prayers now. We cannot just take and not even think about what it means to gift that sacred solidarity back. That is not the way of our people or the way of our land. I am speaking specifically to the people of Hawai'i that support Mauna Kea and support Trump at the same time. I ask you, pehea kou piko? Where is your center? He pala Mauna Kea i luna - Mauna is the sealant of our wa'a that teaches us how to remain pa'a even in the strongest of storms. Kilo, observe the unnatural storm that Trump and all of the so called leaders of this colonial government system that came before him have fed and sustained for hundreds of years. There has never ever been a president that could be trusted, ever. This government has normalized corruption and oppression. Remember that.

Kuuchama is the name of Kumeyaay sacred Mauna. Respect that.

Follow and listen to @kumeyaaydefenseagainstthewall #camplandback

# BLM Matters to Native Americans

Continued from page 10

deemed justified because police say Red Bird tried to attack them with a knife. His parents dispute that account.

On Friday, I talked to Red Bird's mother, Melissa Goodblanket, to discuss her thoughts on the Black Lives Matter protest that are happening around the globe in the aftermath of Floyd's death.

She said she watched part of Floyd's funeral on Thursday. Goodblanket is pleased there is so much attention being given to deaths by law enforcement committed against blacks and American Indians.

"Finally, for the first time, people are waking up and for that I am grateful that people are waking up and standing together," she told me. "It is for the

greater good for all living beings...that's what is on my mind."

During our conversation, she mentioned Dennis Banks. The year before he died, Banks passed through the town of Clinton as his last Longest Walk made its way to Washington, D.C. She said he took some paperwork disclosing the details of Red Bird's killing. He took the documents to officials in Washington.

Her comments took me back inside Banks' home where the Blacks Lives Matter book lay on the table. From the bookmark in the book, it appeared he never finished it. Given the ongoing deaths by police brutality against American Indians, I know our story is not finished either. That is why the Blacks Lives Matter protests resonate across Indian Country.

(Prairie Band Potawatomi Nation) is the publisher and editor of Native News Online

# BLUE MOUNTAIN TRIBE "ALL OUR RELATIONS"

Check out "Pray For Our Planet" on You-Tube

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- Exclusive Southern California home of The Wolfman Jack Show, Tuesdays through Saturdays at 6pm
- National Native News M-F 10a and noon
- Native America Calling live at 10a M-F
- Pala Today local news and events M-F at noon
- Native music block Saturday mornings 7:30-10
- Rez Radio Reggae nightly 7-8p
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#### Bennis Blue - Black Indian Retired Veteran Remembers Her Sacred Military Oath

North Carolina Coordinator

This letter is written in response to Dr. Dawn Karima Pettigrew's request that I write an article about Native American Veterans and at the suggestion of Rose Davis that I share my views regarding the election process and my concerns for "All Lives Mattering." It is also a response to a spiritual urge to speak out as I am reading the Book of Ezekiel in the Bible. While many ministers speak of the end times of Revelation, many ministers are not taking the best care of their congregations during the pandemic and some even join the hue and cry to join up with the masses and insist upon their buildings being re-opened.

In an open letter to the press, I thank The Honorable Roy Cooper, Governor of the State of NC and support the positive work you and Mr. Cal Cunningham have done for the citizens of NC. A North Carolina Native American citizen. Female, Disabled Army Veteran, and retired teacher who worked 49 years and served the US Army Active and Reserve for 24 years, I personally have appealed to Mr. Tillis, Mr. Burr and other NC Republicans for assistance with negative results. In fact, the only NC Republican who listened and attempted to help me, Congressman George Holding is not seeking re-election. All of the NC Republicans in the 116th Congress voted six times against Medicare, and only Mr. Tillis and Mr. Burr voted yes on the seventh vote. I suspect that "Yes" in the seventh vote was an attempt to secure re-election votes from Medicare dependent voters more-so than a sincere concern for the healthcare needs of that group of people. My personal experience is that Republicans voted for cuts to healthcare funds and offered no help when I sought their assistance.

I look at my 86-year-old sister cry as she sees little children dragged from their parents' arms because a petty tyrant wants to build a wall and NOT LET FREEDOM RING! And I share this message with any God-fearing person who believes America is ONE NATION UNDER GOD.

#### **VOTING RIGHTS AND ABSENTEE VOTING**

As I read what Justice Ruth Bader Ginsberg says about the Supreme Court and voter suppression I had an epiphany. Trump is violating the rights of deployed service-members and family who can only vote by absentee ballots. Further, he is wreaking havoc for those in "protected groups" and people with disabilities whose doctors have ordered them to stay home in this pandemic. His mishandling of the USPS for his anticipated personal and political gain rises to the level of criminal and a neglect of the duties he swore to perform. As we speak, the N.C. person he appointed as Postmaster to accomplish his aims to disrupt the voting process is being investigated for financial misconduct. Mr. Trump even came to N.C. and urged people in this state to commit a felony and vote twice. I abhor watching a person sitting in an elected position feloniously telling voters in NC to vote by absentee ballot and then turn around and vote again in person. Our State's Attorney General was quick to correct this misinformation by telling the public that they would be caught and have to pay the penalty for such an act.

#### VOTING RIGHTS: Literacy, Poll Tax and Indigenous People

I would appeal to those rallying to the aid of indigenous and other under-represented voters to find ways to assist those who want to vote but are challenged by literacy issues that the Voting Rights Act was supposedly enacted to protect those who were denied access to the ballot by literacy tests and poll taxes.

#### **MILITARY**

One of Donald Trump's first acts was to order himself a military parade at taxpayer expense. He never served a day in the military, but ordered the military out for marshal law as he walked to a church to pretend he was worshipping there. His henchmen made a scurrilous attack on the Naval Commander who spoke out in support of his crew to prevent COVID spread. He has made negative

"love" him; yet he does not understand what the oath is that he and soldiers take to protect and defend the United States against all enemies foreign and domestic. Fidelity to an oath is something Donald Trump does not understand and mistakes as "love" for him.

Now Mr. Trump is ordering the military to discontinue diversity training saying it

My closing comment has to do with involuntary sterilization and involuntary commitment actions in N.C. and elsewhere in the United States. I personally was traumatized by law enforcement and EMS personnel in another state when they roughly seized me.

Bennis M. Blue served in the Women's Army Corps (WAC) in 1976, and was part of the first group of female officers to begin integrating various Army units before the WAC was disbanded in 1978. Blue was the first female minority officer of the 82nd Airborne Division at Fort Bragg, N.C., in 1978, and one of the first five females officers of the 82nd Airborne. this biography was based on an oral history interview conducted

with Blue by the State Archives of North Carolina's Military Collection in November 2017. The State Archives also holds her mil-

Bennis Marie Blue was born on August 10, 1953, in Averasboro Township along Route 1, outside of the town of Dunn in Harnett County, N.C., to William Thomas and Mary Eltis Walker Blue. William Blue worked as a farmer in rural Harnett County. Mary Blue was of Native American descent on both parents side. Bennis Blue identifies as a non-tribal affiliated Native American of African American descent. Bennis' mother died on November 6, 1957, at home due to pneumonia caused by a flu she developed around the time of her having a miscarriage.

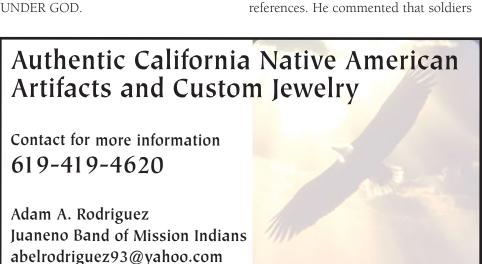
Bennis Blue attended the all-black Crosby-Garfield Elementary School, across from Chavis Park, when Blue was in the third grade. A neighbor who was the mother of a librarian, a school teacher, and a college professor, helped to encourage Bennis to read and learn. Bennis' neighbors were all educated, business people, or encouraging of edu-

Despite having offers to attend MIT, Harvard, and a number of other schools, she chose to attend the historically black Virginia State College (present-day Virginia State University) in Petersburg, Virginia. Having a love of English and literature, Blue became the editor of the freshman newsletter, and eventually the editor of the student newspaper the Virginia

Statesman. She finished college in December 1974, and graduated from Virginia State in May 1975 as magnum cum laude.

During the semester after finishing college before her graduation, Bennis Blue joined the U.S. Army Reserve in Raleigh, N.C. What led Blue to enlist was an aptitude test she took at the Virginia State counseling office, which showed that she had strong characteristics of a military officer. She did her first basic training for two weeks at Fort McClellan, Alabama, from March 24 to April 4, 1975. Initially, she became the platoon commander; but was demoted the day before graduation because of racism at the time.

Blue was commissioned as a Second Lieutenant in 1976 as one of the 165 women to be commissioned as an officer that year. Blue was sent for 90-day training at Fort McClellan, Alabama, starting on May 3, 1976, as part of the WAC Officer Orientation/Officer Candidate Training Course. She finished her officers' training program and graduated at Fort McClellan on July 16, 1976.





**NEWS** 

by Kena Adams

## National Juneteenth Observance Foundation Holds 3rd Annual Meeting While Awaiting Title 5 Legislation Passage

LAS VEGAS, NV - The National Juneteenth Observance Foundation (NJOF)will travel to Memphis for their 3rd Annual meeting. There is expected to be a limited attendance due to the restrictions of the Coronavirus. NJOF president Steven Williams and Vice Chair/Communications Director Deborah Evans will serve as hosts for the 2020 event. The group will gather for all day sessions after the annual breakfast at 'Doc's Place- McDonalds in acknowledgment of the many hours NJOF founder Rev. Ronald V. Myers, Sr., M.D. spent on his treks along grassroots highway to Juneteenth recognition.

The meeting, to be held at the Comfort Inn Downtown will have several breakout sessions including Economics, Education, Legislation, and Health. There will also be a special Town Hall Zoom presentation, Education: A New Paradigm Shift during COVID 19 What Now? Presented by the Local Organizing Committee of Greenville MS & National Juneteenth Observance Foundation. It will be hosted by Brother Kareem Muhammad

Legislation is currently in the Senate to make Juneteenth a Title 5 Federal Holiday. Juneteenth recognizes June 19, 1865 when 3,000 members of the US Colored Troops from Illinois and New York arrived in Galveston Texas, by boat, with General Gordon Granger. This triggered the posting of General Order #3 announcing freedom as ratified in the

13th Amendment. Juneteenth also recognizes those freedmen released from enslavement by the 1866 ratification of the Five Nation Treaty signed by Cherokee, Creek, Seminole, Choctaw and Chickasaw in the Western Territory.

Opal Lee will deliver 1.5 Million Juneteenth Holiday Petition signatures to Congress, Wednesday, September 23, 2020. if you are not there, see it online at Juneteenth TV 2:00 PM EST. The bill, SR 4019, is scheduled to be placed on the floor for a vote in September. The National Juneteenth Observance Foundation requests that you contact your Federal senators and representatives to let them know you support Juneteenth as a national holiday.

# Ms. Opal Lee is Heading to Washington for Juneteenth Petition Drop

Congress will receive over 1.54 million signatures of support on September 23

FORT WORTH, TX – Ms. Opal Lee, the 93-year-year-old activist from Fort Worth, Texas, and 'Grandmother of Juneteenth' will deliver the 1.54 million signatures from her petition to make Juneteenth a national holiday to Congress on September 23.

With support from Change.org, all the signatures are being printed, packaged up, and shipped to D.C, ready for Ms. Opal and her supporters to carry 50 boxes from Lincoln Park – also known as Emancipation Park at 1:30 pm EST and physically deliver them to Capitol

This will be followed by a press conference at the House Triangle at 2:30 pm EST. Media and advocates of Juneteenth are invited to join Ms. Opal at the conference, where she will encourage Congress to update U.S. Code 36 to recognize June 19 as a day to celebrate freedom from slavery whenever it came across America.

Ms. Opal said, "I am so thankful for all the young people, including celebri-

ties like Sean 'P. Diddy' Combs, who have helped to let people know about my walking campaign and petition. We have big plans for the drop, and I invite you to come out and join me as we show Congress that it's more than one little old lady in tennis shoes who believes Juneteenth should be recognized as a federal holiday.

"I truly believe Juneteenth is a unifier and can be the bridge that brings people together to talk about the hard issues facing our country. We need to celebrate FREEDOM from the 19th of June to the 4th of July, so everyone is included."

Scott Cullather, President & CEO at [INVNT GROUP], the global creative agency working with Ms. Opal to amplify her mission added: "We are honored and beyond excited to volunteer our time and resources working with Ms. Opal and her team on both the September 23 petition delivery to Congress and other initiatives that will not only help Ms. Opal make her long-time dream a reality but build momentum for one of the most significant events in our lifetime, one where Juneteenth will be officially recognized as a national holiday."





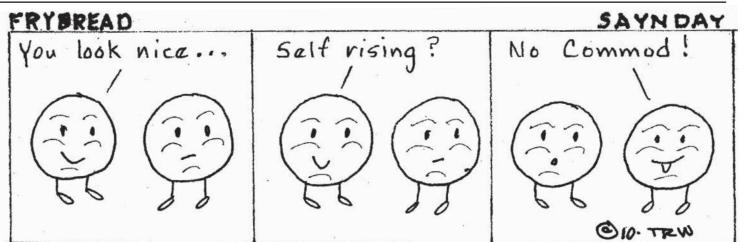
Las Vegas Black Image Kimberly Bailey Support our Media Sister 2412 Santa Clara Drive Las Vegas, NV 89104

### **CREEK FREEDMEN DESCENDANTS SOUGHT**

Muscogee Creek Indian Freedmen Band is seeking the descendants of Creek citizens placed on the Creek Freedmen Roll from 1896 to 1915.



If your ancestors were on this roll, write P.O. Box 6366, Moore, OK 73153 for eligibility information.



Every Tuesday
BORDER ANGELS
offer free immigration
ATTORNEY SERVICES
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Border Angels office
6:00 to 7:30pm
2258 Island Ave
San Diego CA

# Muscogee (Creek) Nation Chief David Hill Named to TIME 100 Most Influential People of 2020 List

NEW YORK — TIME magazine on Tuesday revealed its annual list of the 100 most influential people in the world.

Among those named in the 17th annual list is Principal Chief David Hill of the Muscogee (Creek) Nation.

Rep. Sharice Davids (D-KS), a tribal citizen of the Ho-Chunk Nation, writes about Principal Chief Hill.

Hill was selected because his tribal nation took the McGirt v. Oklahoma case all the way to the U.S. Supreme Court, which they won in a 5-4 ruling on July 9.

In 2019, Principal Chief David Hill and the Muscogee (Creek) Nation took that fight to the Supreme Court and won.

The McGirt v. Oklahoma decision this summer was a groundbreaking triumph for all of Indian Country. The court held that the land the Muscogee (Creek) Nation was guaranteed in exchange for leaving their ancestral home remains a reservation today, despite over a century of attempts to dissolve and dilute it. In short: the federal government must live up to its promises to Native peoples."

The seventeenth annual list includes: Denzel Washington on Michael B.



Jordan, Derek Jeter on Patrick Mahomes, Common on Angela Davis, Ted Cruz on Tsai Ing-wen, Oprah Winfrey on Tyler Perry, Taylor Swift on Phoebe Waller-Bridge, Elizabeth Warren on Ady Barkan, Stevie Wonder on Yo-Yo Ma, Maya Moore on Naomi

Osaka, Leonardo DiĆaprio on Nemonte Nenquimo, Cyndi Lauper on Billy Porter, Deepika Padukone on Ayushmann Khurrana, Lena Waithe on Michaela Coel, Ayanna Pressley on Kamala Harris, Tilda Swinton on Bong Joon Ho, Kim Kardashian West on JoJo Siwa, Melinda Gates on MacKenzie Scott, Ronan Farrow on Julie K. Brown, Timothy Geithner on Jerome Powell, Jennifer Garner on Greg Berlanti, and many more.

"The TIME 100 has always been a mirror of the world and those who shape it. While you will certainly find people who wield traditional power on this year's list — heads of state, CEOs, major entertainers — it also includes many extraordinary, lesser-known individuals who seized the moment to save lives, build a movement, lift the spirit, repair the world," TIME CEO and editor in chief Edward Felsenthal said.

#### **COVID 19 - A PESTILENCE FROM GOD**

The Honorable Minister Louis Farrakhan has been an exemplary servant of God and humanity for over 65 years. On this past July 4th - a date that signifies the 90th anniversary of the Nation of Islam - an open invitation was given to the world community to view firsthand an historic global address. The unprecedented lecture, entitled "The Criterion", was viewed live by millions, with millions more logging in for replays. The remarkable words of wisdom, guidance, and comfort given that day addressed, among several topics, the scourge of Covid-19 and the deaths of so many, particularly the disproportionate numbers of people of color. Minister Farrakhan stated, "...this virus is a pestilence from heaven, so scholarship from hell can't deal with a pestilence that came from heaven...Our iniquitous behavior is a pestilence on the Earth, so God answers with a pestilence." Minister Farrakhan called on humanity to repent for their sins, making special note of those in leadership, be it religious, civic, or political. He offered a special prayer for those who have lost loved ones to Covid-19, identifying the dead as martyrs. He further warned against the vaccines being developed, "...don't let them

vaccinate you, with their history of treachery through vaccines, through medications....we need to call a meeting of our skilled virologists, epidemiologists, students of biology and chemistry, and we need to look at not only what they give us, we need to give ourselves something better."

This critical, must-see presentation, can still be viewed, in its entirety, by logging in to www.noi.org/the-criterion

To learn more about the Nation of Islam: Sundays at 10am CST www.noi.org/webcast

Visit www.finalcall.com; Final Call radio:

https://radio.securenetsystems.net/cwa/FCRADIO

Hear Student Minister Abdul Waliullah Muhammad, San Diego Representative of The Honorable Minister Louis Farrakhan on Wednesdays 7pm PST: https://www.facebook.com/muhammadmosque8/

"The Time and What Must Be Done" lecture series by the Honorable Minister Louis Farrakhan: https://www.noi.org/thetime/

Mary E. Muhammad, Student Director of Protocol, Muhammad Mosque No. 8, San Diego marymuhammad19@gmail.com

## REMEMBER TO VOTE!!!

## Presidential General Election | November 3, 2020

You've Received Your Mail Ballot. What's Next?



The San Diego County Registrar of Voters is reminding you to vote safer at home. Over 1.8 million mail ballots have been sent to voters for the Nov. 3 Presidential General Election. Voters are encouraged to act early.

When you decide how you want to vote, grab that mail ballot, mark your selections, and send it back right away! Then you can sit back, relax, and watch the Election Day results roll in. No driving to the poll. No waiting in a long line.

Here's what to need to do! VOTE

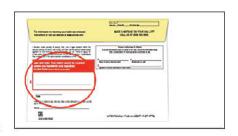
- 1. Do your research and review your Sample Ballot and Voter Information Pamphlet. If you lost yours, you can find it at sdvote.com.
- 2. Follow the instructions at the top of your ballot.
- Fill in the oval next to your voting selection. Use black or blue ink only.

#### PREPARE YOUR BALLOT FOR MAILING

- 4. Detach the stub at the top of your ballot. You may keep or discard it.
- Seal your voted ballot inside your postage-paid return envelope.

#### SIGN, DATE AND MAIL

- Date and sign your own name on the back of your return envelope. Do not print.
- 7. Your signature is required for your ballot to count.
- 8. Sign your name just like it appears on your driver's license or identification card.





Now you can drop it in the mail. Postage is paid! It's that easy. You may also deposit your ballot at one of 124 mail ballot drop-off locations across the county.

Visit sdvote.com for a list of locations near you. Wear your "I Voted" sticker proudly. That's right! Your "I Voted" sticker is in your mail ballot packet.

For more information call 858-565-5800 or toll-free at (800) 696-0136. Learn more at sdvote.com.







