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CENSUS + FOURTH ESTATE = POWER TO THE PEOPLE

California's Native Population Push for Full Count

by Rose Davis

The Census is more than just counting noses. It is an empowering tool to give power to the citizens. The Founders of this fledgling nation had a bold and ambitious plan to empower the people over their new government. Jefferson, Madison and the Founders enshrined the Census in the Constitution. The plan was to count every person living in the newly created United States of America, and to use that count to determine representation in the Congress (a concept inspired by the Kayanerenko:wa.) They accomplished that goal in 1790 and our country has every 10 years since then.

This invention in our Constitution marked a turning point in world history. Previously censuses had been used mainly to tax or confiscate property or to conscript youth into military service. The genius of



Native Media continues the Census tradition Steff Saavedra, Alastair Mulholland, Mark Trahant and Sandy Close at RoundTable.

the founders was taking a tool of government and making it a tool of political empowerment for the governed over their government.

Censuses of American Indians

This purpose has been overshadowed in today's world with its emphasis on corporate wealth and finance. The tenuous and

complex relationship with the US government and our Native population deems education and understanding critical to the outcome of the census as it relates to tradition, sovereignty and trust in a community dealing with the psychological consequences of domination and colonization.

Prior to 1900, few Indians are included in the decennial federal census. Indians are not identified in the 1790-1840 censuses. In 1860, Indians living in the general population are identified for the first time.

Nearly all of the 1890 census schedules were destroyed as a result of the fire at the Department of Commerce in 1921.

Beginning with the 1900 census, Indians are enumerated on reservations as well as in the general population.

1907 Census of Seminole County, Oklahoma. This census was taken pursuant to a presidential directive ordering a

census of the population of Indian Territory and the Territory of Oklahoma prior to their admittance to the Union as the State of Oklahoma. Only the schedules for Seminole County, in what was then Indian Territory, survive. Enumerators were to identify Indians by "In" in the color or race column. There is no name index for this census.

As with many other segments of the population, Native Americans are considered "hard-to-count" – a term used for



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Rewriting the History of California's Missions

by Carrie Lopez,
Director of Tribal Community Projects San Luis Rey Mission Indian Foundation
Senior Advisor to the Tribal Council, San Luis Rey Band of Mission Indians

Critical Mission Studies supports Indigenous perspectives on the California colonial missions and their aftermath. Through reconsideration of the missions as both physical places and objects of interpretation, we pursue new research collaborations that surface both Native and Mexican/Mexican-American voices in the history of California and the U.S. Our project is based on a collaborative methodology that highlights the importance of respect between California Native tribal nations, communities, and both Indigenous and non-Indigenous researchers and scholars.

The Critical Mission Studies Project aims to produce original research regard-

ing the impact of the missionization period told from the perspective of Native Americans. This will happen on many fronts, from asserting the true picture of indigenous life before European contact, revealing systematic abuse of the indigenous, transforming the education curriculum to reflect the real history as well as the current truth of Native American existence today, and an existential exploration of our indigenous world belief system which provides insight to our continued connection to the land and environment.

Simply put, the exploration of the truth will help us tell the whole story of our



"Often called the "King of the Missions," Mission San Luis Rey is the largest of all 21 California missions."

ancestors' ability to thrive and their persistence to survive. The San Luis Rey Band of Mission Indians has proposed to

projects to capture their unique experience. One looks at our current relationship with the Old Mission San Luis Rey, and the second looks at the historical context of our ancestors' experience.

The central question of our study is: "How does a tribe reconcile the harsh history of the missionization period and attempt to claim the "mission" as part of the legacy of its own ancestors?" That is a question our tribe has been contem-

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Census

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those groups of people where the rate of initial self-response to the Census was below 73% in the 2010 Census. That status stems from various factors including income levels, geographical distribution, language diversity, and of course, their complicated relationship with the federal government.

The 2020 count, which begins Thursday, March 12, will be additionally complicated by its heavy reliance on a digital questionnaire, which requires internet infrastructure that is not as readily available in rural parts of the state and on reservations. There are ten American Indian territories in New York for example.

There's much at stake if there's an undercount. Census data determines the redrawing of federal, state, and local electoral districts and the number of seats allocated in the House of Representatives, and it forms the basis for the distributions of many billions of dollars in federal aid for everything from infrastructure projects to education and healthcare services. Inaccurate data could mean underfunding of programs for the most underserved populations, including food stamps and housing vouchers.

In 2010, nationwide, American Indians and Alaska Natives living on reservations were undercounted by 4.9%; for those living outside of reservations,

the statistical error was close to zero, according to U.S. Census Bureau estimates from 2012. But that overall undercount was far higher than for other populations. There was a 2.1% undercount of the black population and 1.5% for Hispanics, while non-Hispanic whites were overcounted by 0.8%, according to the Census Bureau.

The Census Bureau has acknowledged the challenges of reaching Native Americans and has been working to ensure an accurate count. "With the Native American community, that's something we work on throughout the decade," said Jeff Behler, director for the U.S. Census Bureau's New York Regional Office.

Some of the highest rates of "hard-to-count" populations have been identified in our region, which include various ethnic groups, immigrants, refugees, military veterans, the LGBTQ community, seniors, young children, individuals and families experiencing homelessness, and residents of traditionally disadvantaged neighborhoods.

TOP 3 REASONS WHY COMPLETING THE 2020 CENSUS IS CRUCIAL FOR OUR COMMUNITY:

Participation is vitally important because the data collected is used to allocate funding for our communities, ensure public safety, and plan new schools and hospitals.

Due to San Diego County having high

rates of "hard-to-count" populations, the nonpartisan Count Me 2020 Coalition was formed. This network of community groups have been working for over a year as the "on the ground" catalysts to lift the key barriers to Census participation. These are the most trusted messengers and understand it is essential that every person is counted.

The 2020 Census is also the first 'digital' Census for all U.S. households. In the past, only a small part of the population responded online, but this is the first time that all households nationwide will be able to respond to the 2020 Census questionnaire online. Individuals can respond using their own computers, tablets or other devices or they can visit a wi-fi enabled kiosk designed for easy access for self-reporting -- these kiosks will be in community run assistance centers hosted by the Count Me 2020 Coalition members throughout the entire county. Individuals can drop in to ask questions and get the support they need to complete the Census.

It is for these reasons that a determined effort is being made by the Native Media, groups to get the word out to the "Hard to Count" population in San Diego and elsewhere. Ethnic Media Services has been at the forefront of this effort and guided by Founder, Sandy Close.

A Roundtable event Conversation Before the Count at the Pala Casino Resort took place March 9. Moderated by Mark Trahan, Indian Country Today,

Editor. The event brought together Jessica Imotichey, US Bureau of Census Lylcia Maddocks, National Congress of American Indians, Jourdan Bennett-Begay, Indian Country Today Kayla Olvera Hilario Tribal Affairs Specialist CA Complete Count-Census 2020. It was a multi-media event recorded and documented by First Nations Experience.

The main focus and emphasis of all concerned is alerting the community that there is much at stake if there's an undercount. Census data determines the redrawing of federal, state, and local electoral districts and the number of seats states are allocated in the House of Representatives, and it forms the basis for the distributions of many billions of dollars in federal aid for everything from infrastructure projects to education and healthcare services. The most vulnerable populations would be underfunded as a result of inaccurate data including food stamps and housing vouchers.

The Native Media event at Pala was intense and stimulating. The participants deftly walked between two worlds while attending to the business at hand. Perhaps this continued effort will offer optimism to our Elders, Wisdom Keepers and Traditionalists who have been waiting in the wings of the world stage for a sign from the Ancestors to amplify and manifest the indigenous intelligence, spiritual strength and wisdom necessary to provide healing for a wounded universe.



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Light Up Navajo

Turn On The Lights

In the sacred story of the birth of the Navajo Nation, the first holy people rose through three worlds before emerging into the splendor of their homeland in what would become the American Southwest. They called it the Glittering World.

Their landscape sparkles against brilliant blue skies, bookended by sunrises and sunsets that turn towering red rock formations, canyons, mountains, lakes, forests and high desert into majestic works of art.

But inside thousands of the homes dotting the Nation's 27,000-square miles, it is dark.

No lights. No working refrigerators or microwave ovens. No TVs, computers or cell phone chargers. No modern conveniences beyond what some residents minimally fuel with small generators a couple of hours a day.

Roughly 15,000 of the 55,000 families living on the reservation never have had electricity. Their homes comprise 70% of all dwellings in the United States without it.

But last spring, thanks in large part to IBEW members, the lights went on in 233 of those homes. Hundreds more will be hooked up later this year during the second phase of a mammoth project called Light Up Navajo. It has been life-changing for the Navajo people and linemen alike.

"When they turn the first switch and they can finally use the microwave, the mini fridge, they're crying, we're tearing up," journeyman lineman Matt Scirpoli said. "I'm so proud I could be part of it."

Scirpoli, of Worcester, Mass., Local 486, was among dozens of IBEW members around the country who traveled in spring 2019 to the Navajo Nation to work alongside electricians from the Navajo Tribal Utility Authority. The territory, larger than West Virginia, sprawls across the adjoining corners of Arizona, New Mexico and Utah. Roughly 190,000 residents — about two-thirds of the Navajo population — live on the reservation at any given time.

Density averages 4.2 houses per square mile. But many are spread farther apart, making the work of installing utility poles and stringing wire more labor-intensive and time-consuming than is typical for line crews.

Utilities and municipalities, such as the City of West Boylston in Massachusetts, where Scirpoli works, paid regular wages and travel expenses to send eager volunteers, many of them staying two weeks. Linemen happily worked to exhaustion, 12 to 14 hours a day, usually six days a week. Just driving between the secluded worksites could take two hours or more, sometimes to service a single home. Scirpoli's crew installed 26 poles and 18,000 feet of wire at one isolated property. His Local 486 brother Brian Foley, a journeyman lineman from Sterling, Mass., helped put up hundreds of poles along a 12-mile stretch to bring power to a cluster of 30 homes.

"We were running pole lines across the desert to serve just a few houses," Foley said. "The best day we had was 35 poles."

"If you got up on a pole on a mesa, the views were amazing," said journeyman lineman Todd Johnson of Rockford, Ill., Local 196. "The landscape varies so much. There's a lot of openness, a lot of sand, a lot of rock mesa, also in areas it was a little bit mountainous." Johnson and three of his IBEW brothers at

Rochelle Municipal Utilities were on scene in March, two weeks earlier than other crews.

"We were kind of there to test things out," he said. "There were maybe a few minor bugs, but nothing that didn't get worked out in a hurry, like not always having enough material on site."

On their own, tribal crews hook up an average of 474 homes a year. "If NTUA stayed its course, 50 years from now we'd still be connecting people," NTUA General Manager Walter Haase said.

Haase's long career in energy management began as a summer helper with Chicago Local 134, where some of his many family members in the building trades are members.

"We all forget what it's like not to have electricity or running water," Haase said. "Navajo families use coal right out of the mine or wood from the forest to heat their homes and cook their food, and neither one is a very healthy environment. If you don't have electricity, you don't have refrigeration. You have no electricity to move water."

The stories of primitive conditions invariably lead to questions about why NTUA isn't doing more, and doing it more quickly, Haase said. Time and again, he explains the stark realities in a community with a per capita income of \$10,700 and a 46.5% unemployment rate.

He said the 40,000 Navajo households with electricity are billed an average of \$630 a year. That's after paying a share of the \$30,000 to \$40,000 it typically costs NTUA to extend power lines to a single home. Hooking up the final 15,000 would tally about \$1 billion, including new infrastructure — underscoring just how valuable the donated labor is.

"Even if we borrowed the money at zero% interest, the average residential bill

would go to over \$6,000 a year," Haase said. "That's the financial reality. We get criticized, 'Why don't you just pay to connect everybody?' but if I did that, I'd create a manmade disaster on the Navajo Nation."

Despite NTUA subsidies and other tribal assistance, many families can't afford to get the process started. The paperwork for environmental impact studies and federal rights-of-way — the U.S. government holds title to all land on the reservation — runs thousands of dollars and can take two years or more. Meanwhile, families have to pay to have their homes wired. And even then there's a long waiting list.

Every lineman went home with memories of palpable joy when families turned on lights and appliances in their homes for the first time.

"It definitely opened my eyes," journeyman lineman Chris Worth said. "They're telling stories of driving two hours a day to get ice or food, and you're thinking about the complaining we do about driving to Safeway in traffic. It really humbles you."

Worth was one of five members of Vacaville, Calif., Local 1245 who headed to Arizona in late April from the Sacramento Municipal Utility District, traveling in trucks SMUD lent to the cause.

Worth recalled a boy, perhaps 14, who, like thousands of children on the reservation, had been using candles and a miner's headlamp to study. The boy was thrilled when his home filled with light, but it didn't sink in immediately.

"He said, 'I'm going to do my homework' and without even thinking, he put his headlamp back on — even though he'd just flipped the switch," Worth said. His mom said, "Honey, you don't have to do that anymore."

Healing the Pains of War, the Power of the Flute

I purchased my first flute in Vietnam in 2013, it is a tiny unfired clay flute shaped like a water buffalo. I purchased it from a man who made them and sold them to support himself he had lost his legs due to a landmine left behind from the Vietnam war. He played me a tune his eye shone as bright as his smile. These flutes connected him, gave him a

chance to educate people about war and show how healing is possible. On this same trip we visited a hospital for children who are born so severely deformed due to agent orange that they can never leave there. My friend Peter Andrews played the children the flute and the faces lit up, the smiles, laughter and dancing. Another chance to heal effects

of war.

Six months ago I was walking across my living room. I stopped and picked up the little water buffalo flute and for the first time ever I put it to my lips and sounded it. It was then I as if waking from a dream remembered I was to play the native flute.

I now play the flute for 66 veterans

who are incarcerated in vista jail as well as a Vietnam veteran who is bedridden due to rheumatoid arthritis, he himself a fabulous flute player who can no longer play due to his crippled fingers.

The flute allows me to be with these men in a very honoring and healing way, giving them space, relaxation and peace. Healing much trauma from their time in the military and in jail. Healing from the war within.

Margaret O'Keefe, Oceanside, CA

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Our Beloved Indigenous Elders – A Living History Book We Need to Read

by Kenneth G. White Jr.
CEO, Native Health Care Solutions LLC

Our beloved Indigenous elders are the most precious members of our society. They hold the history, culture, language, stories, songs, and ceremonies in their heart, mind, and soul. Yet in many cases, they are forgotten. In today's fast paced society, we are inundated with messages and advice from Facebook, Instagram, and the media in general. Yet all along there are Grandma and Grandpa present in our homes, community, and tribe, who are vast priceless reservoirs of knowledge and indigenous wisdom, like a living history book sitting right there in your living room that has never been read.

Most of our elders have gone through trauma that we can never imagine or have experienced. Boarding schools, forced relocation, forced assimilation, bigotry, discrimination, limited health care, jobs and substandard living conditions - no electricity, paved roads, indoor plumbing and transportation, to name a few. Yet they survived. They not only survived, they went through all this hardship, and remain the essence and foundation of Indigenous society. Simultaneously, our children and grandchildren are searching for a substantive identity, an anchor, a truthful source, an inspiration, and a connection to their identity and ancestors. In some cases, this connection between Grandma and Grandpa with their grandchildren and great grandchildren, is disconnected in a family setting by Mom and Dad's trauma – alcoholism, drug abuse, domestic violence, and yes, suicide. This “dysfunctional” family setting is no fault of any-

one. All are victims of historical and intergenerational trauma imposed upon them by society's own disfunction, discrimination, and bigotry toward Indigenous people.

The white man (used metaphorically) looks at healing in a linear manner – from point A to point B. For example, point A – you're an addict, to point B – you need help via the established health care system - medications, counseling, therapy etc. Conversely, Indigenous wisdom from elders looks at healing in a circle. A healing and family circle. In this circle, there is no judgement, blame, or bias. It is a circle where all family is included and embodied by the spirit of our ancestors and emboldened by the power, essence and foundation of Indigenous elders. For example – point A - you're an addict, but point B - in this circle, we are all here for you no matter what. So, in addition to western medicine remedies of medication, counseling and therapy, we can offer prayers, love, and support to you as a family healing circle. The core of this healing circle is the Indigenous elder in your family, tribe and community. You may have one or two people in your healing circle, or several generations – grandparents, parents, children, grandchildren – but always remember to protect and nurture your individual and/or family healing circle with everything you have, because it is precious beyond human comprehension. Indeed, it is your spiritual survival mechanism in this material, and often cruel world.

The white man also needs validation i.e., “you must prove it for me to believe it.” The jargon used is “evidence-based research” or “empirical based knowl-

edge.” They spend millions of dollars finding out if “this bug a bug”, as one Indigenous elder observed. Yes, this scientific approach, most often substantiated by research from a non-Indigenous perspective, has its merits. However, something equally relevant in Indigenous society also is present and has equal, if not more merit. Kumeyaay and Dine' elders tell me that our Indigenous society is not hundreds, but thousands of years old. In this great history and legacy, there was no need for elders “to prove it for me to believe it.” The elder's word and wisdom were unconditionally and unequivocally accepted without question for thousands of years, because it was based on Indigenous wisdom, love, spirituality, respect and compassion for all. Rather than “paralysis by analysis”, evidence, proof etc., In the Indian way some things just are – our elder's word and wisdom.

A few words of wisdom elders have shared with me that I always remember, and try to apply to my life are –

- The greatest gift you can give yourself is a personal relationship with God
- There are two things no one can ever take away from you – Your Indian identity and your education.
- Pray, believe in your prayers, God hears you
- Sometimes the white man teaches

you what not to do

In their own beautiful way, Indigenous elders will remain silent out of respect. They do not have to be at the forefront of a conversation or have the last word. Most do not advise or comment unless asked. Take some time to engage your Grandma or Grandpa in a conversation and they will give you gems of knowledge you never knew. For those individuals and families that are taking care of their elders in a good way, I commend you and thank you for your love and compassion.

In 2020, the so-called Baby Boomers are now becoming the elderly generation themselves. This age progression from one generation to the next, has numerically diminished the truly great Indigenous elders and Grandmas and Grandpas we all grew up with in our families, communities and tribes. So please take the time to recognize and cherish those few elders among us who lived, survived, and retain our Indigenous wisdom. Give them the opportunity to contribute their knowledge by including them on your Board, in your provider network, in your school system, and on your tribal councils. Give them a big hug and celebrate their life for they are the greatest generation in Indian society. Love them unconditionally. Read that living history book sitting right there in your living room.

Black Power - Who are the “Leaders”

I started writing this article before the transition of the great Rev. George Walker Smith to the realm of the Ancestors. The passing of this inimitable San Diego Black community icon makes the questions raised in this article all the more poignant.

Now that we have gotten past the political primaries, will the Black community rally around specific candidates and throw their weight into the electoral process as a block, or will we all take our balls and split up...again? Remember the elections of Mayor Faulconer and Councilwoman Myrtle Cole? Political forces outside of the Black community pulled us in different directions and we lost out on all fronts. Except for the few who carried political favor from the office winners.

Yes, I've heard it time and again, “the Black community is not a monolith.” “We don't all have to support the same

candidates.” Yes, I know this. I say this. What it says is that there are a variety of interests in the Black community. True. But it also says that because of our ‘diversity’, when it comes to political power, it is easy to pit those interests against each other under the guise of ‘diversity’. In the end, the Black community comes up short.

So, the Black vote gets split in every race for office, and the candidates don't know what to do for the Black community because our interests are split. (Or, they do know what to do, but just don't seem to ever do it.) And we can't even get together on what those interests are, who will act in our best interest, and how to hold them accountable.

So, here's an idea. Let's reconvene the Black Federation. Let's do it for Rev. George Walker Smith. And Pastor Timothy Winters. And Rev. George Stevens. And Sister Jackie Meshak. A Brother Charles Lewis. And Dr. Carroll Waymon. And Rev. Cleo Malone. And the many other Ancestors, Elders and Soldiers who sacrificed and paved the way for us. But, more importantly, let's do it for our children and grandchildren. So they can have a brighter future.

Clovis Honoré, Social Justice Editor



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Idle No More

Tonkawa - Intertribal Council of Elders

Greeting from the Elders in the San Diego Community!! The San Diego American Indian Health Center has re-established the TONKAWA Intertribal Council of Elders. The Tonkawa Council of Elders was founded in 1969 by a consortium of American Indian individuals. Many were tribal seniors. The Tonkawa Intertribal Council of Elders meets every Saturday from 9 am to 12 pm. These meetings are potluck, bring your favorite dish. Family and friends are welcome to attend. Meeting dates, subject to change. 2630 First Avenue, San Diego, CA, currently being held in the Community kitchen (downstairs).

Learn Tribal Ways

This is the first part in a series of tips

to help you feel connected to our intertribal community in San Diego. Our goal is to ensure you maintain connection to an active tribal community that supports your tribal identity, dignity and culture. Our community has seen suicide, substance abuse, addiction, diabetes, heart disease, and many challenges difficult for the community. We are also the survivors with the most resilience, and this gives us hope.

We encourage our community members to stay connected to each other, look after one another, and feel comfortable to participate in our community events and gatherings. We understand that every family has a unique history and relationship to their tribal heritage. We believe every Native descendant has the right to claim their tribal heritage, whether you

are from an urban or reservation area.

Show Respect and Be Polite to Each Other

Our vision for youth and families is to provide and demonstrate respect for each other, regardless of tribal affiliation, age, gender, or sexual identity. Acting in a polite way to an elder is a demonstration of respect. If you are in the presence of an elder, be polite. This means if they are talking, listen, if they ask you a question, respond respectfully and with a calm tone.

Visit with Elders

Sometimes our Native elders may spend time without the benefit of their communities because they may be at home, in an elder retirement facility or simply sitting alone during a powwow or other social occasion. It is a great show of

respect to visit with them and bring the community to them. If you see an elder at an event it is always polite to introduce yourself if you have not already met them or say 'hello' if you do know them. If you would like to visit with an elder you can always ask if they need anything and bring them some water or a cup of coffee.

Remember it is considered impolite to interrupt them. Do not address them by their first name unless they have given you permission. If you do not know their name, you may use sir or ma'am again unless they tell you different.

The SDAIHC Balboa Park Powwow will be held on May 9 -10 in Balboa Park. On President Way and Park Blvd, San Diego, CA 10 AM to 6: PM. Tonkawa Elders will have a canopy set up at the Powwow please come by and visit with them.

American Indian Physicians Cross Cultural Medicine Event

You don't have to choose between the benefits of western medicine or the traditional Native healing arts. Bringing the best of both worlds together is what the Association of American Indian Physicians (AAIP) will do when they host the Cross Cultural Medicine Workshop in Albuquerque, NM this spring.

The event is scheduled for April 23-26, 2020 at the same time as the annual Gathering of Nations Powwow, and is designed to provide participants with the unique experience of learning about the

collaboration between western medicine and traditional Native healing and health care practices. This workshop is intended for any health care professionals, medical students, pre-med students, residents, physicians, and anyone who works in or will work in Native communities and are interested in learning healing strategies for Native patients in culturally sensitive and competent ways.

The 2020 workshop will be AAIP's 27th annual. The workshop identifies strategies to improve communication between

American Indian/Alaska Native patients and health care professionals, and explores current health issues affecting Native communities in both reservation and urban settings. The synthesis of both approaches provides the opportunity to benefit from western medicine as well as honor traditional healing practices while respecting the balance of mind, body, and spirit.

Sponsorships of this event are available as well as opportunities to help cover the costs for attending students or guest presenters.

The 2020 meeting will be held at the Crowne Plaza Albuquerque, located at 1901 University Blvd NE, Albuquerque, NM 87102. To make your reservation or to register for this event online, and for more information visit www.aaip.org. From the main page input the date requested for the reservation and click "Book". On the next page, it will show the group pricing of \$109. If you prefer to not register online, you may call central reservations at 1-800-593-5447 and ask to make a reservation under the block code of AIP. Cut-off date is 4/3/2020; reservations made after this date will be subject to availability.

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WHAT IS THIS ABOUT?

If you think you've been hurt by Purdue Pharma L.P., a U.S. limited partnership, its general partner and its subsidiaries, including Imbrium Therapeutics L.P., Adlon Therapeutics L.P., Greenfield BioVentures L.P., Avrio Health L.P., Rhodes Technologies, and Rhodes Pharmaceuticals L.P. ("Purdue"), or Purdue prescription opioids, like OxyContin®, or other prescription opioids produced, marketed or sold by Purdue, you can file a claim for compensation in the Purdue bankruptcy proceeding. The deadline to file a claim is **June 30, 2020, at 5:00 p.m. Eastern Time.**

WHAT IS A CLAIM AND WHO CAN FILE?

A "claim" means a right to seek payment or other compensation. You must file a Proof of Claim Form so it is actually received by the deadline. It can be filed by you, by a legal guardian, by survivors, or by relatives of people who have died or are disabled. **All Personal Injury Claimant Proof of Claim Forms and any supporting documentation submitted with those forms will be kept highly confidential and will not be made available to the public.** You do not need an attorney to file a proof of claim for you.

Additionally, partnerships, corporations, joint ventures, trusts, governmental units, and Native American Tribes may also file a proof of claim against Purdue.

Go to PurduePharmaClaims.com to find a complete list of instructions on how to file a claim. You will also find a list of the opioids produced, marketed or sold by Purdue.

You may file a Proof of Claim even if a settlement is contemplated in the Purdue bankruptcy so that your claim can be considered as part of any settlement.

WHO DOES THIS AFFECT AND WHAT ARE MY RIGHTS?

If you think you've suffered harm from Purdue or its prescription opioids, you have the right to file a claim even if you may also have received reimbursement from insurance. Examples of claims that may be filed in the Purdue bankruptcy include death, addiction or dependence, lost wages, loss of spousal relationship benefit for things like child-rearing, enjoyment of life, etc., or Neonatal Abstinence Syndrome (sometimes referred to as "NAS"), among others.

The deadline to file a claim is June 30, 2020, at 5:00 p.m. Eastern Time. If you do not file a claim by the deadline, you will lose the right to file a claim against Purdue, and you will lose any right to seek payment or compensation you may have had. Proof of Claim Forms, a list of opioids produced, marketed or sold by "Purdue," and instructions for how to file a claim are online at PurduePharmaClaims.com. You can also request a claim form by mail, email or phone:

Purdue Pharma Claims Processing Center c/o Prime Clerk LLC | 850 Third Avenue, Ste. 412, Brooklyn, NY 11232 | Email: purduepharmainfo@primeclerk.com | Phone: 1.844.217.0912

THIS IS ONLY A SUMMARY OF THE INFORMATION.

Is Purdue out of money? No. For more information concerning Purdue's bankruptcy, Frequently Asked Questions, Proof of Claim Forms, examples of personal injury and other claims that can be filed, instructions on how to file a claim, and important documents including the Bar Date Notice, visit

PurduePharmaClaims.com, or call 1.844.217.0912.



Scan Now



To improve the quality of life of those who recognize themselves and choose to be recognized by others as "Indigenous Peoples of Color of the Americas" and in support of The American Indian Rights and Resources Organization (AIRRO).

Africans in Wuhan, China Crisis

Due to the crisis of the outbreak of the Coronavirus, thousands of Africans have been quarantined in a lock-down in Wuhan, China. Many are students, business people and families, who have been locked down without proper food, medicine and supplies.

Collins Nnabugwu, the State of the African Diaspora Roving Ambassador for Nigeria, has been responding by tirelessly lobbying for assistance and support on their behalf.

Over the past few days, Ambassador Collins has brought worldwide political

and social attention to the crisis and he has obtained the attention of the African Union who then convened an emergency meeting during the ongoing AU Summit. The State of the African Diaspora have further contacted the leaders of the Buhari APC Political party to lend their support and to intervene in this crisis – one leader has stated:

"I am very grateful for the concern, I was talking to some APC leaders in the UK about this and I will not stop until we find a solution"

The Prime Minister, Louis-Georges Tin of the State of the African Diaspora has stated:

"Further, under the 6th Region of Africa, the State of the African Diaspora will be setting up a Humanitarian Crisis

Respond Fund so that immediate and unfettered financial responses can be initiated immediately in crises such as these"

As at the time of this publication, donations of food, medical supplies and other resources have been dispatched to Wuhan, China. The State of the African Diaspora Government reiterates its commitment to the Coronavirus response and is deeply concerned for the well-being of the 5000+ African students, business people and civilians.

Louis-Georges Tin commends Ambassador Collins for his exhaustive efforts and being swift to answer the clarion call in bringing this crisis to the forefront. Donations are still ongoing.

National Juneteenth Observance Foundation Nevada Offers Las Vegas Juneteenth Unity Pow-Wow

Produced by the National Juneteenth Observance Foundation (NJOF), there will be Juneteenth Unity Pow-Wows held across the country on June 14, 2020 to effect a reconnection of the Black Freedmen and the Buffalo Soldiers to the Native American community. The ceremonies will include a Grand March entrance, Honoring of the Elders and Councils to discuss local concerns. NJOF NV has issued a request to the

Southern Paiutes to participate in the planning and observance of the Las Vegas Juneteenth Unity Pow-Wow. The Juneteenth Unity and Freedom Twilight Parade in North Las Vegas on June 13th will include participants of the Juneteenth Unity Pow Wow and an array of Las Vegas area youth and community groups.. The twilight parade is scheduled to begin in the early evening, bringing an excitement combining Las Vegas flash with Mardi Gras flavor.



Moulin Rouge Agreement 60th Anniversary Celebration Scheduled For Las Vegas' Grant Sawyer Building

The March 25th Diamond Anniversary celebration recognizes the 1960 signing of the agreement ending racial discrimination in Las Vegas strip casinos. Governor Grant Sawyer called the meeting between hotel owners, city and state officials, local black leaders, and - NAACP president

Dr. James McMillan. The meeting was held at the site of the closed Moulin Rouge. The Diamond Anniversary event, will be hosted by Katie Duncan, president of the Historic Westside

Chamber of Commerce and candidate for Nevada District 6 Assembly seat.

Dr. Gerald Higginbotham, American Slaves, Inc. is scheduled to be the Keynote Speaker. There will be information discussion panels hosted by the Universal Peace Federation, National Juneteenth Observance

Foundation Nevada and the Governor's Office of Economic Development. The Legislative Reception which follows, will feature the Woody Woods Jazz Orchestra.



Native American Artist

TR Whitefox

Kiowa Tribe of Oklahoma

760-638-0580

Email: redroxwhitefox@yahoo.com

Roll Number: KO4908

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PERSPECTIVE from PEACHE

SYCUAN HOST 2020 CNIGA

On February 11-13, 2020 CNIGA held their annual conference at Sycuan. Chairman Ernie Stevens Jr. attended the conference and visited several of the vendors and attended several meetings on the upcoming NIGA Convention coming to the San Diego Convention Center from March 24-27. During CNIGA The Honorable Dr. Anthony R. Pico was awarded the Anna Sandoval Leadership Award and Jodi DiLasco was awarded the Pauline Murillo Industry Leadership Award.



WORLDBEAT CENTER

The Place: World Beat Cafe, 2100 Park Boulevard, Balboa Park, 619-230-1190; 619-558-3728

Hours: 11:00am-7pm daily (from 12:30pm Sundays)

Prices: Mushroom barley soup, \$6; shiitake mushrooms in garlic "butter," salsa, \$6; mushroom "cheez" burger \$6; veggie coconut curry with plantains, rice, \$8.50; chili and rice, chips, \$6; Jamaican patties, \$4.50; tofu hot dogs, \$3; organic spring salad, \$5.50; spicy Jamaican red curry, \$9.50; costa chica chili, \$6; Louisiana Creole gumbo with okra, corn, rice, \$6; African peanut coconut curry, rice, \$5; combo of four entrees, \$12

Buses: 7, 215

Nearest Bus Stop: Park Blvd, 20 yards from World Beat Center, 2100 Park Boulevard



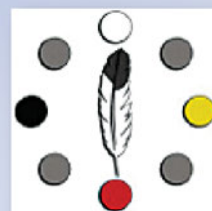
We're here to help Native Americans overcome their barriers to employment so they can obtain and maintain their employment goals.

The Sycuan Inter-Tribal Vocational Rehabilitation (SITVR) Program provides counseling, rehabilitation assistance, employment training, education assistance, job placement, job search, career assessment, assistive technology and employment services for Native Americans with disabilities

The eligibility criteria for vocational rehabilitation services are:

- * You must be an enrolled member of a state of Federally recognized Indian tribe.
- * You must live on or near one of the 12 Kumeyaay Indian Reservations in San Diego County.
- * You must have a physical or mental impairment that creates difficulty with obtaining or maintaining employment
- * You must require vocational rehabilitation services to achieve and maintain gainful employment.

5475 Sycuan Rd. El Cajon, CA. 92019 Ph. (619)722-6235 Fax (619) 722-6580



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Part III of New Ifa Sacred African Traditions Class

by Luis Miguel Oluwo IfaOma

In the Osha/IFA traditions, we have a description of the Divine Source. We call the Divine Source Olodumare The Womb of Creation and all Odus. Oyigioyigi meaning the Eternal Rock of Creation. In modern sciences, The Big Bang Theory states that all the matter and potential energy from the universe originated from a single source of infinite Density. In the sacred songs of praise, we say the Divine Source in heaven is the immovable stone resting in water. The mother that does not die and the father of all who goes to the river. The source is the cosmic web of all the seen and unseen worlds. Although the concept of humans the Omo aiye having the ability to have a direct dialogue with the divine source. This may appear to be far fetched, but in our culture, it's only natural to speak and get a direct response with the divine source in real time. We the high priest of IFA Babalawos have the privilege to be able to do this to a sacred divination system. As mentioned in the last article the oracle revealed advice on a global scale and predictions of the unfortunate coronavirus taking place



today. The advice is also applied in a more personal one to one level and I will share a story that relates to the advice of 2020.

This story speaks of an IFA priest who was divined for someone who was going to be hired to be in charge of a particular task. The diviner recommended to give offerings to the ancestors and orishas. And to not get careless and overly celebrate upon the promotion of his new assigned tasks.

He was so happy with the news that he forgot to do the offerings for the ancestors and orishas. This person was the son of a King from the ancient OYO kingdom of Nigeria. Not long after the father, the king, transitioned into the realm of the ancestors.

The townspeople went to the

prince's home to crown him king but he was not there. As they looked for him he was busy in a different town and they told his wife about the news of his father transitioning to the realm of the ancestors. And the necessity for him to take charge. When the wife informed her husband about the news he stated that he wanted to first purchase a lot of palm oil and hire several drummers for his crowning. He was so busy getting all of the preparations he accidentally hurt himself and fractured his leg and was not able to arrive at the crowning ceremony. Somebody found out about his condition and they decided to crown someone else instead.

From this story, the proverb "The excess of happiness fractured his legs" was born. In general, the advice states that good news and opportunities are coming for us this year but we must remember to give offerings to the ancestors and orishas because if not the opportunities that Olodumare gives us can slip through our hands.

Ashe iboru iboyoa ibochiche ogbe ato asure iwori bofun long life and prosperity for everyone and for my friend Makeda Dread.

Oluwo itani Odun Ofun Gando IFA

Mexico Finally Recognizes It's Black Citizens

by Makeda Cheatom

Mexico has a deep and long African history. Between the 1500s and 1600s, one of every two enslaved persons en route to the Caribbean was dropped off in Mexico, mostly through the port of Veracruz. Upon landing, many escaped and sought refuge in the mountainous regions of the state where they founded a maroon colony and fought against the Spanish army for over 30 years under the leadership of Gaspar Yanga. After three decades of war, the Spanish sued for peace. In 1618, the maroon settlement achieved self-rule as the town of San Lorenzo de los Negros, now known as Yanga, considered to be the first liberated and independent town in the Americas.

Gonzalez is a first-generation Mexican-American/Chicano border hybrid from San Diego and Tijuana. He directs the Afro-Mexican department at the WorldBeat Cultural Center and lectures widely to raise awareness of the Afro-Mexican presence in Mexico. He is an expert on the Afro-Mexican social movement for social justice and recognition in Costa Chica, Oaxaca. He's the author of the thesis: The (Re)construction of Blackness in Costa Chica, Oaxaca: NGOs and the Making of an Afro-Mexican Ethnic Group

Due to the state and local meeting policies/restrictions announced by the state on 03/12/20, WorldBeat Center and

San Diego Central Library have postponed their collaborative event on Afro-Mexicans scheduled for 03/14/20 to August 2020 as part of Mexico's Afro-Mexican History Month.

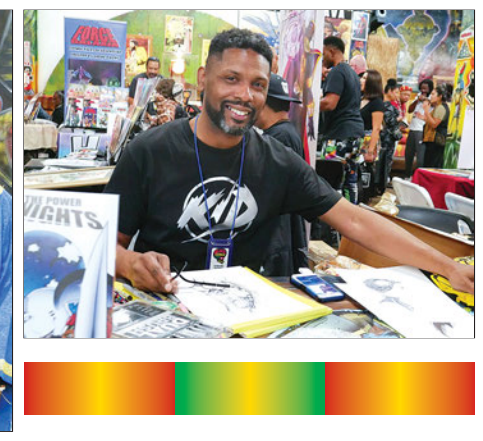
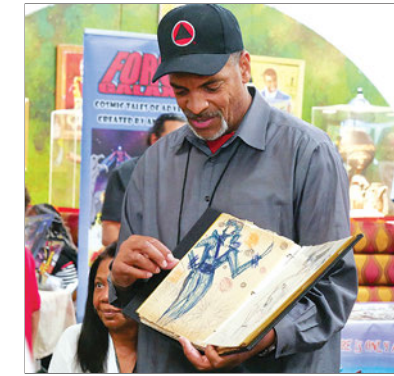
WORLD BEAT CENTER

Black Comix Day Fest, A Huge Success in Balboa Park

For Black Future Month, WorldBeat Cultural Center hosted Afrofuturism and Black Comix Day Fest. Illustrators, writers, publishers came from across the county. It's amazing how Black folks can pull tourism into San Diego too, most of the time our outreach to African Americans and people of color from outside of San Diego gets unnoticed. Each year we pull in tourists of color into the Park and direct them to where our communities are. We



are always proud to send them to Chicano Park to look at the murals and down to our new arts district that is being built off Imperial Ave. and don't let me leave out City Heights, where it's all nations living together: Vietnamese, Africans, Filipinos, and Mexicans. Thank you Keithan Jones and the Friends of Malcom X Library for all your hard work to put this on.



Mariea Antoinette's New Single and Album Releases April 24th

by Makeda Cheatom and Mariea Antoinette

If you've ever attended WorldBeat Center's Kwanzaa Celebration, I know you've seen a Black empress playing the celestial harp. Mariea Antoinette is like Alice Coltrane transcended into the present moment of jazz. Although there will never be a comparison, it's a blessing to see an African American woman again holding down the musical stage with the harp. I've known Mariea for 40 years and she has worked hard through so much prejudice

including racism and sexism to develop her career as a harpist. Her spiritual background has given her a solid foundation to break through the walls of ignorance. Please check out her new release, "All My Strings".



"All My Strings" by San Diego based Smooth Jazz harpist Mariea Antoinette will be released globally April 24th. She was named 2018 instrumentalist of the year by the San

Diego Prestige awards and best Jazz single for her original song "Overture" This inspirational player/aspirational hits it out of the ballpark so strongly the ball might never come back to earth. Mariea Antoinette is bringing an entirely new sound for the harp. Last year she and her band stole the show at the San Diego Smooth Jazz Festival on the Embarcadero. You can get her music on all digital platforms. Amazon, cdbaby.com, iTunes, Spotify, Soundcloud and her website: www.marieaantoinette.com

Grant the WorldBeat Center a 30 Year Lease at Its Historic Location in Balboa Park

San Diego's historic Balboa Park landmark and tourist attraction the WorldBeat Center has been located in Inspiration Point of Balboa Park for over 30 years but has never properly been given a lease agreement from the City of San Diego making its future vulnerable at its current location in Balboa Park. The World Beat Center is the only cultural landmark of its kind

Park hard and looking for opportunities with the City on how to gain the properties at the beautiful forefront of Balboa Park. We want to ensure we seal at least the next 30 years' future of the WorldBeat Center at its long time location by securing a lease with the City of San Diego. The City of San Diego would put its tourist



in Balboa Park and led by the only longtime African American Executive Director in Balboa Park Makeda Dread. Having a proper lease agreement with the City of San Diego is critical for the center's existence and it has never properly received a lease making the site vulnerable to big developers coming in and taking it from its long time location.

In a recent news article, they discussed how big developers are watching Inspiration Point in Balboa

Alliance for Justice Rev. Shane Harris shared in a statement "Black people and culture are not welcome in Balboa Park".

Join us in petitioning the City of San Diego's real estate assets department, District three Councilmember Chris Ward, the full city council and Mayor Kevin Faulconer to secure a thirty-year lease with the city after they have waited thirty years on edge without an agreement with the City of San Diego.

WorldBeat Cultural Center's Update on COVID-19

WorldBeat Cultural Center and its Cafe along with members of the Balboa Park Partnership have decided to close as of Monday, March 16th to the end of the month. We want to ensure we do our best to prioritize our community's wellbeing and safety. Visit our website to check which of our classes will be webcast at worldbeatcenter.org.

We are following the guidelines of the state and county government agencies and the California Department of Public Health. We're doing early morning cleaning and sanitizing. Throughout the day, we are doing additional cleaning.

Thank you for being patient in these times. We encourage visitors to follow the Center for Disease Control's recommendations including regular hand washing. For more information follow their website at www.cdc.gov/coronavirus/2019-ncov/

Most of our events through mid April have been postponed. Events canceled so far:
 -A Tribute to the Queens of Africa by Dr. Runoko Rashidi
 -Afro-Mexicans: Mexico Finally Recognizes It's Black Citizens
 -Annual Multi-Cultural Earth Day

For more information visit our website www.worldbeatcenter.org.

InPDUM San Diego Presents "Reparations A Revolutionary Demand"

by Jah Sun Kine

Join the International People's Democratic Uhuru Movement (InPDUM) on May 2, 2020 to build reparations for the African nation. Since 1991, InPDUM has been the leading organization for Bread, Peace, and Black Power by courageously fighting for the self-determination of the African Community. InPDUM operates under the leadership of Chairman Omali Yeshitela and the African People's Socialist Party. Since the 1970s, Chairman Omali has been on the forefront of the fight for reparations, making it a revolutionary demand and a social movement. He organized the First International Tribunal on Reparations in 1982 and helped to establish organizations committed to reparations (including organizations of white people). Under his leadership, the first political candidates ran for office on a reparations platform. Attend this event! Organize for Self-Determination and Reparations for All African People!

InPDUM San Diego presents REPARATIONS A REVOLUTIONARY DEMAND

Keynote Address CHAIRMAN OMALI YESHITELA
 CO-FOUNDER OF THE AFRICAN PEOPLE'S SOCIALIST PARTY
 LEADER OF THE UHURU MOVEMENT

WORLD BEAT CENTER
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 SD CA 92101
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sdinpdum@gmail.com
www.inpdum.org

Meet Val Nguyen, Today's Generation of Mycologist

by POC Fungi Community

Val Nguyen organizes with Fungi for the People, a mushroom cultivation education and research organization based in the Oregon Cascades bioregion - Kalapuya and Molala ancestral land and riverways.

Val grew up in SoCal, in the patchwork Southeast

Asian community situated in ancestral Tongva lands, listening to the coastal wetlands, high pine mountains and steep oak



gulches cradling summer-cracked pools of clay. As a mixed-race anarchist of Vietnamese and Belgian descent, she knows the struggle of recovering a more sacred sense of place from the modern human condition of alienation. Before

rooting down in mycology, she worked with the Center for World Indigenous Studies, researching internally and ecologically displaced peoples in the climate of post-colonial fascism. These days, the mushroom she most identifies with is ... Shaggy Mane!

Earth's Natural Internet - Plants Talk to Each Other by Earth's Natural Fungus

by Makeda Cheatom

WorldBeat Cultural Center was honored to host the People of Color Fungi Community's 3rd Annual Fungi Gathering with mushroom and fungi lovers from across the country.

If you don't know what fungi is we are going to drop it to you. We are talking about mushrooms, which are quite healing. From the powerful Reishi mushroom that helps the immune system to the popular Shiitake, Lion's Mane, they all play an incredible part in healing our immune system.

It's important to know the plants and herbs that are growing around you. Nature has provided us with natural remedies, where there's an ailment, there's an antidote growing nearby. We have gotten away from the knowledge of our ancestors, did you know hidden under

our feet is an information superhighway that allows plants to communicate and help each other out? Yes, they have their own internet and their own highway that speeds communication between each other and that is fungi.

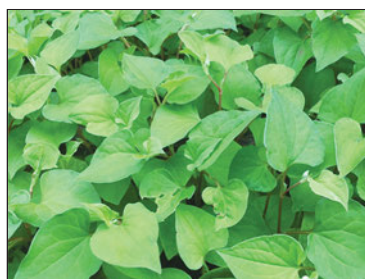
Mushrooms may be the most familiar part of a fungus, most of their bodies are made up of a mass of thin threads known as mycelium. Scientists now know that these threads act like an underground internet linking the roots with the other plants. That tree in your garden is probably hooked to a bush several miles away thanks to mycelium. This underground network is busy. By linking the fungal network they can help out their neighbors by sharing nutrients and information, and also they can sabotage unwelcome plants by spreading toxic chemicals through the network. This Wood Wide Web has its own version of cybercrime.

Weather The Storm Through Natural Herbs

by Makeda Cheatom and Berenice Rodriguez

It's very essential to know herbal remedies. Just think how much your grandmother and great grandfather used herbs to cleanse and restore the body, your human temple.

Through this crisis, we know we have to strengthen our immune system. We should use this time to change our way of thinking, our way of eating and our way of being. You can take this time to be present with



your loved ones, to care for your garden and plant your spring vegetables.

This is the time to practice the art of stopping. A chance to slow down the heart, the mind and the body. There are a lot of online meditation, yoga and

breathing classes that you can download and tune into if you are now having to work from home.

WorldBeat Center's Cafe has an incredible new tea made from fresh leaves of fish mint. You wouldn't

George Washington Carver and Fungi

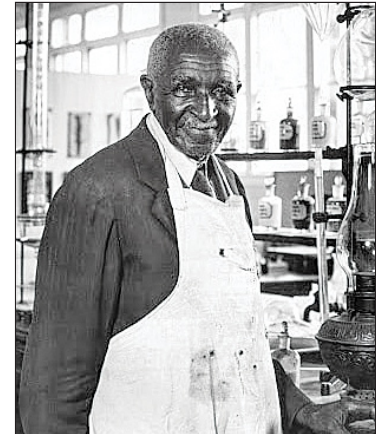
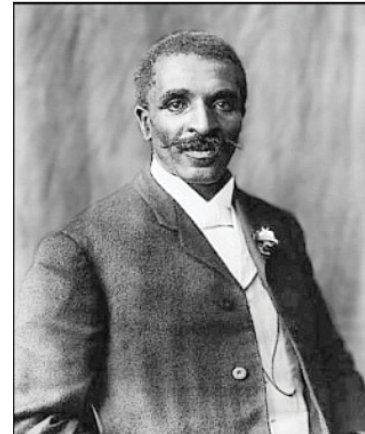
by POC Fungi Community

In celebration of Black History Month and as fungi loving folks who center QTBIPOC, we have to take a moment to recognize the monumental contributions to science, agriculture, food security, botany, and mycology!

George Washington Carver, who is famously known as being the former slave who advocated for peanut crops to help with farmers' production and prevent soil depletion (to name a few), remember the "Dust Bowl" in history class? Well, Carver helped with that and it has been said that his peanut research got the U.S. out of the recession in the 1930s. But George Washington Carver was so much more than just the peanut man. At the first New Moon Mycology Summit in 2018, we met Zaac Chavez who is an expert in field research and rare fungi surveying, and he opened our eyes to the vast contributions that Carver did for mycology!

Carver collected over 1,100 fungal specimens for the U.S. National Fungal collection and has several species named after him. Carver had an eye for fungi and plants and was known as a plant

doctor when he was a teen and also made herbal infusions for medicine. The work he did in mycology helped the agriculture industry immensely and helped identify plant disease and farmers were more accurately able to breed dis-



ease-resistant crops. Carver even started his own mobile knowledge share for farmers known as the Jesup wagon to educate farmers on crop rotation and the science coming out of his lab. Carver advocated for self-sufficiency in black communities and toured southern colleges promoting unity and desegregation as well as being an environmentalist. There is so much to learn about the great contributions he did for science and agriculture. But the obstacles and adversity that he overcame to become one of the most famous scientists of the 20th century are a testament to the resilience and strength of African Americans.

If you are in Balboa park tune into 101.1 FM or if you have a program that you would like on the air about a subject in your community let us know! Remember we are just starting and we will develop more power as we go.



But if you're in downtown, barrio logan, national city, golden hills, or balboa park tune in or you

can even listen online.

Don't forget reggae makossa every Friday at 8pm on 102.5FM

Other preventative herbs you can pick up at your local health food store are turmeric, oregano, black seed oil, elderberry, ashwagandha, and of course garlic and lemon. Look at your neighborhood and if there's fruit like loquats, oranges or lemons, you might want to barter with them. These fruits are packed with vitamin C for your immune system. Also for preventative go outside and get fresh air. Those who get outside and breathe fresh (clean) air on a regular basis have been shown to have stronger immune systems than those who stay indoors. This means less illness overall, as your body has an easier time fighting off germs before they invade and take over.

Eat your greens, steam your veggies and remember to drink water.

San Diego Original Black Panther Party for Community Empowerment

All Power To The People Has It Oranizational Roots in San Diego

by Renee Walton

As most of us know, the American Civil Rights Movement began as a fight against racial injustice for the black pop-



ulation in the United States. Event though minor and major breakthroughs had occurred after the 14th and 15th amendments to the US constitution black people were (are) still not afforded all civil rights, especially in the area of public place segregation. Through non-violent protest major civil rights legislation occurred in 1964 and 1965 to give black people more equal rights in the United States.

After suffering many years of slow progress in the mid 1960's groups of forceful black activist formed to accelerate the progress of additional civil rights. Many were called militant or violent activist because of their determined nature when confronting the history of economic, political and cultural consequences of past racial injustices.

One of these groups was the Black Panther Party for Self Defense founded in 1966 by Huey Newton and Bobby Seale, both college students at the time. The party's original purpose was to patrol African American neighborhoods

to protect residents from acts of police brutality. Many of the future Black Panther Parties were formed by educated college students who sought change to the existing political structure. The primary objective was to develop forms of politics that would address the poverty and racism.

Huey and Bobby felt the liberation of oppressed peoples was dependent upon their gaining control of their own communities. They practiced militant self-defense of minority communities and organized community-based programs to educate and inform minority groups leading to the development of the 10-point program as their platform. At the height of the party there were at least 2,000 members and a newspaper circulation of 250,000.

The Black Panther Party was responsible for many community programs that were vital during this time and some were adopted by governmental agencies because of the successful impact on the people. Some of the programs include:

- Free breakfast for school children
- Free health clinics
- Legal aid programs
- Transportation assistance programs

SAN DIEGO CONNECTION

The San Diego Black Panther Party began when the national party in Oakland contacted the Black Student Union at San Diego and asked members to create a local chapter. A local chapter was created, and the Panther work was duplicated here in San Diego.

Much was done by the United States government to disrupt the party by way of over 200 authorized COINTELPRO actions of the FBI using false documentation to cause conflicts within and among the party. Years later the FBI apologized for wrongful uses of power but by this time the positivity of the movement was destroyed, and many original Panther chapters dissolved.

Recently the San Diego Original Black Panther Chapter was revived to cement the history of the Panther's in San Diego under the leadership of Chairman Henry Wallace. Once the history was recorded

Union Files Unfair Labor Practice Charges Against UC in Support of Wildcat Strikers; Sets Vote on Statewide ULP Strike

After fired graduate students gave statements at a March 2 press conference, supporters chanted and rejoined the picket.

The United Auto Workers (UAW) 2865, the union representing graduate students across the UC, filed Unfair Labor Practice (ULP) charges against the UC on Feb. 27 and on March 2. The charges stem from the UC Santa Cruz administration's illegal attempted bargaining with university-funded student councils to bypass the collective bargaining contract and illegal use of a student conduct code (instead of the discipline process in the collective bargaining contract) and illegal firing of wildcat strikers

at UCSC. The union has announced a statewide membership vote in early April to authorize an Unfair Labor Practice Strike.

The wildcat strike began at UCSC and is now spreading to other UC campuses statewide, including UCSD. The strike began to demand a cost-of-living-adjustment (COLA) to resolve the crisis of affordable housing for graduate students employed as teaching and research assistants. UC pays them poverty wages. The strike has spread both in solidarity with fired strikers at UCSC and to make the demand for a COLA a statewide demand in the UC.

Rez Riders Indian Motorcycle Club Mission Statement

The purpose of the Rez Riders IMC is to foster a family environment of Native people dedicated to Motorcycle riding and to support Native people through charitable acts. We are a brotherhood and sisterhood of All Nations who love to ride iron horses of modern times. We also believe in our culture and work towards living in a good Red Way our people. Always remembering the price our relatives have paid so that we can live Free. Free to express ourselves, Free to untie and Free to carry on the old

teachings that tell generations to come, we have a right practice our ways and that one can deny us. Creation has given us the duty to watch over our earth mother and to practice our language and ways in order to keep alive the very essence of who we are as indigenous two legged. We carry this messages we ride untied as one to different fires throughout America and abroad to build friendships, meet new family and share with other circles the spirit of life.

Dias, Bartolomeu (c. 1450–1500), Portuguese navigator and explorer. He was the first European to sail around the Cape of Good Hope 1488, thereby establishing a sea route from the Atlantic Ocean to Asia.

for future generations Chairman Wallace began a food distribution for low income residents. The distribution occurs every Tuesday at the Elks Lodge at #6 Hensley in San Diego at 11:00am. Volunteers collect food donations from corporations and distribute to the needy.

The San Diego Original Black Panther Party for Community Empowerment is currently developing a series of community programs that will provide needed services in marginalized neighborhoods

to educate and encourage residents to progress and achieve success so that they can pass on knowledge and support to future generations.

Self Defense is who we were then, but Community Empowerment is who we are now. We are still the Black Panther Party that believes in our community and ALL our residents.

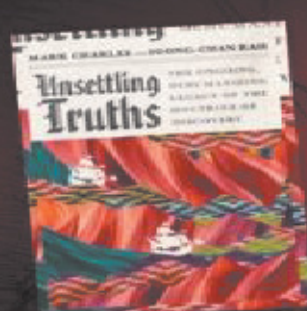
For more information please contact us via our Facebook Page: San Diego Original Black Panther Party for Community Empowerment



A FACE OF CHANGE

A FACE OF CHANGE or AFOC is the next generation nonprofit 501(c)(3).

What does that mean? It means it does not have one specific focus. Its operations are to create more awareness and mindfulness about and collaborate with those individuals, groups of people or nonprofits that already exist. And in doing so help them by bringing innovative new ideas through collaborative efforts.



Unsettling Truths

The Ongoing, Dehumanizing Legacy of the Doctrine of Discovery

by Mark Charles and Soong-Chan Rah

Available from InterVarsity Press
<https://www.ivpress.com/unsettling-truths>

Missions

Continued from page 1

plating—and acting on—for over two decades. Every California tribe struggles with the idea of having a contemporary relationship with the California Missions. Even more difficult is turning that idea from a concept into a reality. Some tribes will never consider such an idea, and rightly so. We do not purport to represent what should happen between our fellow Tribes and the Missions. The history is harsh, our ancestors were treated horribly. Yet we lived, we survived...and their story, our story, must continue to be told. We have a story we want to capture and tell from our perspective. It's not an easy story and we are in the middle of writing the next chapter. We hope to provide unique insight on how this tribe is reconciling a complex history with the desire to honor its ancestors in the future.

In 1996 we made a significant shift in our relationship with the Old Mission San Luis Rey. In fact, we went from virtually no relationship to begin a partnership in co-hosting our largest community endeavor, the San Luis Rey Intertribal Pow-Wow. For the past 23 years we have been the only tribe to host its Pow-Wow celebration at a California mission site. The journey was not easy, but we knew it was important to change the trajectory of our relationship with the mission in order to contemplate the possibility of seeing the legacy of our ancestors in a different light. Equally important was our commitment to always acknowledge the real history of the missionization period, to never overlook the horrendous treatment of our ancestors, and to allow space for the anger that comes with the knowledge of the past. Ultimately, we realized we must accept the history, not try to change it. And, as a tribe we can chart a new future on behalf of our members and future generations.

We offer a unique case of a tribe that insists on the transparency of examining the horrendous treatment of California

native Indians, while exploring a changing paradigm of how we relate to the mission today. We are on a journey to reclaim the Old Mission from its identity of “the” mission to “our” mission. We also want to be the voice of transparency for our members to understand the truth of the genocide. Hosting our Pow-Wow on the grounds of the Old Mission required a commitment to look forward, as well as to partner with a mission entity that represented so much complexity for our tribal members. Slavery. Lost cultural identity. Baptismals. Weddings. Displacement. Denial. Anger. Pride. Hope. How do you reconcile all of this with a new dynamic? For us, the answer was to take it step by step and see where it could go. For over twenty years we have built a unique relationship, over several administrations, with the Old Mission. We couldn't change the history suffered by our ancestors, and retribution was not the goal. But, with concrete action, we could change the present, and, therefore, we could impact the future of the relationship between our tribe and the mission. And along the way we have ensured that our traditions are of primary importance. We have kept the focus on our tribal Pow-Wow celebration, with the Old Mission as the background setting. We want to take this experiment with the Old Mission to the next level. Our project will encompass a communications platform to promote our Pow-Wow tradition, capture the history of the partnership with the Old Mission in co-hosting the event, and launch an education portal on our tribal history as a mission-associated band as well as the individual histories of our members. It is vitally important for our members to see the relevance of our tribe's activities today, and not be limited to a history curriculum. The platform will engage our members in the positive celebrations and traditions of present times and tailor the understanding, the struggle, the reconciling of our complex history with the mission.

Sex Traffickers Going Down Human Spirit Going UP

by Trish Martinez

Traffickers target victims on the telephone, the Internet, through friends, at the mall, and in after-school programs.

Child sex traffickers are using emoji symbols such as smiley faces to lure young victims. Emojis are a lot harder to detect in a system because you can't just search the keyword. The cherry symbol means virgin. The number of roses implies the price and an airplane means new in town.

A crown symbol indicates a girl or boy is under house arrest and the growing heart emoji lets the buyer know the girl or boy is childlike and still has some growing to do. This is not an absolute in every use but it is common.

Homeless teens are an easy target for sex traffickers. The key to helping the teens is getting them to a safe place.

Some pimps have used words such as “fresh” or “sweet,” but police were able to track the clues.

Airports are often used by human traffickers to hold “slave auctions,” where women and children are sold into prostitution.

Baby Trafficking Facts: Pregnant women are increasingly targeted for human trafficking.

Human traffickers are increasingly trafficking pregnant women for their newborns. Babies are sold on the black market, where the profit is divided between the traffickers, doctors, lawyers, border officials, and others.

Women are trafficked to the U.S. largely to work in the sex industry (including strip clubs, peep and touch shows, massage parlors that offer sexual services, and prostitution).

An estimated 30,000 victims of sex trafficking die each year from abuse, disease, torture, and neglect. Eighty percent of those sold into sexual slavery are under 24, and some are as young as six years old.

Researchers note that sex trafficking

plays a major role in the spread of HIV. Over 71% of trafficked children show suicidal tendencies.

Of the more than 23,500 endangered runaways reported to the National Center for Missing & Exploited Children in 2018, 1 out of 7 were likely child sex trafficking victims.

Sex traffickers often recruit children because not only are children more unsuspecting and vulnerable than adults, but there is also a high market demand for young victims.

Sex traffickers use a variety of ways to “condition” their victims, including subjecting them to starvation, rape, gang rape, physical abuse, beating, confinement, threats of violence toward the victim and victim's family, forced drug use, and shame.

So, what can you do in the fight of human trafficking? Sex trafficking of young adults and children?

If you are in the position to offer direct services; Does, your work span:

- Treatment
- Policy
- Research
- Training
- Networking
- Prevention

Focus on:

- Integrating family violence and sexual assault
- Children exposed to domestic violence
- Male victims
- Suicide

This is just a few areas where you can help. We all have a part to play.

Where do you?

Trish Martinez's passion for equality, justice and community fuel her advocacy for the disenfranchised, the abused and forgotten; on and off tribal lands. Trish is Diegueño/Yagui and citizen of the Mesa Grande Band of Mission Indians of San Diego, California. She serves as her Tribal Indian Child Welfare Act (ICWA) Representative & Native Liaison to San Diego Human Trafficking Advisory Council. Trish's advocacy quickly advanced her into an international community speaking at the March 2017 United Nations 61st Commission on the Status of Women: Human Trafficking in Native Country. Now part of a movement with other anti-trafficking advocacy groups.

Healing Forest Unidos Circle

“The hurt of one is the hurt of all, the honor of one is the honor of all” – Elders Proverb.

Staying sober is the word on the street.

We are seeing more and more relatives, elders, and communities getting well. We are seeing Native American communities all over turtle island, loving themselves and implementing self-help circles for the self,

the family, and the tribe. Wellbriety is an affirmation to be sober and well. Created by White Bison Inc. Wellbriety supports healing from alcohol, substance abuse, co-occurring imbalances and intergenerational trauma guided by spiritual principals and natural laws. Wellbriety deepens community building, and generational healing.

Firestarter Esmeralda Hummingbird invites you to come circle up every Sunday at 2 p.m. in the Healing Forest of Terra Madre Gardens 9928 Protea Gardens Rd. Escondido, CA 92026. All people welcome. Potluck at every meeting.

All my best,
Esmeralda Hummingbird

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THE CENSUS IS COMING THIS SPRING

Starting mid-March we can answer nine easy questions to help inform how money will be spent in our communities over the next ten years. All answers are protected and kept confidential.

Learn more at CaliforniaCensus.org

Rincon Band of Luiseno Indians Job Fair

San Diego County Building Trades Career Fair

Career Opportunities for those looking for training and employment in various areas, including Carpenters, Electricians, Iron Workers, Plumbers and Sheet Workers.

The community of job seekers looking to connect with employers in need of their services gathered February 27th to join forces. At 111 Omish Lane in Valley View, CA.



Joe Zach and Norris Chambers Operating Engineer Training Center Local 12



Jennifer Wilson, Business Agent and Journeyman Wireman, Hector Murrieta, Organizer and Journeyman Sound Technician, Joseph Page, Assistant Business Manager and Journeyman Wireman, Christina Marquez, Outreach Coordinator and Journeyman Sound Technician, Nick Guth, Organizer and Journeyman Wireman.



Southern California Cement Masons Apprenticeship Training Michael Beeson

REMEMBER TO VOTE!!!

Our labor unions are not narrow, self-seeking groups. They have raised wages, shortened hours and provided supplemental benefits. Through collective bargaining and grievance procedures, they have brought justice and democracy to the shop floor.

- JOHN F. KENNEDY, speech, Aug. 30, 1960

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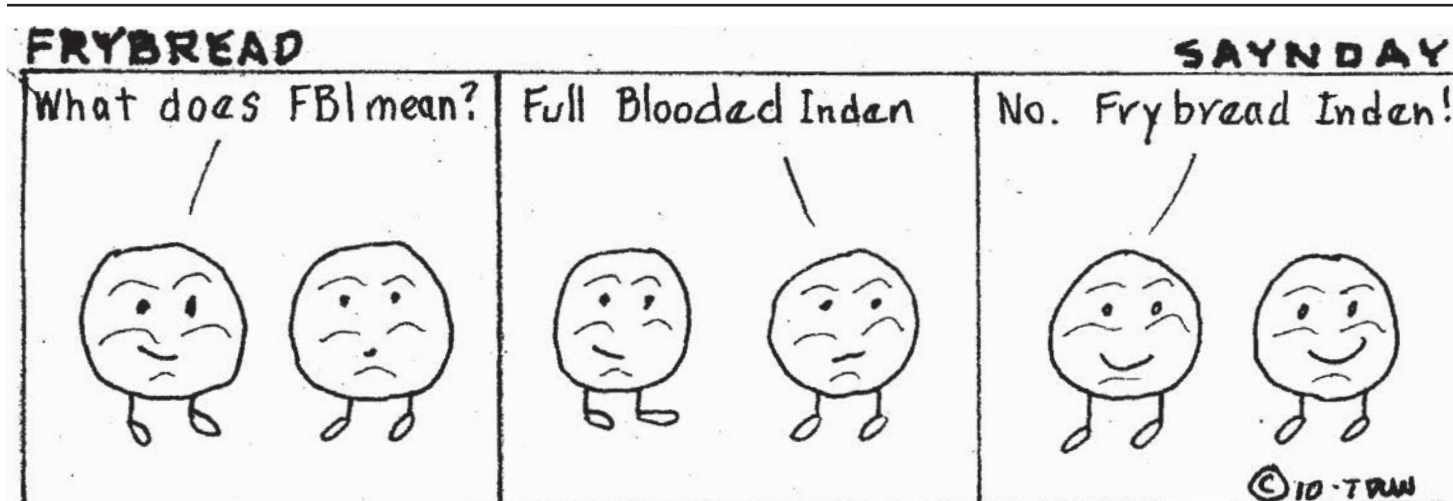
CREEK FREEDMEN DESCENDANTS SOUGHT

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From James Robb, MD UC San Diego

Subject: What I am doing for the upcoming COVID-19 (coronavirus) pandemic

Dear Colleagues, as some of you may recall, when I was a professor of pathology at the University of California San Diego, I was one of the first molecular virologists in the world to work on coronaviruses (the 1970s). I was the first to demonstrate the number of genes the virus contained. Since then, I have kept up with the coronavirus field and its multiple clinical transfers into the human population (e.g., SARS, MERS), from different animal sources.

The current projections for its expansion in the US are only probable, due to continued insufficient worldwide data, but it is most likely to be widespread in the US by mid to late March and April.

Here is what I have done and the precautions that I take and will take. These are the same precautions I currently use during our influenza seasons, except for the mask and gloves.:

- 1) NO HANDSHAKING! Use a fist bump, slight bow, elbow bump, etc.
- 2) Use ONLY your knuckle to touch light switches, elevator buttons, etc. Lift the gasoline dispenser with a paper towel or use a disposable glove.
- 3) Open doors with your closed fist or hip - do not grasp the handle with your hand, unless there is no other way to open the door. Especially important on bathroom and post office/commercial doors.

4) Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts.

5) Wash your hands with soap for 10-20 seconds and/or use a greater than 60% alcohol-based hand sanitizer whenever you return home from ANY activity that involves locations where other people have been.

6) Keep a bottle of sanitizer available at each of your home's entrances. AND in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.

7) If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you have to. The clothing on your elbow will contain infectious virus that can be passed on for up to a week or more!

What I have stocked in preparation for the pandemic spread to the US:

1) Latex or nitrile latex disposable gloves for use when going shopping, using the gasoline pump, and all other outside activity when you come in contact with contaminated areas.

Note: This virus is spread in large droplets by coughing and sneezing. This means that the air will not infect you! BUT all the surfaces where these droplets land are infectious for about a week on average - everything that is associated with infected people will be contaminated and potentially infectious. The virus

is on surfaces and you will not be infected unless your unprotected face is directly coughed or sneezed upon. This virus only has cell receptors for lung cells (it only infects your lungs) The only way for the virus to infect you is through your nose or mouth via your hands or an infected cough or sneeze onto or into your nose or mouth.

2) Stock up now with disposable surgical masks and use them to prevent you from touching your nose and/or mouth (We touch our nose/mouth 90X/day without knowing it!). This is the only way this virus can infect you - it is lung-specific. The mask will not prevent the virus in a direct sneeze from getting into your nose or mouth - it is only to keep you from touching your nose or mouth.

3) Stock up now with hand sanitizers and latex/nitrile gloves (get the appropriate sizes for your family). The hand sanitizers must be alcohol-based and greater than 60% alcohol to be effective.

4) Stock up now with zinc lozenges. These lozenges have been proven to be effective in blocking coronavirus (and most other viruses) from multiplying in your throat and nasopharynx. Use as directed several times each day when you begin to feel ANY "cold-like" symptoms beginning. It is best to lie down and let the lozenge dissolve in the back of your throat and nasopharynx. Cold-Eeze lozenges is one brand available, but there are other brands available.

I, as many others do, hope that this pandemic will be reasonably contained, BUT I personally do not think it will be. Humans have never seen this snake-associated virus before and have no internal defense against it. Tremendous

worldwide efforts are being made to understand the molecular and clinical virology of this virus. Unbelievable molecular knowledge about the genomics, structure, and virulence of this virus has already been achieved. BUT, there will be NO drugs or vaccines available this year to protect us or limit the infection within us. Only symptomatic support is available.

I hope these personal thoughts will be helpful during this potentially catastrophic pandemic. You are welcome to share this email. Good luck to all of us!

James Robb, MD FCAP

Dr. Robb is a recognized expert in biospecimen science with over 50 years of experience in molecular pathology, virology, and genetics. He is board certified in anatomic pathology, clinical pathology, cytopathology, and dermatopathology. Dr. Robb is a consulting pathologist to the National Cancer Institute (NCI) and the Office of Biorepositories and Biospecimen Research (OBBR). He served as a member of the council on scientific affairs, the CSA Education Working Group, the Council on Education, the Personalized Health Care Committee, the Ad Hoc Committee on Pathology Report Standardization, and the CSA Working Group on Informed Consent for Biospecimens. He was the leader of the NCI's Cancer Human Biobank (caHUB) Biospecimens Subgroup, NCI's US-Latin America Cancer Research Network (US-LA CRN) Pathology Committee, and National Community Cancer Center Program (NCCCP). Dr. Robb was the governor of the College of American Pathologists (CAP) Informatics committee.

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